

The Diamond Cutter The Buddha On Strategies For Ma

The Diamond Sutra, a mainstay of the Mahayana tradition, has fascinated Buddhists for centuries because of its insights into dualism and illusion: the "diamond" can cut through any obstacle on the road to enlightenment. In the Diamond Sutra, the Buddha responds to a disciple's question about how to become a Buddha. The Diamond that Cuts Through Illusion presents a dialogue between the Buddha and his disciple, Subhuti, which illuminates how our minds construct limited categories of thought. The answer: we must move beyond personal enlightenment to follow the path of the Bodhisattvas, fully enlightened beings who postpone Nirvana in order to alleviate the suffering of others. It offers us alternative ways to look at the world in its wholeness so we can encounter a deeper reality; develop reverence for the environment and more harmonious communities, families, and relationships; and act in the world skillfully and effectively. This revised edition includes Thich Nhat Hanh's translation of the Sutra from the Chinese and, in his commentaries, his own diamond sharp insight, including new work on the environmental implications of the Diamond Sutra. A beautiful edition of one of Buddhism's central texts.

Bestselling author and renowned Zen teacher Steve Hagen penetrates the most essential and enduring questions at the heart of the Buddha's teachings: How can we see the world in each moment, rather than merely as what we think, hope, or fear it is? How can we base our actions on reality, rather than on the longing and loathing of our hearts and minds? How can we live lives that are wise, compassionate, and in tune with reality? And how can we separate the wisdom of Buddhism from the cultural trappings and misconceptions that have come to be associated with it? Drawing on down-to-earth examples from everyday life and stories from Buddhist teachers past and present, Hagen tackles these fundamental inquiries with his trademark lucid, straightforward prose. The newcomer to Buddhism will be inspired by this accessible and provocative introduction, and those more familiar with Buddhism will welcome this much needed hands-on guide to understanding what it truly means to be awake. By being challenged to question what we take for granted, we come to see the world as it truly is. Buddhism Is Not What You Think offers a profound and clear path to a life of joy and freedom.

The Diamond Cutter Sutra is one of the most famous Buddhist books of all time; it was taught by the Buddha 25 centuries ago, and then spread throughout India, China, Tibet, Japan, and many other countries. The Chinese edition seen here is the oldest printed book in the world with a date inside.The sutra focuses on the concept of emptiness, which is a key to success and happiness in the modern world, if we get a good explanation of how to apply it at work and at home. Emptiness has been widely misunderstood though, throughout history--and there are very few clear explanations of the Diamond Cutter. Perhaps the best ever written is Sunlight on the Path to Freedom, by Choney Lama Drakpa Shedrup, a Tibetan sage who lived 1675-1748.Our first complete woodblock manuscript for this masterpiece was discovered in the Oriental Library of the Russian Academy of Sciences by staff of the Asian Classics Input Project. The translation is the first ever undertaken into English of this crucial text, and includes a wonderful summary on the idea of emptiness, and how this can be used in real life.

With The Garden, centuries of Tibetan Buddhist wisdom are brought to life for readers by one of its greatest Western teachers, Michael Roach. Through a parable in which a young man is brought into a mystical garden by a beautiful embodiment of Wisdom, Roach presents the pantheon of great Tibetan teachers. The nameless seeker lured to the garden meets the dominant historical figures who have contributed fundamental teachings to Tibetan Buddhism, such as Tsong Khapa, the first Dalai Lama, and Master Kamalashila. Unique among works of Buddhism now available, The Garden is destined to become a classic for its lucid revelation of the secrets of the Tibetan tradition and for the wisdom Geshe Michael Roach evokes.

A Commentary on the Diamond Sutra

Finding Freedom Beyond Beliefs

A Parable

Awakening the True Heart of Bravery

The Diamond That Cuts Through Illusion

Ruling Your World

A Poet's Memoir

Readable in fifty-eight minutes: Traditional Eastern wisdom and real-life business experience come together in this brief and practical guide, which offers a step-by-step plan that will help readers adopt a more successful way of working and living. KARMIC MANAGEMENT is a little book with a revolutionary message. It turns traditional business mentality on its head by stating simply that helping others become successful—suppliers, customers, even competitors—is the real key to success in life as well as in business. Drawing from their own entrepreneurial experiences, the authors explain how, in eight basics steps that take less than one hour in total, readers can learn to apply KARMIC MANAGEMENT to meet goals, both personal and professional. Each lesson opens with a quotation from a Buddhist text and explains how it applies to life and work in the twenty-first century. The authors show readers how to identify the things that aren ’ t working for them, discover their most valuable assets, and use their new insights to improve the lives of others. To-do lists throughout the book provide practical tools and exercises, and real-life examples highlight the power of KARMIC MANAGEMENT to make dreams come true.

You ’ re stuck in the airport security line, late for a flight. The line isn ’ t moving. You ’ re angry at the security personnel for taking so long, you ’ re irritated at the other passengers for having so much stuff, you ’ re mad at your boss for sending you on this trip in the first place. By the time you get to your gate you ’ re angry, deflated, and exhausted. Then someone cuts in front of you in the line to board and you snap. “ There ’ s a line, you know! ” Is that really you, standing in an airport, yelling at a stranger, emotions raging? It happens to most of us more than we ’ d like to admit. In an instant, our lives seem out of control and overwhelming. It ’ s always something, isn ’ t it? But what if you could approach every part of your life—from the smallest decisions to life ’ s biggest setbacks—with total confidence, clarity, and control? According to Sakyong Mipham, we all have that power. The secret is simple: If you just stop thinking about yourself all the time, happiness and confidence will come naturally. It sounds absurd and, what ’ s more, impossible. But in Ruling Your World, Sakyong Mipham shares ancient secrets on how to take control of our lives and be successful while cultivating compassion for others and confidence in our own intelligence and goodness. The key to this well-being lies in the ancient strategies of the warrior kings and queens of Shambhala. The kingdom of Shambhala was an enlightened kingdom of benevolent kings and queens and fiercely trained warriors. No one knows for sure whether this kingdom was real or mythical, but there are ancient guidebooks to this land and practical instructions for creating a Shambhala in your own world, bringing peace, purpose, and perspective into your life and environment. Sakyong Mipham, the descendant of a warrior king, has inherited these teachings and gives us the lessons and myths of the great rulers and warriors of Shambhala. He makes these teachings relevant to our twenty-first-century lives in a fresh and witty voice and helps us all to realize our potential for power and control in a seemingly uncontrollable world. For the first time ever, revered spiritual leader Sakyong Mipham brings the lessons of the ancient Shambhala warriors and rulers to the Western world and shows us how to live our lives with confidence. Most of us are living in a haze—sometimes helping others, sometimes helping ourselves, sometimes happy, sometimes sad. We don ’ t feel in control of our own lives. The ancient teachings of Shambhala rulership show us that we all have the ability to rule our own world and live with confidence. To do this, we need to use our daily lives to be strong, as opposed to aggressive, and to act with wisdom and compassion. This may sound difficult, but when we begin to mix this ancient wisdom of rulership into our everyday life, we have both spiritual and worldly success. We don ’ t need to abandon our life and become an ascetic or a monk in order to gain confidence and achieve this success. We can live in the world as a ruler no matter what we are doing. —from Ruling Your World

LYWA director Nick Ribush writes: The story behind this book is that in the early Kopan Monastery courses, Lama Zopa Rinpoche would start his day ’ s teachings by quoting a verse from Shantideva ’ s or Khunu Lama Rinpoche ’ s seminal texts, giving a short teaching on it and then suggesting that students use it to generate a bodhicitta motivation for the day ’ s activities (mainly teachings, meditations and discussion groups but also ordinary activities such as eating, talking, walking around and so forth). Since those days I ’ ve always thought that a compilation of these short teachings would make a great book, and finally, here it is. Editor Gordon McDougall has assembled Rinpoche’s teachings into two parts, sorted by author of the verses and arranged thematically. In Part One, Lama Zopa Rinpoche teaches on selected verses from Khunu Lama Rinpoche’s Jewel Lamp, now published as Vast as the Heavens, Deep as the Sea. Lama Zopa Rinpoche advises, “Understanding and constantly reminding ourselves of the skies of benefits that bodhicitta brings is unbelievably worthwhile. This is the overall purpose of Khunu Lama Rinpoche ’ s book, to cause us to feel inspired and joyful that such a mind is possible.” In Part Two, Rinpoche teaches on verses from the first chapter of Shantideva’s Guide to the Bodhisattva’s Way of Life. These verses describe the amazing benefits of developing the precious mind of bodhicitta, the supreme cause of happiness for all sentient beings.

(also known as the Vajracchedik or Diamond Sutra) A highly readable translation of the Vajra Prajna Paramita Sutra as transmitted in the Chinese tradition, this brief text summarizes the teachings on emptiness of the Prajñāpāramitā, the perfection of wisdom. In this Sutra, the Buddha teaches his disciple Subhuti the subtle points of Buddhist philosophy on emptiness, the lack of true existence of anything—thoughts are illusions; life is a dream.

Master Hua enriches the text by providing details and narratives, and he explains how to incorporate the concept of emptiness into our lives.

The Diamond Cutter's Daughter

The Diamond Sutra

The Essential Yoga Sutra

Seeds of Success

China Love You

Lion of Speech

The Illustrated Life of Je Tsongkapa, Teacher of the First Dalai Lama

This gem of a book explains how to use the Buddhist Vows of Freedom as the path to Enlightenment.

Plain English translations of the Heart Sutra, the Diamond-Cutter Sutra, and other "Perfection of Wisdom" texts with notes and commentaries. Intended for the the general public interested in philosophy.

Originally published in hardback, c2000 -- T.p. verso.

From the author of The Coach Approach: A story of lacrosse and leadership with a “powerful message [that] extends far beyond the athletic field” (Jon Gordon, Wall Street Journal–bestselling author of The Energy Bus). It is often said that there is no faster path to change than great pain, and Jack Burton has had his share. After a tough struggle with frustration and failure, a chance meeting with an unlikely mentor propels Jack toward three extraordinary people who plant the seeds of discovery he must now nurture and grow to find the remedy to his misfortune. As with all great endeavors, the path is unpredictable—and Jack soon finds himself body and soul deep into the mystery of personal philosophy and how it is inextricably woven into the fabric of success for all . . .

King of the Dharma

Smile at Fear

The Karma of Love

Two As One

Transforming the Way We Perceive the World

Motivations for the Awakening Mind

The Ten Biggest Mistakes You Can Make in Your Life (and How Not To)

In 2008, Bhutan triumphantly took the stage as the world’s youngest democracy. But despite its growing prominence—and rising scholarly interest in the country—Bhutan remains one of the least studied, and least well-known places on the planet. Karma Phuntsho’s The History of Bhutan is the first book to offer a comprehensive history of Bhutan in English. Along with a detailed social and political analysis, it offers substantive discussions of Bhutan’s geography and culture; the result is the clearest, richest account of this nation and its history ever published for general readers. A 2015 Choice Magazine Outstanding Academic Title Award Winner Khenpo Sodargye translates and provides commentary on the Diamond Cutter Sutra, the oldest printed book in China, shedding light on the Buddha’s teachings on how to destroy attachment without being led astray; the author is a household name in China and his books and CDs sell in the millions in China. In the profound teachings of the Diamond Cutter Sutra, the Buddha offers a view of the world that deconstructs our normal categories of experience to show us that what we think are real entities in the world are actually our conceptualizations. The Buddha teaches us to cut our attachment to all phenomena and to the “I,” which are empty of inherent existence, and in so doing, cut the root cause of our suffering. Yet without wise guidance we may think that because all phenomena are empty there is no need to be attached to virtue, and thus we fall into the worst trap of all—an attachment to emptiness. How do we destroy our attachment without being led astray? With this question in mind, Dzogchen Master Khenpo Sodargye provides sparkling commentary on the Diamond Cutter Sutra so that we understand its actual meaning, thus preparing us to understand the view of the Great Perfection and Mahamudra. Before recognizing the nature of the mind, we learn we must hold on to things that are virtuous and right. Like a boat, these can help us cross a river; until we reach the other shore, it makes no sense to give them up.

The secrets of how yoga works to make us truly whole are revealed here in a delightful story based on how these precious teachings reached Tibet form their home in India, over a thousand years ago.

Hui-neng (638–713) is perhaps the most beloved and respected figure in Zen Buddhism. An illiterate woodcutter who attained enlightenment in a flash, he became the Sixth Patriarch of Chinese Zen, and is regarded as the founder of the "Sudden Enlightenment" school. He is the supreme exemplar of the fact that neither education nor social background has any bearing on the attainment of enlightenment. This collection of his talks, also known as the Platform or Altar Sutra, is the only Zen record of its kind to be generally honored with the appellation sutra, or scripture. The Sutra of Hui-neng is here accompanied by Hui-neng's verse-by-verse commentary on the Diamond Sutra—in its very first published English translation ever.

The History of Bhutan

The Tibetan Book of Yoga

Feng Shui

A Commentary by Dzogchen Master Khenpo Sodargye

Ancient Wisdom for Your Yoga

Ancient Strategies For Modern Life

A Commentary on the Uttara Tantra Śāstra of Asaṅga

March 10, 1959. Artillery shells smash into the Potala Palace in Lhasa, Tibet, home of His Holiness, the 14th Dalai Lama. Fleeing Tibet for their lives, the family of His Holiness took what they could carry, including a set of 15 scroll paintings called the Tsongkapa Eighty. As an art form, the scrolls are magnificent. As the retelling of the life's work of Je Tsongkapa, the scroll paintings are irreplaceable. After reaching safety, the paintings were donated to a Kalmyk Buddhist Temple in New Jersey. Based on these paintings, the authors have researched and written an amazing work; it is the story told through the scrolls, and the history of how the paintings developed over the centuries. The book includes: - All 200 scenes from the original 15 paintings with captions, creating an account of Je Tsongkapa's life, in text and paintings, nearly 1,000 color images! - A history of the Kalmyk Temple and how the paintings arrived there - A photographic journey that retraces Je Tsongkapa's steps across Tibet - A definitive list of Je Tsongkapa's writings, and the biographies of his life - Maps, produced with the help of the map maker for the Lord of the Rings books, which trace Je Tsongkapa's constant travels to teach and to learn. - Contemporary painter Ori Carin's, modern interpretations of several scenes. - A detailed review of Je Tsongkapa's many roles: monk, philosopher, writer, mediator, yoga practitioner, poet, spiritual partner and diplomat, all depicted in the paintings.

Commentary on Buddhist canonical text ascribed to Asaṅga.

Two As One - A Journey to Yoga Through decades of study, training, and deep meditation, McNally and Thorson have mastered the practice of Partner Yoga. Two as One: A Journey to Yoga integrates philosophy and yoga techniques from many time-honored disciplines to create a synergistic experience for two Yoga partners working together. Two As One is a revolutionary concept which gives each partner the power to support and be supported; to open and be opened. This gift from the masters offers an ingenious tool for aspiring yogis and spiritual seekers alike, to move farther and faster on the path than they ever possibly could alone - and perhaps enjoy the practice more than ever before! The poetry of bodies captured in the book was photographed by world-renowned New York City Photographer Connie Hansen of Guzman Photography. It was she and stylist Gabriele Vignorelli who launched the original ad campaign that made Gap a household name. They work again together here, to capture another unique and timeless style. The Two As One partner-yoga practice reveals the essence of ancient secret practices for radical transformation, through an exquisite and simple presentation. As Lama Christie describes, "When you work together in a hands-on, visceral way, you tap into the power of the inner body. It forms a resonance between the two people that is more powerful than anything the individual by themselves can call up. This is a revolutionary concept on how to travel the spiritual path". All proceeds from the book will be donated to support more than 50 people entering into a historic three-year retreat at Diamond Mountain University in southeastern Arizona. DMU teaches Tibetan Buddhism through advanced philosophy, yoga, debate, and many other methods that enable individuals to help others.

The Yoga Sutra of Patanjali is a classic Sanskrit treatise consisting of 195 “ threads, ” or aphorisms, describing the process of liberation through yoga. Although little is known about Patanjali (most scholars estimate that he lived in India circa 200–300 B.C.), his writings have long been recognized as a vital contribution to the philosophy and practice of yoga. This new, expert translation of the original Sanskrit text of Patanjali ’ s best-known work presents his seminal ideas and methods in accessible, plain-language English. Patanjali organized the sutra into four parts: Samadhi (absorption), Sadhana (practice), Vibhuti (supernatural powers), and Kaivalya (liberation). Each represents a step in breaking free of our limited definition of consciousness and training the mind to achieve oneness with the universe. Geshe Michael Roach, one of the most respected teachers of Tibetan Buddhism in America and a renowned scholar of Sanskrit, provides authoritative commentary on each of the sutras. His notes and clarification are straightforward and highly readable, untainted by obscure, academic terminology or New Age jargon. The first edition of the Yoga Sutra to present a Buddhist perspective, this paperback original will be welcomed by students and spiritual seekers alike.

Buddhism Is Not What You Think

The Vajra Prajna Paramita Sutra

The Heart of an Executive

100 Answers for Your Relationship, from the Ancient Wisdom of Tibet

The Buddha on Managing Your Business and Your Life

Healing Yourself and Others with the Yoga Sutra

The Diamond Cutter Sutra

This ancient sacred Diamond Sutra Buddhist text is also known as the "Diamond Perfection of Wisdom Sutra," the "Diamond Cutter Sutra," and "Vajracchedika-prajna-paramita Sutra." This is the text for the audiobook, "The Diamond Sutra Sung in English," compiled, edited, and sung by Sharon Kumuda Janis, available on iTunes, Audible, and Amazon. This conversation between Buddha and his disciple Subuti reveals intricate and esoteric knowledge about the nature of life, personality, charity, self-identification, and enlightenment.

In this brilliant new translation and commentary on The Diamond Sutra--one of the sublime wisdom teachings of Mahayana Buddhism--Mu Soeng integrates this ancient wisdom teaching with current scientific and psychological thought. His clear and readable commentary traces the connections between these teachings and contemporary theories of quantum reality, explores the sutra within the framework of Buddhist meditation practices, and provides a comprehensive historical survey of the Mahayana Buddhist tradition. Mu Soeng's goal throughout is to reveal the inspiration and wisdom of The Diamond Sutra to today's reader in an accessible, engaging, and modern manner.

A traditional biography on the life of Mipham Rinpoche--one of the greatest 19th-century masters--from Dilgo Khyentse Rinpoche, one of the greatest 20th-century masters. The first half of this volume comprises the first-ever English translation of the biography of Mipham Rinpoche written by Dilgo Khyentse Rinpoche, a teacher to His Holiness the Dalai Lama as well as an entire generation of other teachers and students throughout the Himalayan region and the West. Composed in 1939, it was left behind in Tibet in 1959 when Khyentse Rinpoche went into exile and was lost for fifty-one years before its discovery in 2010 by an extraordinary stroke of good luck. Reverential in tone, it is informed by both oral accounts preserved in notes kept by Khyentse Rinpoche's elder brother and the recollections of Mipham's devoted personal attendant of thirty-seven years. In keeping with the identification of Mipham as an emanation of Manjushri, the Lion of Speech, the second half comprises a selection of Mipham's writings, designed to give the reader an experience of Mipham's eloquent speech and incisive thought. It includes both a

new translation of The Lion's Roar: A Comprehensive Discourse on the Buddha-Nature and A Lamp to Dispel the Dark, a teaching of the Great Perfection, as well as excerpts from previously published translations of his works on Madhyamaka and tantra.

This title is part of UC Press's Voices Revived program, which commemorates University of California Press's mission to seek out and cultivate the brightest minds and give them voice, reach, and impact. Drawing on a backlist dating to 1893, Voices Revived makes high-quality, peer-reviewed scholarship accessible once again using print-on-demand technology. This title was originally published in 1979.

What Goes Around Comes Around in Your Business and Your Life

A Journey to Yoga

Sunlight on the Path to Freedom

Karmic Management

A Commentary to the Diamond Cutter Sutra

The Diamond Sutra and The Sutra of Hui-neng

Ancient Buddhist Teachings on the Philosophy and Practice of Yoga

Examines the life, trials, failures, and successes of Israel's King David and argues that the leadership qualities that enabled him to be the successful executive he was are still valid today

Nichiren Daishonin Buddhism encourages the belief that, through its faith and practices, spiritual and material blessings and benefits can be available to everyone in this life. Needs can be met, and success achieved, not merely for oneself but for others (and the world) through dedication to the Lotus Sutra, a central teaching of Buddhism. It combines these personal objectives with the commitment to world peace, ecology and the easing of suffering, especially, AIDS. Attracting such well known followers as Jeff Banks, Sandie Shaw, Tina Turner and Roberto Baggio, Nichiren Daishonin Buddhism is rooted in a Buddhist tradition going back to the teachings of Nichiren in the 13th century, and is part of an international movement based in Japan.

Competition is built into the American way of life. But is it the best way to live? When we perceive the world as a football game--as a competition to beat others so that we can be the best and biggest--is there a human cost that all of us pay? When the two biggest superpowers on earth engage in a trade war, does anybody win? China Love You is a book written by two prominent business people, one from America, and one from China. It tells the story of how both of them came across the same ancient book from Asia--the Diamond Cutter Sutra--in their early years; used its wisdom to build two highly successful companies, one in New York and one in Beijing; and proved that human beings can go beyond the concept of competition to reach a higher level of financial success and personal harmony.

According to the Chinese lore of feng shui, the careful arrangement of the contents of any room can have dramatic effects on one's life. The author presents a straightforward room-by-room guide to feng shui.

A General Explanation

The Sutra of Hui-neng, Grand Master of Zen

The Buddha In Daily Life

The Uttara Tantra, a Treatise on Buddha Nature

The Book

The Life of Mipham Rinpoche

Describing the Indescribable

The Diamond Sutra is revered throughout Asia as one of the Buddha's most profound expressions of the nature of reality. A gem among the vast Perfection of Wisdom literature, the Diamond Sutra elicits an experience of eternal truth through its use of a seemingly paradoxical style, as the reader goes back and forth between "what is" and "what is not." Master Hsing Yun skillfully plumbs the depths of the Diamond Sutra, illuminating for us its power to change who we are and how we interpret our world.

Many of us, without even realizing it, are dominated by fear. We might be aware of some of our fears—perhaps we are afraid of public speaking, of financial hardship, or of losing a loved one. Chögyam Trungpa shows us that most of us suffer from a far more pervasive fearfulness: fear of ourselves. We feel ashamed and embarrassed to look at our feelings or acknowledge our styles of thinking and acting; we don't want to face the reality of our moment-to-moment experience. It is this fear that keeps us trapped in cycles of suffering, despair, and distress. Chögyam Trungpa offers us a vision of moving beyond fear to discover the innate bravery, trust, and delight in life that lies at the core of our being. Drawing on the Shambhala Buddhist teachings, he explains how we can each become a spiritual warrior: a person who faces each moment of life with openness and fearlessness. "The ultimate definition of bravery is not being afraid of who you are," writes Chögyam Trungpa. In this book he offers the insights and strategies to claim victory over fear.

Yoga came to Tibet from India more than a thousand years ago, and it was quickly absorbed into the culture's rich traditions. In this small book readers will discover Heart Yoga, which developed over the centuries in the Gelukpa tradition of the Dalai Lamas. The program presented here combines popular yoga exercises with special Tibetan poses, and methods of working from the inside to give a healthy and a happy heart. Roach discovered a number of previously unknown Tibetan works on yoga in the course of his ongoing efforts to find and preserve ancient Tibetan Buddhist texts. He discusses the ideas and insights presented in these texts and places them within the context of the Buddhist tradition. To help readers incorporate this ancient wisdom in their daily lives, he provides a specific regime of yoga postures and meditations. Combining instructive illustrations with the unique philosophical underpinnings of the Buddhist approach, Geshe Roach has created a unique program for yoga on a physical and spiritual level.

The Diamond Sutra, composed in India in the fourth century CE, is one of the most treasured works of Buddhist literature and is the oldest existing printed book in the world. It is known as the Diamond Sutra because its teachings are said to be like diamonds that cut away all dualistic thought, releasing one from the attachment to objects and bringing one to the further shore of enlightenment. The format of this important sutra is presented as a conversation between the Buddha and one of his disciples. The Sutra of Hui-neng, also known as the Platform Sutra, contains the autobiography of a pivotal figure in Zen history and some of the most profound passages of Zen literature. Hui-neng (638–713) was the sixth patriarch of Zen in China, but is often regarded as the true father of the Zen tradition. He was a poor, illiterate woodcutter who is said to have attained enlightenment upon hearing a recitation of the Diamond Sutra. Together, these two scriptures present the central teaching of the Zen Buddhist tradition and are essential reading for all students of Buddhism.

The Death of Global Competition

The Diamond Sutra Sung in English

The Garden

The Art of Forgiveness, Lovingkindness, and Peace

A Death on Diamond Mountain

An Introduction to the Buddhism of Nichiren Daishonin

Merit, Material Wealth, and Morality in the Global Market Economy

This is a relationship book unlike any one you've ever seen. An American monk who spent 25 years in Tibetan monasteries shares ancient secrets on how to find a partner, keep them, and achieve lasting happiness together. The book consists of answers to 100 questions asked by audiences all over the world during decades of his teachings on the Karma of Love. What's the karma to get my husband to hug me? To get my wife interested in sex again? Can I use karma to stop my girlfriend from texting other guys? Is it possible for physical intimacy to be spiritual? How can we use our relationship to help the world? The answers to the 100 questions are drawn from the teachings of The Diamond Cutter, which is the oldest dated printed book in the world. Michael Roach, the first American in history to receive the coveted Tibetan title of Geshe, or Master of Buddhism, applies the world-changing ideas of his international bestselling personal success book—also called The Diamond Cutter—to every aspect of our relationship: trust, communication, addictions, fun, in-laws, sex, peace, self-esteem, and many others.

A super-unique collaboration between a Sufi Muslim sage and a Tibetan Buddhist master! In this incredible book, two prominent modern authors—one from the Muslim tradition of Central Asia, and the other from the Buddhist tradition of Tibet--discuss the 20 biggest mistakes that a person can make in their life, and how to avoid them. These two masters--Mirzakarim Norbekov and Geshe Michael Roach--are two of the best known authors in the world, with millions of books in print between them. They have both lived long and oftentimes controversial lives representing their own two traditions: Islam, and Buddhism. They come together to share with us the biggest mistakes in their lives, and offer advice for each one of us about how we can avoid these costly errors, and live a truly successful and happy life, wherever country we're from. The book has been published in both Russian (of Mr. Norbekov's native Uzbekistan) and English (Geshe Michael's America) at the same time. The authors quickly confess to us, in the opening lines, that they originally intended to cover only 10 biggest mistakes of their long and wondrous lives; but quickly found that they could not cover less than 20 major blunders of a human life! The book has been described as incredibly funny, incredibly wise, and incredibly useful for everyone leading a normal life of challenges and wonders, on our amazing planet.

An investigative reporter explores an infamous case where an obsessive and unorthodox search for enlightenment went terribly wrong. When thirty-eight-year-old Ian Thorson died from dehydration and dysentery on a remote Arizona mountaintop in 2012, The New York Times reported the story under the headline: "Mysterious Buddhist Retreat in the Desert Ends in a Grisly Death." Scott Carney, a journalist and anthropologist who lived in India for six years, was struck by how Thorson's death echoed other incidents that reflected the little-talked-about connection between intensive meditation and mental instability. Using these tragedies as a springboard, Carney explores how those who go to extremes to achieve divine revelations—and undertake it in illusory ways—can tangle with madness. He also delves into the unorthodox interpretation of Tibetan Buddhism that attracted Thorson and the bizarre teachings of its chief evangelists: Thorson's wife, Lama Christie McNally, and her previous husband, Geshe Michael Roach, the supreme spiritual leader of Diamond Mountain University, where Thorson died. Carney unravels how the cultlike practices of McNally and Roach and the questionable circumstances surrounding Thorson's death illuminate a uniquely American tendency to mix and match eastern religious traditions like LEGO pieces in a quest to reach an enlightened, perfected state, no matter the cost. Aided by Thorson's private papers, along with cutting-edge neurological research that reveals the profound impact of intensive meditation on the brain and stories of miracles and black magic, sexualized rituals, and tantric rites from former Diamond Mountain acolytes, A Death on Diamond Mountain is a gripping work of investigative journalism that reveals how the path to enlightenment can be riddled with danger.

Although Buddhism is known for emphasizing the importance of detachment from materiality and money, in the last few decades Buddhists have become increasingly ensconced in the global market economy. The contributors to this volume address how Buddhists have become active participants in market dynamics in a global age, and how Buddhists and non-Buddhists alike engage Buddhism economically. Whether adopting market logics to promote the Buddha's teachings, serving as a source of semantics and technologies to maximize company profits, or reacting against the marketing and branding of the religion, Buddhists in the twenty-first century are marked by a heightened engagement with capitalism. Eight case studies present new research on contemporary Buddhist economic dynamics with an emphasis on not only the economic dimensions of religion, but also the religious dimensions of economic relations. In a wide range of geographic settings from Asia to Europe and beyond, the studies examine institutional as well as individual actions and responses to Buddhist economic relations. The research in this volume illustrates Buddhism's positioning in various ways—as a religion, spirituality, and non-religion; an identification, tradition, and culture; a source of values and morals; a world-view and way of life; a philosophy and science; even an economy, brand, and commodity. The work explores Buddhism's flexible and shifting qualities within the context of capitalism, and consumer society's reshaping of its portrayal and promotion in contemporary societies worldwide.

How Yoga Works

A True Story of Obsession, Madness, and the Path to Enlightenment

The Nectar of Bodhicitta

The Korean Buddhist Canon

Lessons on Leadership from the Life of King David

The Heart of Buddhist Wisdom

Leadership, Legacy, and Life Lessons Learned

Told in short lyric pieces the memoir tells of what it was like to grow up in a working class Orthodox Jewish family in the wake of the Depression, WWII, and post-war boom.

You hold in your hand an invitation: To remember the transforming power of forgiveness and lovingkindness. To remember that no matter where you are and what you face, within your heart peace is possible. In this beautiful and graceful little book, internationally renowned Buddhist teacher and meditation master Jack Kornfield has collected age-old teachings, modern stories, and time-honored practices for bringing healing, peace, and compassion into our daily lives. Just to read these pages offers calm and comfort. The practices contained here offer meditations for you to discover a new way to meet life's greatest challenges with acceptance, joy, and hope.

The well-known teacher of Tibetan Buddhism shares his proven strategies for achieving success in business and personal life, drawing on the ancient texts of the Diamond Sutra and other commentaries to shed new light into the timeless traditions of Tibetan Buddhism. Reprint.

The Diamond Cutter

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