

Office Politics Oliver James

There is currently an epidemic of 'affluenza' throughout the world - an obsessive, envious, keeping-up-with-the-Joneses - that has resulted in huge increases in depression and anxiety among millions. Over a nine-month period, bestselling author Oliver James travelled around the world to try and find out why. He discovered how, despite very different cultures and levels of wealth, affluenza is spreading. Cities he visited include Sydney, Singapore, Moscow, Copenhagen, New York and Shanghai, and in each place he interviewed several groups of people in the hope of finding out not only why this is happening, but also how one can increase the strength of one's emotional immune system. He asks: why do so many more people want what they haven't got and want to be someone they're not, despite being richer and freer from traditional restraints? And, in so doing, uncovers the answer to how to reconnect with what really matters and learn to value what you've already got. In other words, how to be successful and stay sane.

Do your relationships tend to follow the same destructive pattern? Do you feel trapped by your family's expectations of you? Does your life seem overwhelmingly governed by jealousy or competitiveness or lack of confidence? In this ground-breaking book, clinical psychologist Oliver James shows that it is the way we were cared for in the first six years of life that has a crucial effect on who we are and how we behave. Nurture, in effect, shapes our very nature. James combines the latest scientific research with fascinating interviews to show that understanding your past is the first step to controlling your present.

Interest in experimental research in public management is on the rise, yet the field still lacks a broad understanding of its role in producing substantive findings and theoretical advances. Written by a team of leading international researchers, this book sets out the advantages of experiments in public management and showcases their rapidly developing contribution to research and practice. The book offers a comprehensive overview of the relationship between experiments and public management theory, and the benefits for examining causal effects. It will appeal to researchers and graduate-level students in public administration, public management, government, politics and policy studies. The key topics addressed are the distinct logic of experimental methods in the laboratory, in the field, and in survey experiments; how leading researchers are using different kinds of experiment to build knowledge about theory and practice across many areas of public management; and the research agendas for experimental work in public management.

Success at work now depends less and less on how good you are at specific skills and more and more on office politics. Including real-life stories, questionnaires and advice based on science, this book provides an insight into the world of office politics.

How to Beat the Game of Office Politics

Secrets to Winning at Office Politics

Reset Your Child's Emotional Thermostat

The Golden House

Britain on the Couch

How to Develop Emotional Health

The Untold Story of the Greatest Sitcom of the 2000s: An Oral History

Get Ahead, Gain Influence, Get What You Want Office politics are an unavoidable fact of life in every workplace. To accomplish your personal and business goals, you must learn to successfully play the political game in your organization. Whether you are a new player or a seasoned veteran, *Secrets to Winning at Office Politics* can help you increase your personal power without compromising your integrity or taking advantage of others. This smart, practical guide shows you how to stop wasting energy on things you can't change and start taking steps to get what you want. Written by an organizational psychologist and corporate consultant, Marie G. McIntyre's *Secrets to Winning at Office Politics* uses real-life examples of political winners and losers to illustrate the behaviors that contribute to success or failure at work. You will be shown techniques for managing your boss more effectively, improving your influence skills, changing the way you are perceived, and dealing with difficult people. Using these proven strategies for political success, you will then be able to create a Political Game Plan that outlines the steps necessary to accomplish your own individual goals.

Most people try to avoid office politics at all costs, seeing them as unpleasant, unfair, unethical and an unnecessary distraction from their 'real work'. If You Don't Do Politics, Politics Will Do You will open your eyes to the fundamentals you didn't know you need to know - the fundamentals no-one ever teaches you, including what office politics actually are and how being politically intelligent is the single biggest determinant of your personal and professional success. Drawing on her own experiences as an executive, together with insights from some of the leading business thinkers of our time, in this personal, practical and frank book, Niven Postma will show you it is possible to play politics without sacrificing your principles and teach you how to use politics to advance your career, benefit your team and build the organisation you are part of. "Niven Postma will help you to understand why workplace politics are inevitable and how you can navigate office politics in order to be both useful and successful." - Liz Wiseman, New York Times bestselling author of "Multipliers" and "Rookie Smarts"

America is in civic chaos, its politics rife with conspiracy theories and false information. Nationalism and authoritarianism are on the rise, while scientists, universities, and news organizations are viewed with increasing mistrust. Its citizens reject scientific evidence on climate change and vaccinations while embracing myths of impending apocalypse. And then there is Donald Trump, a presidential candidate who won the support of millions of conservative Christians despite having no moral or political convictions. What is going on? The answer, according to J. Eric Oliver and Thomas J. Wood, can be found in the most important force shaping American politics today: human intuition. Much of what seems to be irrational in American politics arises from the growing divide in how its citizens make sense of the world. On one side are rationalists. They use science and reason to understand reality. On the other side are intuitionists. They rely on gut feelings and instincts as their guide to the world.

Intuitionists believe in ghosts and End Times prophecies. They embrace conspiracy theories, disbelieve experts, and distrust the media. They are stridently nationalistic and deeply authoritarian in their outlook. And they are the most enthusiastic supporters of Donald Trump. The primary reason why Trump captured the presidency was that he spoke about politics in a way that resonated with how Intuitionists perceive the world. The Intuitionist divide has also become a threat to the American way of life. A generation ago, intuitionists were dispersed across the political spectrum, when most Americans believed in both God and science. Today, intuitionism is ideologically tilted toward the political right. Modern conservatism has become an Intuitionist movement, defined by conspiracy theories, strident nationalism, and hostility to basic civic norms. Enchanted America is a clarion call to rationalists of all political persuasions to reach beyond the minority and speak to intuitionists in a way they understand. The values and principles that define American democracy are at stake.

Happiness is a loaded term that means different things to different people. To some, it might mean life satisfaction, to others, a fleeting moment of joy. Rather than seeking to be happy, Oliver James encourages us to cultivate our emotional health. Outlining the five elements of good emotional health – insightfulness, a strong sense of self, fluid relationships, authenticity and playfulness in our approach to life – he offers strategies for optimizing each characteristic to live more fulfilling lives. Helping us to understand the impact our emotional baggage has on our daily interactions, he reveals how to overcome unhelpful patterns and become more self-aware – revitalizing our approach to life. One in the new series of books from The School of Life, launched January 2014: How to Age by Anne Karpf How to Develop Emotional Health by Oliver James How to Be Alone by Sara Maitland How to Deal with Adversity by Christopher Hamilton How to Think About Exercise by Damon Young How to Connect with Nature by Tristan Gooley

Kazan

Office Politics 101

The Modern Machiavelli

Private Government

Notes on Falsehood in the Age of Trump

If You Don't Do Politics, Politics Will Do You...

Silence of the Back Stabbing Lambs

NEW YORK TIMES BESTSELLER • A modern American epic set against the panorama of contemporary politics and culture—a hurtling, page-turning mystery that is equal parts *The Great Gatsby* and *The Bonfire of the Vanities* NAMED ONE OF THE BEST BOOKS OF THE YEAR BY NPR • PBS • HARPER ' S BAZAAR • ESQUIRE • FINANCIAL TIMES • THE TIMES OF INDIA On the day of Barack Obama ' s inauguration, an enigmatic billionaire from foreign shores takes up residence in the architectural jewel of “ the Gardens, ” a cloistered community in New York ' s Greenwich Village. The neighborhood is a bubble within a bubble, and the residents are immediately intrigued by the eccentric newcomer and his family. Along with his

improbable name, untraceable accent, and unmistakable whiff of danger, Nero Golden has brought along his three adult sons: agoraphobic, alcoholic Petya, a brilliant recluse with a tortured mind; Apu, the flamboyant artist, sexually and spiritually omnivorous, famous on twenty blocks; and D, at twenty-two the baby of the family, harboring an explosive secret even from himself. There is no mother, no wife; at least not until Vasilisa, a sleek Russian expat, snags the septuagenarian Nero, becoming the queen to his king—a queen in want of an heir. Our guide to the Golden's world is their neighbor René, an ambitious young filmmaker. Researching a movie about the Golden's, he ingratiates himself into their household. Seduced by their mystique, he is inevitably implicated in their quarrels, their infidelities, and, indeed, their crimes. Meanwhile, like a bad joke, a certain comic-book villain embarks upon a crass presidential run that turns New York upside-down. Set against the strange and exuberant backdrop of current American culture and politics, *The Golden House* also marks Salman Rushdie's triumphant and exciting return to realism. The result is a modern epic of love and terrorism, loss and reinvention—a powerful, timely story told with the daring and panache that make Salman Rushdie a force of light in our dark new age. Praise for *The Golden House* “ [A] modern masterpiece . . . telling a story full of wonder and leaving you marveling at how it ever came out of the author's head. ” —Associated Press “ Wildly satiric and yet piercingly real . . . If F. Scott Fitzgerald, Homer, Euripides, and Shakespeare collaborated on a contemporary fall-of-an-empire epic set in New York City, the result would be *The Golden House*. ” —Poets & Writers “ A tonic addition to American—no, world!—literature . . . a Greek tragedy with Indian roots and New York coordinates. ” —San Francisco Chronicle

David Bowie was one of the most famous men of his generation, and remains one of the greatest rock stars of all time. But while his flamboyant career in the public eye has been well documented, much less is known about his family history. In this new book psychologist the author, bestselling author of *They F*** You Up*, *Affluenza* and *Not in Your*

A fascinating exposé of office culture, in the style of the bestselling *Affluenza*, from popular psychologist Oliver James. The modern working world is a dangerous place, where game-playing, duplicity, and sheer malevolence are rife. Do talent and hard work count for nothing? Is politics everything? In this fascinating exposé, Oliver James reveals the murky underside of modern office life. With cutting-edge research and eye-opening interviews, he highlights the nasty practices that propel people to the top and shows how industries and cultures are fostering this behavior. He then divulges strategies and techniques for not only surviving but thriving in these difficult environments. With the right mindset, you can distinguish and deal with toxic and overpromoted colleagues, charm your way through interviews, and use office politics to your advantage. *Office Politics* will overthrow your perceptions of office life and set you on a new path to success.

Many people claim that office politics is a waste of time. That success comes from doing your job. That talent rises by itself. These people are, to put it gently, losers. If you want to succeed, if you want to grow your career beyond entry level, then you need to play the game of office politics. And you need to play it to win. Luckily, this book is here to help you out. There is no discussion of morality, no introspection as to whether office politics is really necessary in the modern workplace. Instead we focus on clear,

rational advice so that you can achieve your goals via influencing others. This book is divided into multiple chapters, each of which covers a different aspect of developing and using your political skills. - Chapter 1 introduces the world of office politics and the associated requirements. - Chapter 2 discusses power in the workplace - sources of power, the distinction between formal and informal power, and the chapters you need to read based on your current situation. - Chapter 3 covers the essential skills which are necessary to support any attempt at persuading others or utilising office politics in your plans. - Chapter 4 is devoted to fundamentals and the way they relate to your current situation. It provides hints on decoding your own values, political skill and style, and the organisation which you are a part of. - Chapter 5 looks at initial impressions. It covers the importance of making a competent first impression, tailoring your style to match workplace reputation, and offers hints on fine-tuning external appearance towards professionalism. - Chapter 6 is about creating and maintaining a competent reputation. We look at baseline expectations, moving beyond these, and the surprising benefits you have from being good at meetings. - Chapter 7 involves the art of making and selling good decisions, an essential skill for those who wish to progress upwards in the company. - Chapter 8 is focused on the fundamentals of communication and their impact on office politics - from basic skills and selling ideas through to dealing with or using 'no' and holding tough conversations with others. - Chapter 9 is about managing upwards - to your manager and above. It includes typical manager requirements, dealing with new managers, and a short guide to detecting managerial insanity. - Chapter 10 is all about managing downwards - developing a leadership personality, making the most of your team, taking over a new team, and moving unwanted people on. - Chapter 11 looks at networks. It covers creating, maintaining, and tracking networks for professional development. - Chapter 12 is about influencing others, whether it be picking targets, identifying tradeable currencies, using a suitable strategy, or simply noting typical mistakes newcomers make. - Chapter 13 looks at negotiation. The approach outlined here is as applicable to formal negotiations as it is for quick back-and-forth discussions over a conspiratorial cup of coffee. - Chapter 14 is for when things are going wrong. It examines last-ditch methods for achieving success as well as effective approaches to cover your behind when they inevitably fail. - Chapter 15 is all about moving on. It covers the decision to move onwards, the art of negotiation for your new role, and a set of tell-tale signs that firings and lay-offs are coming in. - Finally Chapter 16 provides a summary of typical political shenanigans which you will encounter and (most likely) try to use on other colleagues. Ready to learn? Then read on.

The Death of Truth

Contented Dementia

They F*** You Up

The Inside Story of Brexit

Challenges and Contributions

Upping Your Ziggy

Experiments in Public Management Research

As David Cameron's director of Politics and communications, Craig Oliver was in the room at every key moment during the EU referendum - the biggest political event in the UK since World War 2. Craig Oliver worked with all the players,

including David Cameron, George Osbourne, Barack Obama, Angela Merkel, Jeremy Corbyn, Boris Johnson, Michael Gove, Theresa May and Peter Mandelson. Unleashing Demons is based on his extensive notes, detailing everything from the decision to call a referendum, to the subsequent civil war in the Conservative Party and the aftermath of the shocking result. This is raw history at its very best, packed with enthralling detail and colourful anecdotes from behind the closed doors of the campaign that changed British history.

Why our workplaces are authoritarian private governments—and why we can't see it One in four American workers says their workplace is a "dictatorship." Yet that number almost certainly would be higher if we recognized employers for what they are—private governments with sweeping authoritarian power over our lives. Many employers minutely regulate workers' speech, clothing, and manners on the job, and employers often extend their authority to the off-duty lives of workers, who can be fired for their political speech, recreational activities, diet, and almost anything else employers care to govern. In this compelling book, Elizabeth Anderson examines why, despite all this, we continue to talk as if free markets make workers free, and she proposes a better way to think about the workplace, opening up space for discovering how workers can enjoy real freedom. "Love Bombing" is a radical new method for resetting the emotional thermostats of troubled children and their parents, setting them on a much happier trajectory. It is simple to do, easily explained and works for both severe and mild problems from aged three to early teenage. Many, if not most, parents feel that their children may have missed out in some way during the early years. Offering a simple, relatively trouble-free self-help method for putting that right is what parents are waiting for. "This book is written in highly accessible language", assures Oliver James. "The method is explained as simply as possible, illustrated with cases". "Love Bombing is a very simple technique which helps most children from aged three to early teenage. Because so many parents are, or have had, periods of living very busy or miserable or complicated lives, most of us need to reconnect with our children from time to time. Love Bombing does the job," explains James.

POPULAR PSYCHOLOGY. Why we're unhappier compared with 1950, despite being richer - from bestselling author of Affluenza, Oliver James.

Love Bombing

Affluenza

Checkmate Office Politics

Oliver James 21 Breaths

Mr. Selden's Map of China

How to Thrive in a World of Lying, Backstabbing and Dirty Tricks

Not In Your Genes

As a mother, are you comfortable in your skin? Want to know how best to be a stay-at-home or working mum? Babies have very simple needs, yet many parents are overwhelmed with elaborate advice on how to meet them. In How Not to F* Them Up, leading child psychologist Oliver James argues that your under-threes do not need training; it's getting your head straight as a parent that's important. Drawing on extensive interviews and the latest clinical research, James identifies three basic types of mum: the Hugger, the Organiser and the Fleximum. Outlining the benefits and pitfalls of each, How Not to F*** Them Up shows you how to recognise which style suits you best and outlines simple strategies to**

reconcile personal ambitions with the needs of your family. Empowering and provocative, Oliver James will help you make the best choices for bringing up a happy, confident child.

This early work by James Oliver Curwood was originally published in 1908 and we are now republishing it with a brand new introductory biography. "The Wolf Hunters" sees an American boy who has become friends with a Native American boy, together they discover a mysterious cabin, and stumble upon a secret that has lain hidden for half a century. "The Wolf Hunters" is the prequel to "The Gold Hunters." James Oliver 'Jim' Curwood was an American action-adventure writer and conservationist. He was born on 12th June, 1878, in Owosso, Michigan, USA. In 1900, Curwood sold his first story while working for the Detroit News-Tribune, and after this, his career in writing was made. By 1909 he had saved enough money to travel to the Canadian northwest, a trip that provided the inspiration for his wilderness adventure stories. The success of his novels afforded him the opportunity to return to the Yukon and Alaska for several months each year - allowing Curwood to write more than thirty such books. Curwood's adventure writing followed in the tradition of Jack London. Like London, Curwood set many of his works in the wilds of the Great Northwest and often used animals as lead characters (Kazan, Barea; Son of Kazan, The Grizzly King and Nomads of the North). Many of Curwood's adventure novels also feature romance as primary or secondary plot consideration. This approach gave his work broad commercial appeal and helped drive his appearance on several best-seller lists in the early 1920s. His most successful work was his 1920 novel, The River's End. The book sold more than 100,000 copies and was the fourth best-selling title of the year in the United States, according to Publisher's Weekly. He contributed to various literary and popular magazines throughout his career, and his bibliography includes more than 200 such articles, short stories and serializations. Curwood was an avid hunter in his youth; however, as he grew older, he became an advocate of environmentalism and was appointed to the 'Michigan Conservation Commission' in 1926. The change in his attitude toward wildlife can be best expressed by a quote he gave in The Grizzly King: that 'The greatest thrill is not to kill but to let live.' Despite this change in attitude, Curwood did not have an ultimately fruitful relationship with nature. In 1927, while on a fishing trip in Florida, Curwood was bitten on the thigh by what was believed to have been a spider and he had an immediate allergic reaction. Health problems related to the bite escalated over the next few months as an infection set in. He died soon after in his nearby home on Williams Street, on 13th August 1927.

A fascinating exposé of office culture, in the style of the bestselling Affluenza, from popular psychologist Oliver James The modern working world is a dangerous place, where game-playing, duplicity and sheer malevolence are rife. Do talent and hard work count for nothing? Is politics everything? In this fascinating exposé, Oliver James reveals the murky underside of modern office life. With cutting-edge research and eye-opening interviews, he highlights the nasty practices that propel people to the top and shows how industries and cultures are fostering this behaviour. He then divulges strategies and techniques for not only surviving but thriving in these difficult environments. With the right

*mindset, you can distinguish and deal with toxic and overpromoted colleagues, charm your way through interviews and use office politics to your advantage. Office Politics will overthrow your perceptions of office life and set you on a new path to success. Oliver James trained and practised as a child clinical psychologist and, since 1988, has worked as a writer, journalist and television documentary producer and presenter. His books include Juvenile Violence in a Winner-Loser Culture, the bestselling They F*** You Up, Affluenza and Contented Dementia. He is a trustee of two children's charities: the National Family and Parenting Institute and Homestart.*

AN INSTANT NEW YORK TIMES BESTSELLER *The untold stories behind The Office, one of the most iconic television shows of the twenty-first century, told by its creators, writers, and actors When did you last hang out with Jim, Pam, Dwight, Michael, and the rest of Dunder Mifflin? It might have been back in 2013, when the series finale aired . . . or it might have been last night, when you watched three episodes in a row. But either way, long after the show first aired, it's more popular than ever, and fans have only one problem—what to watch, or read, next. Fortunately, Rolling Stone writer Andy Greene has that answer. In his brand-new oral history, The Office: The Untold Story of the Greatest Sitcom of the 2000s, Greene will take readers behind the scenes of their favorite moments and characters. Greene gives us the true inside story behind the entire show, from its origins on the BBC through its impressive nine-season run in America, with in-depth research and exclusive interviews. Fans will get the inside scoop on key episodes from "The Dundies" to "Threat Level Midnight" and "Goodbye, Michael," including behind-the-scenes details like the battle to keep it on the air when NBC wanted to pull the plug after just six episodes and the failed attempt to bring in James Gandolfini as the new boss after Steve Carell left, spotlighting the incredible, genre-redefining show created by the family-like team, who together took a quirky British import with dicey prospects and turned it into a primetime giant with true historical and cultural significance. Hilarious, heartwarming, and revelatory, The Office gives fans and pop culture buffs a front-row seat to the phenomenal sequence of events that launched The Office into wild popularity, changing the face of television and how we all see our office lives for decades to come.*

The Office Politics Handbook

A Novel

The Gold Hunters

The Bering Strait Crossing

Being an Account in Biographical Form of Individuals and Families Distinguished as Representatives of the Social, Professional and Civic Life of New York City Writing, Directing, and Surviving Platoon, Midnight Express, Scarface, Salvador, and the Movie Game

Office Politics

Don't let destructive drama sideline your career. Every organization has its share of political drama: Personalities clash. Agendas compete. Turf wars erupt. But you need to work productively with your colleagues—even difficult ones—for the good of your organization and your career. How can

you do that without compromising your personal values? By acknowledging that power dynamics and unwritten rules exist—and navigating them constructively. The HBR Guide to Office Politics will help you succeed at work without being a power grabber or a corporate climber. Instead you'll cultivate a political strategy that's authentic to you. You'll learn how to:

- Gain influence without losing your integrity
- Contend with backstabbers and bullies
- Work through tough conversations
- Manage tensions when resources are scarce
- Get your share of choice assignments
- Accept that not all conflict is bad
- Arm yourself with the advice you need to succeed on the job, from a source you trust.

Packed with how-to essentials from leading experts, the HBR Guides provide smart answers to your most pressing work challenges.

An intimate memoir by the controversial and outspoken, Oscar-winning director and screenwriter about his complicated New York childhood, volunteering for combat, and his struggles and triumphs making such films as *Platoon*, *Midnight Express*, and *Scarface*. Before the international success of *Platoon* in 1986, Oliver Stone had been wounded as an infantryman in Vietnam, and spent years writing unproduced scripts while driving taxis in New York, finally venturing westward to Los Angeles and a new life. Stone, now 73, recounts those formative years with in-the-moment details of the high and low moments: We see meetings with Al Pacino over Stone's scripts for *Scarface*, *Platoon*, and *Born on the Fourth of July*; the harrowing demon of cocaine addiction following the failure of his first feature, *The Hand* (starring Michael Caine); his risky on-the-ground research of Miami drug cartels for *Scarface*; his stormy relationship with *The Deer Hunter* director Michael Cimino; the breathless hustles to finance the acclaimed and divisive *Salvador*; and tensions behind the scenes of his first Academy Award-winning film, *Midnight Express*. *Chasing the Light* is a true insider's look at Hollywood's years of upheaval in the 1970s and '80s.

Acclaimed Canadian poet Steven Price has conjured a stunning debut novel that explores what we ask from each other, and how much we are prepared to give. Set in the city of Victoria, British Columbia, *Into That Darkness* opens at the moment when a massive earthquake hits the entire west coast with devastating results. Amid the destruction of the city, survivors are left to negotiate a calamity in which bonds of civility are pushed to their limits and often broken. When Arthur Lear hears a voice crying in the rubble, he finds himself descending deep under a collapsed building in a desperate attempt to save a young boy and his mother. But what he discovers there will change him forever — as circumstances lead him across the city's broken landscape, through the chaos of its hospitals and streets, in a harrowing search for the mother's lost daughter. Over the days that follow, Lear's very sense of humanness will be tested and compromised, as he faces the limits of himself and his fellow survivors, in his long journey home. A novel for our age of anxiety and fear, Steven Price delivers a powerful story about the physical manifestation of the darker things lurking in our culture, in ourselves.

In the bestselling "Affluenza," world-renowned psychologist Oliver James

introduced us to a modern-day virus sweeping through the English-speaking world. He met those suffering from it and demonstrated how their obsessive, envious tendencies made them twice as prone to depression, anxiety and addictions than people in other developed nations. Now "The Selfish Capitalist" provides more detailed substantiation for the claims made in "Affluenza." It looks deeper into the origins of the virus and outlines the political, economic and social climate in which it has grown. James points out that, since the seventies, the rich have got much, much richer, yet the average person's wage has not increased at all. A rallying cry to the Government to reduce our levels of distress by adopting a form of unselfish capitalism, this hard-hitting and thought-provoking work tells us why our personal well-being must take precedence over the wealth of a tiny minority if we are to cure ourselves of this disease.

Playing Office Politics to Win

Britain's Secret Propaganda War

The Wolf Hunters

A 21st Century Frontier between East and West

Chasing the Light

21 Dirty Tricks at Work

Decoding the Secrets of a Vanished Cartographer

Office politics—the phrase usually invokes negative images, such as blaming, backstabbing, favouritism, resentment and jealousy. Like it or loathe it, professional success is not merely dependent on merit; being able to read people and their motives is what keeps one ahead. A large part of success in the corporate journey is defined by progress and getting the credit for it; some people excel at it, while others do not. How can you then navigate the corporate corridors without playing dirty? Checkmate Office Politics confronts workplace dynamics head-on and explains the factors that influence it. Drawing on her unparalleled experience as an international facilitator and executive coach, Bhavna Dalal invites you to understand the political machinery by offering extensive, simple, practical advice to help navigate workplace politics effectively and grow in your career without compromising your ideals.

Reproduction of the original: The Gold Hunters by James Oliver Curwood

NEW YORK TIMES BESTSELLER — From the Pulitzer Prize-winning critic comes an impassioned critique of America's retreat from reason. We live in a time when the very idea of objective truth is mocked and discounted by the occupants of the White House. Discredited conspiracy theories and ideologies have resurfaced, proven science is once more up for debate, and Russian propaganda floods our screens. The wisdom of the crowd has usurped research and expertise, and we are each left clinging to the beliefs that best confirm our biases. How did truth become an endangered species in contemporary America? This decline began decades ago, and in *The Death of Truth*, former New York Times critic Michiko Kakutani takes a penetrating look at the cultural forces that contributed to this gathering storm. In social media and literature, television, academia, and politics, Kakutani identifies the trends—originating on both the right and the left—that have combined to elevate subjectivity over factuality, science, and common values. And she returns us to the words of the great critics of authoritarianism, writers like George Orwell and Hannah Arendt, whose work is newly and eerily relevant. With remarkable erudition and insight, Kakutani offers a provocative diagnosis of our current condition and points toward a new path for our truth-challenged times.

Here is your career prediction.. sooner or later you will be back-stabbed and the damage will range from a scratch to a very deep wound. Congratulations! If you have got a job as a result of the tips from Book 1 and 2 of this series, Book 3 here is where your career success really begins. This book is also for anyone if you are feeling stressed and frustrated in your job due to the political tactics played by your colleagues. As long as you are in employment, workplace politics are inherent. Like the rules in a game of sports, politics in the office are the rules. In Tony Robbins' latest book, Money: Master the Game, he has a whole section dedicated on the need to know the rules of the game before you get into the game. In other words, in any situation, you must know the rules of the game. Now that you know the importance of the rules, can you afford to ignore office politics and expect your work environment to be smooth sailing? Learn to dance with workplace politics and see how the following will smoothly flood into your life: - career advancement on a fast track - circle of friends expands - confidence level goes up sky high - get things done smoothly - enjoying your work - gaining more influence or power You can choose to neglect office politics but be prepared to be haunted with 10 negative lifestyles: - being treated unfairly - being bullied - being sidelined - you do the hardwork but someone takes the credit - you get the blame for mistakes done by others - you never see the light for your job promotion - you are the subject of gossips - feel more stress - feel that workplace is like hell - you get additional workload while other colleagues have more free time, drinking coffee. The devastating negativity will affect your self-esteem, confidence, health, happiness and the meaning of life. You can prevent or stop this nonsense now with the guide from this book. In Office Politics 101 you will learn: - the fundamental reason why office politics exist - 5 major causes of the political game - 3 techniques that are almost a cure-all for any types of office politics. - how to identify more than 30 situations when the dirty tricks are being played - simple yet effective tips to neutralize the situation Here is a sample of the 30 situations: Under tip #28..."But I promised them that you will do it..". does this sound familiar to you?...Such people know that you have a weakness or soft spot for not fulfilling promises. This will prompt them to use this weakness in order to get a job done by you. As a consequence, you are trapped by other people's promise under your name. If you failed, it's your fault. If you succeeded, they will probably take the credit. If you didn't agree on doing a task, don't do it. If you didn't deliver, it's not your fault. It's the person who made the promise whose reputation will be tinged. Inform your boss or the management if someone promises that you allegedly claimed a task. Does it mean that you have to be a 'bad' person to thrive in a world of lying, backstabbing and dirty tricks environment? The answer is a big NO. Embrace it as if you are learning kung fu. It is for self defence and not to harm others. To be a black belt holder, it will take many years of practice. The earlier you start, the earlier you become an expert. Grab your copy now and see the transformation in your career.

The Office

Into That Darkness

A Guide to Navigating Office Politics Effectively and Ethically. (And Yes, it is Possible.)

24-hour Wraparound Care for Lifelong Well-being

Enchanted America

Unleashing Demons

How Not to F*** Them Up

Professor Robert Plomin, the world's leading geneticist, said in 2014 of his search for that explain differences in our psychology: 'I have been looking for these genes for fifty years. I don't have any'. Using a mixture of famous and ordinary people, Oliver James d

deep down into the childhood causes of our individuality, revealing why our upbringing, our genes, plays such an important role in our wellbeing and success. The implications are huge: as adults we can change, we can clutch our fates from predetermined destiny, as parents we can radically alter the trajectory of our childrens' lives, and as a society we can largely eradicate criminality and poverty. Not in Your Genes will not only change the way you think about yourself and the people around you, but give you the fuel to change your personality and your life for the better.

In Alienation Nation, James LaFond, the author of over 10 books and 300 articles on urban survival, offers a guide to defining and surviving our dystopian now. As a committed Darwinist LaFond offers no societal solutions and advocates no political action, but rather offers a guide to living below the political and criminal horizon [which he insists are one and the same] and adopting a practical view of violence and society toward the end of devising sustainable countermeasures that will permit you to avoid and survive crime without falling into the clutches of the judicial system.

Dementia is a little understood and currently incurable illness, but much can be done to maximise the quality of life for people with the condition. Contented Dementia - by clinical psychologist and bestselling author Oliver James - outlines a groundbreaking and practical method for managing dementia that will allow both sufferer and carer to maintain the highest possible quality of life, throughout every stage of the illness. A person with dementia will experience random and increasingly frequent memory blanks relating to recent events. Feelings, however, remain intact, as do memories of past events and both can be used in a special way to substitute for more recent information that has been lost. The SPECIAL (Specialized Early Care for Alzheimer's) outlined in this book works by creating links between past memories and the routine activities of daily life in the present. Drawing on real-life examples and user-friendly tried-and-tested methods, Contented Dementia provides essential information and guidance for carers, relatives and professionals.

The Office Politics Handbook is for business executives, managers, consultants, lawyers, agents, editors, and anyone who wants to become more politically astute, more powerful, and more successful. This is not a book on political game playing; it is for people who hate political games but who know that politics takes place in every organization and want to make sure they wind up on top of the heap...not at the bottom of the barrel. This book will explain why people are political animals, and why they engage in power-seeking behavior. It will also discuss different instruments of power to help you understand the cultural and collective forces at work in human nature, and the occasionally aggressive characteristics of the political animal. The Office Politics Handbook will show you how to: Cultivate your political skill Exercise power beyond your place in the organizational chart Defend yourself against political attacks Know when to fight, when to retreat, and when to lead

Why We're Unhappier Compared with 1950 Despite Being Richer : a Treatment for the Serotonin Society

Surviving Cultural Free Fall

The Selfish Capitalist

HBR Guide to Office Politics (HBR Guide Series)

The real reasons children are like their parents

How Intuition and Reason Divide Our Politics

How Employers Rule Our Lives (and Why We Don't Talk about It)

Introduction: interpreting the "great war governor" and reconstruction

senator -- A native son -- A rising republican star -- The election of 1860 -- The war governor -- One-man rule -- Copperheads, treason, and the election of 1864 -- Peace and paralysis -- Waving the bloody shirt -- A radical champion for African Americans -- Stalwart Republican -- The election of 1876 and the end of an era -- Morton and the politics of memory

Natural ways to look after yourself, using the wisdom of your body and the extraordinary power of breath. Are you desperate for a good night's sleep? Do you require powerful pain relief or wish to supercharge your fitness and self-care? Oliver James, a body-led psychotherapist and growing presence in the world of breath and breathwork, introduces readers to the power of breathwork through twenty-one simple but effective breathing techniques. Weaving psychotherapy and science with movement and breath, James provides a way to experience life's simplicity through breathing exercises. Sketches and easy-to-follow instructions will help you experience the remarkable potential that has always been right under your nose.

The Bering Strait Crossing is the epic story of the Intercontinental Divide. This is where the 53-mile wide strait, named for Danish explorer Vitus Bering (1681-1741), separates four continents across the Europe-Asia landmass and the Americas.

The Foreign Office's Information Research Department was set up under the Labour Government in 1948 & financed from the Secret Intelligence Service budget. The authors discuss the impact of IRD, and question the morality of sly propaganda in a democracy.

How to Achieve Your Goals and Increase Your Influence at Work

Alienation Nation

How to be Successful and Stay Sane

Oliver P. Morton and the Politics of the Civil War and Reconstruction

Prominent Families of New York

Winning the Game of Power and Politics at Work

Origins of Affluenza

Investigating the discovery of an extraordinary map of China in Oxford's Bodleian Library that was delivered in 1659 by Mr. Selden, the author travels halfway around the world to reveal unexpected historical connections that offer insight into the power and meaning a single map can hold.

21 Dirty Tricks at Work is about lies. The type of underhand, pernicious and downright Machiavellian scheming that goes on in business every day. An estimated £7.8bn is lost each year in the UK alone through unnecessary and counter-productive office politicking. But 21 Dirty Tricks at Work is also a book of hope. It exposes the classic manoeuvres and gives practical advice on dealing with them to the vast majority who just want to do a good day's work. 21 Dirty Tricks at Work provides you with all the information you need to spot negative tactics and self-interested strategies. It shows you how to spot the games frequently being played and how to come out with your credibility intact and your sanity preserved. So, if you are fed-up of being on the receiving end of constant backbiting and skulduggery from workmates, join hands with the authors and get Machiavelli on the run!