

Acces PDF How  
To Get Off

Psychoactive  
Drugs Safely  
How To Get  
Off

Psychoactive  
Drugs Safely

The so-called  
"War On Drugs"  
has a new  
battleground -  
your doctor's  
office, where  
the unholy

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Psychoactive  
alliance  
Drugs Safely  
between the

pharmaceutical  
and psychiatric  
industries  
presents a  
pseudo medical  
model that  
inflicts  
addictive,  
chemical abuse  
on innocent  
victims while

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Psychoactive  
Drugs Safely  
lying to the  
public with

"sales science"  
and calling it  
medicine. Their  
drugs are  
nothing more  
than variations  
of the very  
same illegal  
drugs the  
government has  
spent billions

# Acces PDF How To Get Off

of dollars  
Drugs Safely

fighting-not  
because they  
care about you,  
only to  
preserve  
pharmaceutical  
sales. Make no  
mistake; a drug  
is a drug-  
pushed or  
prescribed.

**They are all**

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Psychoactive  
Drugs Safely

toxic, and  
psychotropic  
pharmaceuticals  
are far more  
toxic to brain  
tissue and the  
liver;  
diminishing  
quality of  
life, causing  
multiple  
addictions and  
ultimately

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Psychoactive  
Drugs Safely  
resulting in  
disease and

death—never  
health and

wellness! As a  
scientist and  
licensed

practitioner I  
want to educate  
all those

interested in  
what is causing  
the epidemic

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Psychoactive  
Drugs Safely  
mental health  
crisis of

today, how to  
avoid it, how  
to get off of  
psychiatric  
drugs if you  
are on them  
now, and why  
toxic drugs  
should never be  
sold as  
medicine. My

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Psychoactive  
Drugs Safely

work is toward  
a medical model  
for all mental  
health issues  
to be based on  
patient  
outcomes and  
not profit.

This is  
accomplished  
with  
Orthomolecular  
Neurochemical

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To Get Off

Psychoactive  
Drugs Safely  
Rehabilitation  
(ONR). I wrote

Green Mental  
Health Care -  
How to Get Off  
& Stay Off  
Psychiatric  
Drugs because  
the psychiatric  
patient with  
Prozac in  
his/her  
medicine

# Access PDF How To Get Off

Psychotropic  
Drugs Safely  
cabinet is in  
even more

danger than the  
crack head  
smoking crack.

This is because  
the crack head  
knows they have  
to stop smoking  
crack to get

well-the  
psychiatric  
patient thinks

# Access PDF How To Get Off

Psychoactive  
Drugs Safely

they are taking  
medicine and  
that their  
condition is  
the best they  
can hope for—  
when neither is  
true. They  
don't recognize  
the fundamental  
truth that  
drugs injure  
the body and

Acces PDF How  
To Get Off  
Psychoactive  
mind -

Drugs Safely  
prescribed or  
pushed. To sit  
on the  
sidelines and  
do nothing  
while I watch  
people suffer  
from the  
effects of  
psychiatric  
drugs is not an  
option. I know

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## Psychoactive Drugs Safely

what these  
drugs do to  
cells, tissues,  
critical organs  
and brain  
function and I  
can't just turn  
my head because  
everywhere I  
turn I see more  
pain and  
suffering while  
Big Pharma

# Access PDF How To Get Off

Psychoactive  
Drugs Safely

continues to  
make bank and  
control  
society. They  
are literally  
using our money  
against us,  
forcing out all  
evidence-based  
holistic  
options that  
should be  
sponsored by

# Access PDF How To Get Off

Psychoactive  
Drugs Safely  
public medicine  
like

pharmaceutical  
drugs are. They  
are using our  
taxes and out  
of pocket cash  
spent on their  
drugs to buy  
lobbyists in  
Washington to  
get pro-Pharma  
laws passed and

# Access PDF How To Get Off

Psychoactive  
Drugs Safely  
forced medical  
practices

pushed through  
such as the  
Mother's Act,  
the language of  
which is now in  
the health care  
reform bill.  
Come on, the  
notion of  
giving an  
antidepressant

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Psychoactive  
Drugs Safely  
to a pregnant  
woman? These

drugs are  
extremely  
harmful to  
grown adults;  
can you imagine  
what they do to  
the development  
of a fetus that  
doesn't have  
the functional  
maturity to

# Access PDF How To Get Off

Psychoactive  
Drugs Safely

even try to  
protect itself  
from them? They  
will stunt  
every process  
of development  
in that child  
and already  
have been shown  
in numerous  
studies to  
cause birth  
defects.

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## Psychoactive Drugs Safely

Psychiatric drug use is particularly destroying the youth in our society. The vast majority of the mass school shootings are done by young adults on psych meds (see [www.s](http://www.s)

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Psychosocial  
Drugs Safely  
([www.psychosocialstories.com](http://www.psychosocialstories.com))

. People will say, "Well, that's why they were on meds, there was something wrong with them" or "They weren't taking their meds, therefore they went crazy." Don't

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Psychoactive  
Drugs Safely

believe this  
for a second,  
kids have been  
going through  
all the  
challenges and  
discomforts of  
adolescent  
bullying,  
ostracism  
etc.... since  
the beginning  
of time and it

# Acces PDF How To Get Off

Psychoactive  
Drugs Safely  
wasn't until  
our toxic

health care  
system started  
drugging them  
that they  
started taking  
guns to school  
and initiating  
mass murders.

If you want out  
of the chemical  
prison induced

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Psychoactive  
Drugs Safely  
by psychiatric  
drugs, this

book will show  
you the way.

Use of  
psychotropic  
drugs has come  
to dominate  
clinical  
practice in  
psychiatry worl  
dwide—perhaps  
owing largely

# Acces PDF How To Get Off

Psychoactive  
Drugs Safely

to perceived  
simplicity,  
ease of use,  
and apparent  
efficiency, as  
well as  
apparent cost-  
effectiveness  
of such  
treatments.  
Nevertheless,  
medicinal  
treatments for

# Access PDF How To Get Off

Psychotropic  
Drugs Safely

patients with  
psychiatric  
disorders are  
but one  
component of  
comprehensive  
clinical care  
of complex  
human problems.  
Extensively  
updated since  
its second  
edition in

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Psychoactive  
1985,  
Drugs Safely

Chemotherapy in  
Psychiatry,  
Third Edition,  
again addresses  
basic aspects  
of modern psych  
opharmacology  
and clinical  
applications of  
drugs used in  
the treatment  
of major

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## Psychoactive Drugs Safely

psychiatric disorders, with major emphasis on psychotic, bipolar, and depressive disorders. The presentation covers descriptions of the main classes of psychotropic

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Drugs Safely

drugs, selected  
information  
concerning  
their known  
action  
mechanisms and  
metabolic  
disposition,  
and their  
clinical  
applications  
for acute  
illnesses and

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## Psychoactive Drugs Safely

to prevent recurrences and long-term morbidity. Also covered are limitations and adverse effects of each type of agent, with emphasis on the fact that all psychotropic medicines have

# Acces PDF How To Get Off

Psychoactive  
Drugs Safely

adverse effects  
that range from  
annoying to  
potentially  
lethal.

Chemotherapy in  
Psychiatry,  
Third Edition,  
outlines the  
need to balance  
benefits and  
risks at the  
level of

Acces PDF How  
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Psychoactive  
Drugs Safely  
individual  
persons.

Authoritative,  
and an  
important  
contribution to  
the literature,  
Chemotherapy in  
Psychiatry,  
Third Edition  
is an  
invaluable  
resource for

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Psychoactive  
Drugs Safely  
physicians,  
scientists,

trainees, and  
policymakers.

THE NEW YORK  
TIMES

BESTSELLER As  
seen on The Joe  
Rogan

Experience! A  
groundbreaking  
dive into the  
role

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Psychoactive  
Drugs Safely  
psychedelics

have played in  
the origins of  
Western  
civilization,  
and the real-  
life quest for  
the Holy Grail  
that could  
shake the  
Church to its  
foundations.

**The most**

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Psychoactive  
Drugs Safely  
influential  
religious

historian of  
the 20th  
century, Huston  
Smith, once  
referred to it  
as the "best-  
kept secret" in  
history. Did  
the Ancient  
Greeks use  
drugs to find

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## Psychoactive Drugs Safely

God? And did the earliest Christians inherit the same, secret tradition? A profound knowledge of visionary plants, herbs and fungi passed from one generation to

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Psychoactive  
Drugs Safely

the next, ever  
since the Stone  
Age? There is  
zero  
archaeological  
evidence for  
the original  
Eucharist - the  
sacred wine  
said to  
guarantee life  
after death for  
those who drink

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Psychoactive  
Drugs Safely

the blood of  
Jesus. The Holy  
Grail and its  
miraculous  
contents have  
never been  
found. In the  
absence of any  
hard data,  
whatever  
happened at the  
Last Supper  
remains an

Access PDF How  
To Get Off

Psychoactive  
Drugs Safely  
article of  
faith for

today's 2.5  
billion

Christians. In  
an

unprecedented  
search for

answers, The  
Immortality Key

examines the  
archaic roots  
of the ritual

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Psychoactive  
Drugs Safely

that is  
performed every  
Sunday for  
nearly one  
third of the  
planet.  
Religion and  
science  
converge to  
paint a radical  
picture of  
Christianity's  
founding event.

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## Psychoactive Drugs Safely

And after centuries of debate, to solve history's greatest puzzle. Before the birth of Jesus, the Ancient Greeks found salvation in their own sacraments.

**Sacred**

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Psychoactive  
Drugs Safely

beverages were  
routinely  
consumed as  
part of the so-  
called Ancient  
Mysteries -  
elaborate rites  
that led  
initiates to  
the brink of  
death. The best  
and brightest  
from Athens and

# Acces PDF How To Get Off

Psychoactive  
Drugs Safely

Rome flocked to  
the spiritual  
capital of  
Eleusis, where  
a holy beer  
unleashed  
heavenly  
visions for two  
thousand years.  
Others drank  
the holy wine  
of Dionysus to  
become one with

# Access PDF How To Get Off

## Psychoactive Drugs Safely

the god. In the  
1970s, renegade  
scholars  
claimed this  
beer and wine -  
the original  
sacraments of  
Western  
civilization -  
were spiked  
with mind-  
altering drugs.  
In recent

Acces PDF How  
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Psychoactive  
years,  
Drugs Safely

vindication for  
the disgraced  
theory has been  
quietly  
mounting in the  
laboratory. The  
constantly  
advancing  
fields of  
archaeobotany  
and archaeochem  
istry have

# Access PDF How To Get Off

Psychoactive  
Drugs Safely

hinted at the  
enduring use of  
hallucinogenic  
drinks in  
antiquity. And  
with a single  
dose of  
psilocybin, the  
psychopharmacol  
ogists at Johns  
Hopkins and NYU  
are now turning  
self-proclaimed

# Access PDF How To Get Off

Psychoactive  
Drugs Safely  
atheists into  
instant

believers. But  
the smoking gun  
remains  
elusive. If  
these  
sacraments  
survived for  
thousands of  
years in our  
remote  
prehistory,

Acces PDF How  
To Get Off

Psychoactive  
Drugs Safely  
from the Stone  
Age to the

Ancient Greeks,  
did they also  
survive into  
the age of  
Jesus? Was the  
Eucharist of  
the earliest  
Christians, in  
fact, a  
psychedelic  
Eucharist? With

# Access PDF How To Get Off

an unquenchable  
thirst for

evidence,

Muraresku takes  
the reader on  
his twelve-year  
global hunt for  
proof. He tours  
the ruins of  
Greece with its  
government  
archaeologists.  
He gains access

# Acces PDF How To Get Off

Psychoactive  
Drugs Safely

to the hidden  
collections of  
the Louvre to  
show the  
continuity from  
pagan to  
Christian wine.  
He unravels the  
Ancient Greek  
of the New  
Testament with  
the world's  
most

# Access PDF How To Get Off

Psychoactive  
Drugs Safely  
controversial  
priest. He

spelunks into  
the catacombs  
under the  
streets of Rome  
to decipher the  
lost symbols of  
Christianity's  
oldest  
monuments. He  
breaches the  
secret archives

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To Get Off

Psychoactive  
Drugs Safely  
of the Vatican  
to unearth  
manuscripts  
never before  
translated into  
English. And  
with leads from  
the  
archaeological  
chemists at  
UPenn and MIT,  
he unveils the  
first

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Psychoactive  
Drugs Safely

scientific data  
for the ritual  
use of  
psychedelic  
drugs in  
classical  
antiquity. The  
Immortality Key  
reconstructs  
the suppressed  
history of  
women  
consecrating a

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Psychoactive  
Drugs Safely  
forbidden,  
drugged

Eucharist that  
was later  
banned by the  
Church Fathers.  
Women who were  
then targeted  
as witches  
during the  
Inquisition,  
when Europe's  
sacred

# Access PDF How To Get Off

Psychoactive  
Drugs Safely  
pharmacology  
largely

disappeared. If  
the scientists  
of today have  
resurrected  
this  
technology,  
then  
Christianity is  
in crisis.  
Unless it  
returns to its

Access PDF How  
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Psychoactive  
roots.

Featuring a  
Foreword by  
Graham Hancock,  
the NYT  
bestselling  
author of  
America Before.  
A step-by-step  
manual  
detailing how  
to taper off an  
antidepressant,

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Psychoactive  
Drugs Safely  
antipsychotics,  
benzodiazepines  
and ADHD  
medication.

Includes  
information  
about how to  
eliminate  
current side  
effects as well  
as withdrawal  
side effects.

Over 30,000

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people have now  
used this  
program to  
safely get off  
their  
medication.

Policy,  
Economics and  
Drug Regulation  
The Immortality  
Key  
Green Mental  
Health Care

Acces PDF How  
To Get Off  
Psychoactive  
Mental Health  
Drugs Safely  
Survival Kit  
and Withdrawal  
from  
Psychiatric  
Drugs  
How to Change  
Your Mind  
There Is Hope.  
There Is A  
Solution  
Psychiatry  
Under the

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Psychoactive  
Drugs Safely  
Influence

*Developed by  
experts on  
schizophrenia  
and  
exhaustively  
reviewed by APA  
members, the  
"American  
Psychiatric  
Association  
Practice  
Guideline for*

Acces PDF How  
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Psychoactive  
Drugs Safely

*the Treatment  
of Patients  
With  
Schizophrenia"*  
*provides  
therapists with  
a set of  
patient care  
strategies that  
will aid their  
clinical  
decision  
making. The*

# Access PDF How To Get Off

*Psychoactive  
Drugs Safely*  
**guideline**

**describes the  
best and most  
appropriate  
treatments  
available to  
patients with  
schizophrenia,  
including psych  
opharmacologica  
l treatments,  
ECT, and  
psychosocial**

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To Get Off

*Psychoactive  
Drugs Safely*  
**and community  
interventions.  
It delineates  
the process of  
treatment  
planning and  
identifies  
areas in which  
research may  
improve our  
understanding  
and management  
of this**

# Access PDF How To Get Off

*condition. This  
guideline will  
also help  
managed care  
organizations  
develop more  
scientifically  
based and  
clinically  
sensitive  
criteria for  
the utilization  
and*

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**reimbursement  
of psychiatric  
services. Armed  
with these  
guidelines,  
clinicians can  
improve the  
care of their  
patients with  
schizophrenia  
and enable them  
to lead happier  
and more**

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To Get Off

*productive  
lives.*

*Novel*

*Psychoactive*

*Substances:*

*Classification,*

*Pharmacology*

*and Toxicology*

*provides*

*readers with*

*background on*

*the*

*classification,*

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To Get Off

Psychoactive  
Drugs Safely

*detection,  
supply and  
availability of  
novel  
psychoactive  
substances,  
otherwise known  
as "legal  
highs." This  
book also  
covers  
individual  
classes of*

Acces PDF How  
To Get Off

Psychoactive  
*novel*

Drugs Safely  
*psychoactive*

*substances that  
have recently  
emerged onto  
the*

*recreational  
drug scene and  
provides an  
overview of the  
pharmacology of  
the substance  
followed by a*

Acces PDF How  
To Get Off

*discussion of  
the acute and  
chronic harm or  
toxicity  
associated with  
the substance.  
Written by  
international  
experts in the  
field, this  
multi-authored  
book is a  
valuable*

Access PDF How  
To Get Off

*Psychoactive  
Drugs Safely*  
reference for  
scientists,  
clinicians,  
academics, and  
regulatory and  
law enforcement  
professionals.  
Includes  
chapters  
written by  
international  
experts in the  
field. Provides

# Access PDF How To Get Off

*a comprehensive  
look at the  
classification,  
detection,  
availability  
and supply of  
novel  
psychoactive  
substances, in  
addition to the  
pharmacology  
and toxicology  
associated with*

# Access PDF How To Get Off

*Psychoactive  
Drugs Safely*

*the substance.  
Offers a single  
source for all  
interested  
parties working  
in this area,  
including  
scientists,  
academics,  
clinicians, law  
enforcement and  
regulatory  
agencies.*

# Access PDF How To Get Off

*Provides a full  
treatment of  
novel  
psychoactive  
substances that  
have recently  
emerged onto  
the  
recreational  
drug scene  
including  
mephedrone and  
the synthetic*

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To Get Off

Psychoactive  
Drugs Safely  
cannabinoid  
receptors in

'spice' / 'K2' .

"Here is an

essential

handbook on how

to safely and

more easily

wean yourself

(under medical

supervision)

off heavily

over-prescribed

Acces PDF How  
To Get Off

*psychoactive  
Drugs Safely*  
medications. I

*have used the  
program with my  
patients and it  
works!" Dr.*

*Hyla Cass M.D.*

*Author of*

*Supplement Your  
Prescription*

*The instant New  
York Times*

*bestseller*

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Psychoactive  
Drugs Safely

**"Expert  
storytelling .  
. . [Pollan]  
masterfully  
elevates a  
series of big  
questions about  
drugs, plants  
and humans that  
are likely to  
leave readers  
thinking in new  
ways."**—New York

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Psychoactive  
Drugs Safely

*Times Book  
Review From #1  
New York Times  
bestselling  
author Michael  
Pollan, a  
radical  
challenge to  
how we think  
about drugs,  
and an  
exploration  
into the*

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Psychoactive  
Drugs Safely

*powerful human  
attraction to  
psychoactive  
plants—and the  
equally  
powerful  
taboos. Of all  
the things  
humans rely on  
plants  
for—sustenance,  
beauty,  
medicine,*

# Access PDF How To Get Off

Psychoactive  
Drugs Safely  
*fragrance,*  
*flavor,*

*fiber—surely*

*the most*

*curious is our*

*use of them to*

*change*

*consciousness:*

*to stimulate or*

*calm, fiddle*

*with or*

*completely*

*alter, the*

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*Psychotropic  
Drugs Safely*  
*qualities of  
our mental  
experience.*

*Take coffee and  
tea: People  
around the  
world rely on  
caffeine to  
sharpen their  
minds. But we  
do not usually  
think of  
caffeine as a*

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*Psychoactive  
Drugs Safely*

*drug, or our  
daily use as an  
addiction,  
because it is  
legal and  
socially  
acceptable. So,  
then, what is a  
“drug”? And  
why, for  
example, is  
making tea from  
the leaves of a*

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Drugs Safely

tea plant  
acceptable, but  
making tea from  
a seed head of  
an opium poppy  
a federal  
crime? In This  
Is Your Mind on  
Plants, Michael  
Pollan dives  
deep into three  
plant  
drugs—opium,

Acces PDF How  
To Get Off

*Psychoactive  
Drugs Safely*  
*caffeine, and  
mescaline—and*

*throws the  
fundamental  
strangeness,  
and  
arbitrariness,  
of our thinking  
about them into  
sharp relief.*

*Exploring and  
participating  
in the cultures*

# Access PDF How To Get Off

*that have grown  
up around these  
drugs while  
consuming (or,  
in the case of  
caffeine,  
trying not to  
consume) them,  
Pollan reckons  
with the  
powerful human  
attraction to  
psychoactive*

Acces PDF How  
To Get Off

*plants. Why do  
we go to such  
great lengths  
to seek these  
shifts in  
consciousness,  
and then why do  
we fence that  
universal  
desire with  
laws and  
customs and  
fraught*

Acces PDF How  
To Get Off

Psychoactive  
Drugs Safely  
*feelings? In  
this unique*

*blend of  
history,  
science, and  
memoir, as well  
as*

*participatory  
journalism,  
Pollan examines  
and experiences  
these plants  
from several*

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*Psychoactive  
Drugs Safely*

*very different  
angles and  
contexts, and  
shines a fresh  
light on a  
subject that is  
all too often  
treated  
reductively—as  
a drug, whether  
licit or  
illicit. But  
that is one of*

# Access PDF How To Get Off

Psychoactive  
Drugs Safely  
the least  
interesting

things you can  
say about these  
plants, Pollan  
shows, for when  
we take them  
into our bodies  
and let them  
change our  
minds, we are  
engaging with  
nature in one

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*of the most  
Drugs Safely*

*profound ways  
we can. Based  
in part on an  
essay published  
almost twenty-  
five years ago,  
this  
groundbreaking  
and singular  
consideration  
of psychoactive  
plants, and our*

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Psychoactive  
Drugs Safely

*attraction to  
them through  
time, holds up  
a mirror to our  
fundamental  
human needs and  
aspirations,  
the operations  
of our minds,  
and our  
entanglement  
with the  
natural world.*

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Psychoactive  
Drugs Safely  
*The Use and  
Misuse of*

*Psychiatric  
Drugs*

*Not Crazy*

*How to Get Off*

*Psychiatric*

*Drugs Safely*

*Meyler's Side*

*Effects of*

*Psychiatric*

*Drugs*

*Drugged*

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Psychoactive  
Drugs Safely

*The  
Comprehensive  
Guide  
Psychiatric  
Drug Withdrawal*

Known as the  
"Ralph Nader of  
psychiatry," Peter  
Breggin has been  
the medical expert  
in countless civil  
and criminal cases

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Drugs Safely

involving the use  
or misuse of  
psychoactive  
medications. This  
unusual position  
has given him  
unprecedented  
access to private  
pharmaceutical  
research and  
correspondence  
files, access that

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## Psychoactive Drugs Safely

informs this  
straight-talking  
guide to the most-  
prescribed and  
controversial class  
of psychoactive  
medications  
prescribed for  
children. From how  
these drugs work  
in the brain to  
documented side

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Psychoactive  
Drugs Safely  
and withdrawal  
effects, The Ritalin  
Fact Book is up-to-  
the-minute and  
easy-to-access.

With its  
suggestions for  
non-prescriptive  
ways to treat ADD  
and ADHD, it is  
essential reading  
for every parent

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Psychoactive  
Drugs Safely  
whose child is on  
or who has been  
recommended  
psychoactive  
medication.

Medications for  
everything from  
depression and  
anxiety to ADHD  
and insomnia are  
being prescribed in  
alarming numbers

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Psychoactive  
Drugs Safely

across the country,  
but the "cure" is  
often worse than  
the original  
problem.

Medication

Madness is a  
fascinating,  
frightening, and  
dramatic look at  
the role that  
psychiatric

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Psychoactive  
Drugs, Safely

medications have played in fifty cases of suicide, murder, and other violent, criminal, and bizarre behaviors. As a psychiatrist who believes in holding people responsible for their conduct, the weight of

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Drugs Safely

scientific evidence  
and years of  
clinical experience  
eventually  
convinced Dr.  
Breggin that  
psychiatric drugs  
frequently cause  
individuals to lose  
their judgment and  
their ability to  
control their

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Psychoactive  
Drugs Safely  
emotions and  
actions.

Medication

Madness raises  
and examines the  
issues surrounding  
personal  
responsibility when  
behavior seems  
driven by drug-  
induced adverse  
reactions and

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Psychoactive  
Drugs Safely

intoxication. Dr. Breggin personally evaluated the cases in the book in his role as a treating psychiatrist, consultant or medical expert. He interviewed survivors and witnesses, and

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Psychoactive  
Drugs, Safely

reviewed extensive  
medical,  
occupational,  
educational and  
police records. The  
great majority of  
individuals lived  
exemplary lives  
and committed no  
criminal or bizarre  
actions prior to  
taking the

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Psychoactive  
Drugs Safely  
psychiatric  
medications.

Medication

Madness reads like a medical thriller, true crime story, and courtroom drama; but it is firmly based in the latest scientific research and dozens of

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Psychoactive  
Drugs Safely

case studies. The  
lives of the

children and adults  
in these stories, as  
well as the lives of  
their families and  
their victims, were  
thrown into turmoil  
and sometimes  
destroyed by the  
unanticipated  
effects of

## Access PDF How To Get Off

Psychotropic  
Drugs Safely  
psychiatric drugs.

In some cases our  
entire society was  
transformed by the  
tragic outcomes.

Many categories of  
psychiatric drugs  
can cause  
potentially  
horrendous  
reactions. Prozac,  
Paxil, Zoloft,

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### Psychoactive Drugs Safely

Adderall, Ritalin,  
Concerta, Xanax,  
lithium, Zyprexa  
and other  
psychiatric  
medications may  
spellbind patients  
into believing they  
are improved when  
too often they are  
becoming worse.  
Psychiatric drugs

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### Psychoactive Drugs Safely

drive some people into psychosis, mania, depression, suicide, agitation, compulsive violence and loss of self-control without the individuals realizing that their medications have deformed their way

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of thinking and  
feeling. This book  
documents how  
the FDA, the  
medical  
establishment and  
the pharmaceutical  
industry have over-  
sold the value of  
psychiatric drugs.  
It serves as a  
cautionary tale

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Psychoactive  
Drugs Safely

about our reliance  
on potentially  
dangerous  
psychoactive  
chemicals to  
relieve our  
emotional  
problems and  
provides a positive  
approach to taking  
personal charge of  
our lives.

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Psychoactive  
Drugs Safely

The world-wide  
first book about  
the issue

"Successful  
coming down from  
psychiatric drugs"  
primarily  
addresses treated  
people who want  
to withdraw on  
their own decision.  
It also addresses

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## Psychoactive Drugs Safely

their relatives and therapists. Millions of people are taking psychiatric drugs, for example:

Haloperidol,  
Prozac,  
Risperidone or  
Zyprexa. For them,  
detailed accounts  
of how others

# Access PDF How To Get Off

Psychoactive  
Drugs Safely  
came off these  
substances

without ending up  
once again in the  
doctor's office are  
of fundamental  
interest. In this  
manual, 25 former  
psychiatric patients  
from Australia,  
Austria, England,  
Germany,

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## Psychoactive Drugs Safely

Hungary, Ireland, Japan, the Netherlands, New Zealand, Sweden, Switzerland and the USA - and for the first time, a relative - write about their experiences with withdrawal.

Additionally, ten

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Drugs Safely

professionals,  
working in

psychotherapy,  
medicine,  
psychiatry, social  
work, natural  
healing, on the  
Internet and even  
in a runaway-  
house, report on  
how they helped in  
the withdrawal

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Psychoactive  
Drugs Safely  
process. Prefaces  
by Judi

Chamberlin, Pirkko  
Lahti, Loren R.  
Mosher and Peter  
Lehmann

"The unwanted  
effects of  
medications used  
in psychiatry can  
adversely affect a  
treatment plan.

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## Psychoactive Drugs Safely

This volume will be critical in helping psychiatrists and mental health professionals assess the adverse effects of drugs such as antidepressants, mood stabilizers, hypnotosedatives, and antipsychotic

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drugs." "This book  
summarizes the  
adverse effects of  
a large range of  
Psychiatric drugs.  
The material is  
drawn from the  
15th edition of the  
internationally  
renowned  
encyclopedia,  
Meyler's Side

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Effects of Drugs:  
The Encyclopedia  
of Adverse Drug  
Reactions and  
Interactions, and  
the latest volumes  
in the companion  
series, Side  
Effects of Drugs  
Annuals." --Book  
Jacket.

Lithium in

*Page 117/312*

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Drugs Safely  
Neuropsychiatry  
The American

Psychiatric  
Association  
Practice

Guidelines for the  
Psychiatric  
Evaluation of  
Adults, Third  
Edition

Prescribing  
Gender in the Era

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Drugs Safely  
of Wonder Drugs  
Chemotherapy in  
Psychiatry

The Secret History  
of the Religion with  
No Name

The Road Back  
Program

The Ritalin Fact  
Book

**Since the  
publication of the**

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Drugs Safety  
**Institute of  
Medicine (IOM)**

**report Clinical  
Practice Guidelines  
We Can Trust in  
2011, there has  
been an increasing  
emphasis on  
assuring that  
clinical practice  
guidelines are  
trustworthy,  
developed in a  
transparent**

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Drugs Safety

**fashion, and based  
on a systematic  
review of the  
available research  
evidence. To align  
with the IOM  
recommendations  
and to meet the  
new requirements  
for inclusion of a  
guideline in the  
National  
Guidelines  
Clearinghouse of**

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Drugs Safely  
**the Agency for  
Healthcare**

**Research and  
Quality (AHRQ),  
American**

**Psychiatric  
Association (APA)  
has adopted a new  
process for  
practice guideline  
development.**

**Under this new  
process APA's  
practice guidelines**

**also seek to provide better clinical utility and usability. Rather than a broad overview of treatment for a disorder, new practice guidelines focus on a set of discrete clinical questions of relevance to an overarching**

**subject area. A systematic review of evidence is conducted to address these clinical questions and involves a detailed assessment of individual studies. The quality of the overall body of evidence is also rated and is**

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**summarized in the  
practice guideline.  
With the new  
process,  
recommendations  
are determined by  
weighing potential  
benefits and harms  
of an intervention  
in a specific  
clinical context.  
Clear, concise, and  
actionable  
recommendation**

Psychoactive  
Drugs Safely  
**statements help  
clinicians to**

**incorporate  
recommendations  
into clinical  
practice, with the  
goal of improving  
quality of care. The  
new practice  
guideline format is  
also designed to be  
more user friendly  
by dividing  
information into**

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**modules on  
specific clinical  
questions. Each  
module has a  
consistent  
organization,  
which will assist  
users in finding  
clinically useful  
and relevant  
information  
quickly and easily.  
This new edition of  
the practice**

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**guidelines on  
psychiatric  
evaluation for  
adults is the first  
set of the APA's  
guidelines  
developed under  
the new guideline  
development  
process. These  
guidelines address  
the following nine  
topics, in the  
context of an**

Acces PDF How  
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**initial psychiatric  
evaluation: review  
of psychiatric  
symptoms, trauma  
history, and  
treatment history;  
substance use  
assessment;  
assessment of  
suicide risk;  
assessment for risk  
of aggressive  
behaviors;  
assessment of**

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**cultural factors;  
assessment of  
medical health;  
quantitative  
assessment;  
involvement of the  
patient in  
treatment decision  
making; and  
documentation of  
the psychiatric  
evaluation. Each  
guideline  
recommends or**

**suggests topics to include during an initial psychiatric evaluation.**

**Findings from an expert opinion survey have also been taken into consideration in making recommendations or suggestions. In addition to reviewing the**

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Drugs Safety

**available evidence  
on psychiatry  
evaluation, each  
guideline also  
provides guidance  
to clinicians on  
implementing  
these  
recommendations  
to enhance patient  
care.**

**Pills replaced the  
couch;  
neuroscience took**

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Drugs Safety

**the place of talk  
therapy; and as  
psychoanalysis  
faded from the  
scene, so did the  
castrating mothers  
and hysteric  
spinsters of  
Freudian theory.  
Or so the story  
goes. In Prozac on  
the Couch,  
psychiatrist  
Jonathan Michel**

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Psychoactive  
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**Metzl boldly challenges recent psychiatric history, showing that there's a lot of Dr. Freud encapsulated in late-twentieth-century psychotropic medications. Providing a cultural history of treatments for**

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Drugs Safely

**depression,  
anxiety, and other  
mental illnesses  
through a look at  
the professional  
and popular  
reception of three  
“wonder  
drugs”—Miltown,  
Valium, and  
Prozac—Metzl  
explains the  
surprising ways  
Freudian gender**

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Drugs Safely

**categories and popular gender roles have shaped understandings of these drugs.**

**Prozac on the Couch traces the notion of “pills for everyday worries” from the 1950s to the early twenty-first century, through psychiatric and**

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Drugs Safety

**medical journals,  
popular magazine  
articles,  
pharmaceutical  
advertisements,  
and popular  
autobiographical  
"Prozac  
narratives." Metzl  
shows how clinical  
and popular talk  
about these  
medications often  
reproduces all the**

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Drugs Safely

**cultural and social  
baggage associated  
with  
psychoanalytic par  
adigms—whether  
in a 1956  
Cosmopolitan  
article about  
research into  
tranquilizers to  
“cure” frigid  
women; a 1970s  
American Journal  
of Psychiatry ad**

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Drugs Safely

**introducing Jan, a  
lesbian who  
“needs” Valium to  
find a man; or  
Peter Kramer’s  
description of how  
his patient “Mrs.  
Prozac” meets her  
husband after  
beginning  
treatment. Prozac  
on the Couch  
locates the origins  
of psychiatry’s**

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Drugs Safely

**“biological revolution” not in the Valiumania of the 1970s but in American popular culture of the 1950s. It was in the 1950s, Metzler points out, that traditional psychoanalysis had the most sway over the American imagination. As the**

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Drugs Safely

**number of Miltown  
prescriptions  
soared (reaching  
35 million, or  
nearly one per  
second, in 1957),  
advertisements  
featuring uncertain  
brides and  
unfaithful wives  
miraculously cured  
by the “new”  
psychiatric  
medicines filled**

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Drugs Safely

**popular magazines. Metzl writes without nostalgia for the bygone days of Freudian psychoanalysis and without contempt for psychotropic drugs, which he himself regularly prescribes to his patients. What he urges is an increased self-**

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Drugs Safely

**awareness within  
the psychiatric  
community of the  
ways that Freudian  
ideas about gender  
are entangled in  
Prozac and each  
new generation of  
wonder drugs. He  
encourages, too, an  
understanding of  
how ideas about  
psychotropic  
medications have**

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Drugs Safely

**suffused popular  
culture and**

**profoundly altered  
the relationship  
between doctors  
and patients.**

**This new edition of  
a bestselling,  
evidence-based  
textbook provides a  
comprehensive  
overview of  
psychiatric and  
mental health**

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**Psychoactive  
Drugs Safely**  
**nursing. Keeping  
service users and  
their recovery at  
the centre of care,  
the holistic  
approach will help  
nurses to gain the  
tools and  
understanding  
required to work in  
this complex area.  
Extensively  
updated for this  
new edition, the**

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**text looks at:**

**Aspects of mental health nursing: covering topics such as ethics, developing therapeutic relationships and supervision. The foundations of mental health nursing: discussing diagnosis, assessment and**

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**risk. Caring for those experiencing mental health distress: looking at wide range of troubles including anxiety, bipolar disorder, eating disorders and issues around sexuality and gender. Care planning and approaches to**

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Drugs Safely

**therapeutic  
practice: exploring  
ideas, pathways  
and treatments  
such as recovery,  
CBT,  
psychodynamic  
therapies and psyc  
hopharmacology.  
Services and  
support for those  
with mental health  
distress: covering  
topics such as**

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Psychosocial  
Drugs Safely

**collaborative work,  
involvement of  
service users and  
their families and  
carers, and a range  
of different mental  
healthcare  
settings. Mental  
health nursing in  
the twenty-first  
century:  
highlighting  
emerging and  
future trends**

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**including the political landscape, physical health and health promotion, and technological advances. This accessible and comprehensive textbook integrates service user perspectives throughout and includes student-friendly features**

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**such as learning  
outcomes, key  
points summaries,  
reflection points  
and further  
reading sections. It  
is an essential  
resource for all  
mental health  
nursing students,  
as well as an  
invaluable  
reference for  
practising nurses.**

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**Psychoactive  
Drugs Safely**

**This book can help people with mental health issues to survive and return to a normal life. Citizens believe, and the science shows, that medications for depression and psychosis and admission to a psychiatric ward are more often**

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Psychoactive  
Drugs Safely  
**harmful than  
beneficial. Yet**

**most patients take  
psychiatric drugs  
for years. Doctors  
have made  
hundreds of  
millions of patients  
dependent on  
psychiatric drugs  
without knowing  
how to help them  
taper off the drugs  
safely, which can**

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Psychoactive  
Drugs Safely

**be very difficult.  
The book explains  
in detail how  
harmful  
psychiatric drugs  
are and gives  
detailed advice  
about how to come  
off them. You will  
learn: • why you  
should not see a  
psychiatrist if you  
have a mental  
health issue • that**

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Psychoactive  
Drugs Safely

**psychiatric drugs  
are addictive • that  
the biggest lie in  
psychiatry is the  
one about a  
chemical  
imbalance being  
the cause of  
psychiatric  
disorders • that  
psychiatric  
diagnoses are  
unscientific and  
that doctors**

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To Get Off

Psychoactive  
Drugs Safely

**disagree widely  
when making  
diagnoses • that  
psychiatric drugs  
can lead to  
permanent brain  
damage • that  
psychiatric drugs  
should never be  
stopped abruptly  
because  
withdrawal  
reactions can be  
dangerous • why**

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Drugs Safely

**psychotherapy and  
other psychosocial  
interventions  
should be  
preferred over  
drugs • why you  
should generally  
not believe what  
doctors tell you  
about psychiatric  
disorders and their  
treatment • why  
volunteers have  
found the book so**

Acces PDF How  
To Get Off

Psychoactive  
Drugs Safely  
**important that  
they have**

**translated it into  
French, Portuguese  
and Spanish "Peter  
Gøtzsche has  
written a very  
personal account  
of his battle to get  
the institution of  
psychiatry to  
accept that its  
drugs are not the  
'magic pills' they**

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Psychoactive  
Drugs Safety  
are made out to be.

**Every medical practitioner who prescribes them, and every person who takes them, should read this book and be warned." -- Niall McLaren, author of Anxiety: The Inside Story "Peter Gøtzsche's new book meets**

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patients' need to  
get tools on how to  
deal with  
psychoactive drugs  
and, above all, not  
to start them.  
Gøtzsche is very  
clear about the  
role of GPs in  
medicalizing grief,  
misfortune,  
opposition, and  
bad luck. In this he  
finds the American

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emeritus professor  
of psychiatry and  
chairman of the  
DSM-III  
committee, Allen  
Frances, at his  
side. Both  
Gøtzsche and  
Frances have  
repeatedly stated  
that psychoactive  
drugs should not  
be prescribed by  
GPs because they

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Psychoactive  
Drugs Safely  
**lack experience in  
their use. And**

**above all,  
unhappiness, grief,  
and bad luck are  
not signs of brain  
disorders, they  
belong to daily  
life." Additionally,  
Gøtzsche reveals  
that most  
psychoactive drugs  
do not work - 'they  
might only achieve**

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Psychoactive  
Drugs Safely

**statistically  
significant  
differences  
compared to  
placebo, but that's  
not what patients  
need.'" -- Dick Bijl,  
former GP,  
epidemiologist,  
and current  
president of the  
International  
Society of Drug  
Bulletins. "Peter C.**

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Psychoactive  
Drugs Safely

**Gøtzsche wrote this book to help people with mental health problems survive and return to a normal life. His book explains in detail how psychiatric drugs are harmful and people are told how they can safely withdraw from them. It also**

Acces PDF How  
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Psychoactive  
Drugs Safely

**advises on how  
people with mental  
health problems  
can avoid making a  
'career' as a  
psychiatric patient  
and losing 10 or 15  
years of their life  
to psychiatry. You  
will find precious  
material to help  
plan and  
accompany this  
process of**

Acces PDF How  
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Psychoactive  
Drugs Safely  
**liberation from  
psychiatry."**

**Fernando Freitas,  
PhD, Psychologist,  
Full Professor and  
Researcher at the  
National School of  
Public Health  
(ENSP/FIOCRUZ).  
Co-editor of Mad in  
Brazil "In this  
work, addressed to  
people affected by  
the risk of being**

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Psychoactive  
Drugs Safety

**caught in the  
system of attention  
to mental health  
issues, Dr.**

**Gøtzsche  
succinctly exposes,  
without beating  
about the bush, the  
damage caused by  
psychiatric  
medications,  
demonstrates that  
their widespread  
use is not based on**

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**Psychoactive  
Drugs Safety**

**evidence, which is  
mainly driven by  
commercial  
pressures that have  
nothing to do with  
the recovery of  
patients, and  
present safe ways  
to dispose of them,  
always gradually  
and under  
supervision of  
trustworthy people  
to minimize the**

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Drugs Safely

**syndrome of  
abstinence and  
successfully  
overcome all the  
difficulties that the  
process involves."**

**-- Enric García  
Torrents, writing  
for Mad in Spain  
Learn more at [www  
.scientificfreedom.  
dk](http://www.scientificfreedom.dk) From the  
Institute for  
Scientific Freedom**

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Psychoactive  
Drugs Safely  
**An Evidence-Based  
Critique**

**The Antidepressant  
Solution**

**Anatomy of an  
Epidemic**

**A Guide for  
Prescribers,**

**Therapists,**

**Patients and Their  
Families**

**Neuroscience of  
Psychoactive**

**Substance Use and**

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Psychoactive  
**Dependence**  
Drugs Safely

**Successful  
Withdrawal from  
Neuroleptics,  
Antidepressants,  
Mood Stabilizers,  
Ritalin and  
Tranquilizers**

*In light of the recent  
emergence of Novel  
Psychoactive  
Substances (NPS) on*

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*Psychoactive  
Drugs Safely*  
*a global scale, this  
book provides a  
timely analysis of  
the social and  
economic impact of  
the NPS*

*phenomenon, and of  
the global policy and  
regulatory responses  
to it. It presents the  
first comprehensive  
overview of the*

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Psychoactive  
*international  
Drugs Safety  
regulation, policy  
and market*

*structure of the NPS  
phenomenon,  
offering a guide to  
inform legislative  
discussions and  
demonstrating from  
a comparative  
perspective the  
different*

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Psychoactive  
Drugs Safely  
*approaches used to  
address the rise of*

*NPS to date. It  
covers topics such as  
organized crime,  
drug markets,  
clinical evidence on  
NPS, and different  
regulatory  
approaches also in  
less explored settings  
such as prisons and*

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Psychoactive  
Drugs Safely  
*sport environments.*

*Overall, this highly  
informative and  
well-structured  
repository of  
different  
experiences with  
NPS policy, law and  
regulation offers an  
essential primary  
source of evidence  
for anyone*

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*interested in the  
area of drug and  
NPS policy, health  
economics and p  
ublic health.*

***IN THIS STIRRING  
AND***

***BEAUTIFULLY  
WRITTEN WAKE-  
UP CALL,***

***psychiatrist Daniel  
Carlat exposes***

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*Psychoactive  
Drugs Safely*  
*deeply disturbing  
problems plaguing  
his profession,  
revealing the ways it  
has abandoned its  
essential purpose: to  
understand the  
mind, so that  
psychiatrists can  
heal mental illness  
and not just treat  
symptoms. As he did*

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*Psychoactive  
Drugs Safely*  
*in his hard-hitting  
and widely read New  
York Times  
Magazine article  
"Dr. Drug Rep,"  
and as he continues  
to do in his popular  
watchdog newsletter,  
The Carlat  
Psychiatry Report,  
he writes with  
bracing honesty*

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Drugs Safely

*about how  
psychiatry has so  
largely forsaken the  
practice of talk  
therapy for the  
seductive—and  
more  
lucrative—practice  
of simply  
prescribing drugs,  
with a host of deeply  
troubling*

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Psychoactive  
*consequences.*

*Psychiatrists have  
settled for treating  
symptoms rather  
than causes,  
embracing the  
apparent medical  
rigor of DSM  
diagnoses and  
prescription in place  
of learning the more  
challenging craft of*

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Psychoactive  
*therapeutic*  
Drugs Safely

*counseling, gaining  
only limited*

*understanding of  
their patients' lives.*

*Talk therapy takes  
time, whereas the*

*fifteen-minute*

*"med check" allows  
for more patients*

*and more insurance  
company*

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To Get Off

*reimbursement. Yet  
DSM diagnoses, he  
shows, are premised  
on a good deal less  
science than we  
would think.*

*Writing from an  
insider's perspective,  
with refreshing  
forthrightness about  
his own daily  
struggles as a*

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Psychoactive  
Drugs Safely  
*practitioner, Dr.*

*Carlat shares a  
wealth of stories  
from his own  
practice and those  
of others that  
demonstrate the  
glaring  
shortcomings of the  
standard fifteen-  
minute patient visit.  
He also reveals the*

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Drugs Safely

*dangers of rampant  
diagnoses of bipolar  
disorder, ADHD,  
and other "popular"  
psychiatric  
disorders, and  
exposes the risks of  
the cocktails of  
medications so many  
patients are put on.  
Especially  
disturbing are the*

Acces PDF How  
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Psychoactive

*terrible*

Drugs Safely

*consequences of*

*overprescription of  
drugs to children of  
ever younger ages.*

*Taking us on a tour  
of the world of  
pharmaceutical  
marketing, he also  
reveals the inner  
workings of  
collusion between*

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To Get Off

Psychoactive  
Drugs Safely  
*psychiatrists and  
drug companies.*

*Concluding with a  
road map for  
exactly how the  
profession should be  
reformed, Unhinged  
is vital reading for  
all those in  
treatment or  
considering it, as  
well as a stirring*

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To Get Off

*Psychoactive  
Drugs Safely*  
*call to action for the  
large community of  
psychiatrists  
themselves. As  
physicians and drug  
companies continue  
to work together in  
disquieting and  
harmful ways, and  
as diagnoses—and  
misdiagnoses—of  
mental disorders*

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Psychoactive  
Drugs Safely

*skyrocket, it's  
essential that Dr.*

*Carlat's bold call  
for reform is  
heeded.*

*"A well-founded  
and presented  
description of the  
integral role that  
psychoactive  
substances played in  
ancient societies. . . .*

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To Get Off

Psychoactive  
Drugs Safely

*A unique addition to  
ancient history*

*collections."--Choic*

*e "Very*

*informative, well*

*referenced, and well*

*illustrated."--Latin*

*American Antiquity*

*"This well-*

*researched and*

*fascinating volume*

*not only*

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To Get Off

*demonstrates the  
important cultural  
role of psychoactive  
substances in  
ancient societies but  
also points the way  
to an emerging  
research field. The  
unveiling of the past  
history of drug use  
becomes a lesson for  
present-day*

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Drugs Safely

*society."--Jan G.  
Bruhn, founding  
editor, Journal of  
Ethnopharmacology  
"Presents a broad  
overview of drug  
plants and  
fermented beverages  
by using  
anthropological,  
ethnological,  
archaeological,*

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Psychoactive  
Drugs Safely

*iconographic,  
chemical, and  
botanical  
approaches.*

*Essential*

*reading."--Elisa*

*Guerra Doce, author  
of Drugs in*

*Prehistory:*

*Archaeological*

*Evidence of the Use*

*of Psychoactive*

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Drugs Safely

*Substances in  
Europe Mind-  
altering substances  
have been used by  
humans for  
thousands of years.  
In fact, ancient  
societies sometimes  
encouraged the  
consumption of  
drugs. Focusing on  
the archaeological*

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*study of how various  
entheogens have  
been used in the  
past, this volume  
examines why  
humans have social  
and psychological  
needs for these  
substances.*

*Contributors trace  
the long-term use of  
drugs in ancient*

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Drugs Safely

*cultures and highlight the ways they evolved from being sacred to recreational in more modern times. By analyzing evidence of these substances across a diverse range of ancient cultures, the contributors explore*

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Drugs Safely

*how and why past  
civilizations*

*harvested,  
manufactured, and  
consumed drugs.*

*Case studies  
examine the use of  
stimulants,  
narcotics, and  
depressants by  
hunter-gatherers  
who roamed Africa*

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*and Eurasia,*

*prehistoric*

*communities in*

*North and South*

*America, and Maya*

*kings and queens.*

*Offering*

*perspectives from*

*many different*

*fields of study,*

*contributors*

*illustrate the wide*

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Drugs Safely

*variety of sources  
and techniques that  
can provide  
information about  
materials that are  
often invisible to  
archaeologists. They  
use advanced  
biomolecular  
procedures to  
identify alkaloids  
and resins on cups,*

*Psychoactive  
Drugs Safely*  
*pipes, and other  
artifacts. They*

*interpret paintings  
on vases and discuss  
excavations of  
breweries and  
similar sites.*

*Uncovering signs of  
drugs, including  
ayahuasca, peyote,  
ephedra, cannabis,  
tobacco, yaupon,*

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*Psychoactive  
Drugs Safely*  
*vilca, and maize and  
molle beer, they  
explain how  
psychoactive  
substances were  
integral to  
interpersonal  
relationships,  
religious practices,  
and social cohesion  
in antiquity. Scott  
M. Fitzpatrick,*

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*professor of  
archaeology at the  
University of  
Oregon, is coeditor  
of Island Shores,  
Distant Pasts:  
Archaeological and  
Biological  
Approaches to the  
Pre-Columbian  
Settlement of the  
Caribbean.*

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***Zuzana Chovanec |***

***Jennifer A. Loughm***

***iller-Newman |***

***Justin Jennings |***

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*Daniel M. Seinfeld |  
Shannon*

*Tushingham | Scott  
M. Fitzpatrick*

*With relatable  
clinical vignettes  
that illustrate the  
applicability of each  
chapter's content, as  
well as key chapter  
points that  
summarize major*

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Psychoactive  
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*themes, Marijuana  
and Mental Health*

*is the definitive,  
single source of  
comprehensive  
information on  
marijuana and  
mental health in  
modern American  
society. Balanced,  
focused, and highly  
readable, chapters*

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*address topics such  
as the effects of  
marijuana on the  
brain and mind,  
marijuana-related  
policy and  
legislation, the  
complex link  
between marijuana  
use and psychotic  
disorders, synthetic  
cannabinoids, and*

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Psychoactive  
Drugs Safely  
*the treatment and  
prevention of*

*marijuana misuse.*

*Beyond offering  
clinical and  
research*

*psychiatrists,  
psychiatric residents  
and fellows, clinical  
psychologists, and  
psychiatric nurses a  
comprehensive but*

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*Psychoactive  
Drugs Safely*  
***concise compilation  
of research in this  
area, this reference  
informs clinical  
mental health  
practice as well as  
policy decisions by  
articulating the  
connection between  
marijuana and  
mental health,  
particularly in the***

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*United States.*

*You May Not Be*

*Mentally Ill*

*A User's Guide*

*There Is Hope.*

*There Is a Solution.*

*Faithful Recovery  
for the Spiritually*

*Inclined*

*Medication Madness*

*Prozac on the Couch*

*Classification,*

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***Pharmacology and  
Toxicology***

**Psychiatry today is  
not as advertised, as  
bestselling author  
Charles Whitfield  
describes in this  
scientifically  
accurate new book.  
It exposes the pseudo  
science behind  
modern biological**

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**psychiatry that  
misdiagnoses people  
who have painful  
emotional,  
psychological and  
behavioral symptoms  
as being mentally ill  
and then mistreats  
them with toxic  
psychiatric drugs  
that don t work well  
or make them worse.  
Dr Whitfield blows**

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Drugs Safely

**the whistle on and names the culprits that promote bio- psychiatry for profit and control and explains why and how to avoid their mind- and body- manipulations. Most of these culprits are the Bigs, which include Big Pharma, Big Government, Big**

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**Insurance, Big  
Academia and Big  
Professional groups  
(as the American  
Psychiatric  
Association,  
American Medical  
Association and the  
National Alliance on  
Mental Illness). Each  
of the Bigs promotes  
and supports the  
misdiagnosis and**

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**mistreatment of  
what they call mental  
illness, which Dr  
Whitfield documents  
is instead the painful  
effects of repeated  
childhood and later  
trauma, which he  
explains in some  
detail. Throughout  
he describes how this  
major problem has  
developed and how**

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Drugs Safely  
**to heal from it.**

**Any person with a religious belief or spiritual belief will benefit from this book. When you are looking for truth and want solutions to psychoactive medication withdrawal and an effective way to stop the side effects, this**

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Psychoactive  
Drugs Safely  
**book is a must.**

**Psychiatry Under the  
Influence**

**investigates the  
actions and practices  
of the American  
Psychiatric  
Association and  
academic psychiatry  
in the United States,  
and presents it as a  
case study of  
institutional**

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Psychoactive  
**corruption.**

**This version is now  
out of print. An  
edition with e-book  
is available under  
ISBN**

**97880702041365.**

**Psychiatric Drugs  
Explained contains a  
clear and  
comprehensive guide  
to the uses, benefits  
and impact of**

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Drugs Safely  
**psychotropic drugs.**

**It explains how  
people taking the  
drugs experience  
their side effects  
compared to the  
benefits they may  
bring. The fifth  
edition has been  
fully revised and  
updated to include  
the latest thinking on  
the rationale for**

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**drug treatments to  
help mental health  
professionals and  
service users  
understand  
therapeutic decision  
making. \* Organized  
by disorder \*  
Comprehensive  
review of drug  
effects, action and  
side-effects \* 'User  
issues' boxes to**

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Drugs Safely  
**highlight particular  
problems**

**experienced \***

**Website addresses to  
allow searching for  
further information**

**\* Questionnaires to  
help assess side  
effects Information**

**on: \* New**

**antipsychotic drugs  
and metabolic**

**complications \* New**

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antidepressants \*

Drugs Safely  
How drugs and

therapies such as

cognitive

behavioural therapy

interact and compete

\* Drugs that affect

sexual functioning \*

Evidence-based

medicine

A Straight Talking

Introduction to

Psychiatric Drugs

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Drugs Safely

**The Trouble with  
Psychiatry - A  
Doctor's Revelations  
about a Profession in  
Crisis**

**A Step-by-Step  
Guide to Safely  
Overcoming  
Antidepressant  
Withdrawal,  
Dependence, and  
"Addiction"**

**A Psychiatrist**

*Page 221/312*

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**Exposes the Dangers  
of Mood-Altering  
Medications  
Novel Psychoactive  
Substances  
How to Get Off  
Psychoactive Drugs  
Safely  
Coming Off  
Psychiatric Drugs  
With the FDA's  
warning that**

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antidepressants may cause agitation, anxiety, hostility, and even violent or suicidal tendencies, these medications are at the forefront of national legal news. Harvard physician Joseph Glenmullen has led the charge to warn

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the public that antidepressants are overprescribed, underregulated, and, especially, misunderstood in their side and withdrawal effects. Now he offers a solution! More than twenty million Americans --

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including over one million teens and children -- take one of today's popular antidepressants, such as Paxil, Zoloft, or Effexor. Dr. Glenmullen recognizes the many benefits of antidepressants and prescribes them to

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his patients, but he is also committed to warning the public of the dangers associated with overprescription. Dr. Glenmullen's last book, Prozac Backlash, sounded the alarm about possible dangers.

The Antidepressant

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Solution provides the remedy. It is the first book to call attention to the drugs' catch-22: Although many people are ready to go off these drugs, they continue to take them because either the patient or the doctor mistakes

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antidepressant  
withdrawal for  
depressive relapse.

The Antidepressant  
Solution offers an  
easy, step-by-step  
guide for patients  
and their doctors.

Written by the  
premier authority in  
the field, The  
Antidepressant

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## Psychoactive Drugs Safely

Solution is an invaluable book for all those concerned with going through the process -- from friends and family members to doctors and patients themselves.

From the author of  
Toxic Psychiatry and  
Talking Back to

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Prozac: "Peter Breggin is the conscience of American psychiatry. Once more he updates us on the real evidence with respect to the safety and effectiveness of specific psychiatric medications and

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ECT. This information is needed by all mental health professionals, as well as patients and families."

--Bertram Karon,  
Ph.D., Professor of  
Psychology,  
Michigan State  
University, Author  
of The

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## Psychoactive Drugs Safely Psychotherapy of Schizophrenia

"Nowhere does false medical thinking do more harm than in the modern psychiatric argument that mental illness is easily diagnosed and then cured by a side-effect free drug. Nowhere is the

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correct psychiatric  
thinking more  
evident than in the  
books by Peter  
Breggin."-- William  
Glasser, MD,  
psychiatrist, author  
of Reality Therapy  
In Brain Disabling  
Treatments in  
Psychiatry,  
renowned

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Psychosocial  
Drugs Safely  
psychiatrist Peter R.  
Breggin, M.D.,

presents startling  
scientific research on  
the dangerous  
behavioral  
abnormalities and  
brain dysfunctions  
produced by the  
most widely used  
and newest  
psychiatric drugs

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Psychoactive  
Drugs Safely  
such as Prozac,  
Paxil, Zoloft,

Cymbalta, Effexor,  
Xanax, Ativan,  
Ritalin, Adderall,  
Concerta, Strattera,  
Risperdal, Zyprexa,  
Geodon, Abilify,  
lithium and  
Depakote. Many of  
Breggin's earlier  
findings have

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improved clinical practice, led to legal victories against drug companies, and resulted in FDA-mandated changes in what the manufacturers must admit about their drugs. Yet reliance on these drugs has continued to escalate

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in the last decade,  
and drug company  
interests have  
overwhelmed  
psychiatric practice.  
This greatly  
expanded second  
edition, supported by  
the latest evidence-  
based research,  
shows that  
psychiatric drugs

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achieve their primary or essential effect by causing brain dysfunction, and that they tend to do far more harm than good. New scientific analyses in this completely updated edition include: Chapters covering every new

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Drugs Safely  
antidepressant and  
stimulant drug

Twenty new  
guidelines for how  
to conduct non-drug  
therapy A chapter  
describing how to  
safely withdraw  
from psychiatric  
drugs A discussion  
of "medication  
spellbinding,"

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explaining how  
patients fail to  
appreciate their drug-  
induced mental  
dysfunctions

Documentation of  
how the drug  
companies control  
research and the  
flow of information  
about psychiatric  
treatments

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□ Pollan keeps you  
turning the pages . . .

clear-eyed and

assured. □ □ New York

Times A #1 New

York Times

Bestseller, New

York Times Book

Review 10 Best

Books of 2018, and

New York Times

Notable Book A

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brilliant and brave  
investigation into the  
medical and  
scientific revolution  
taking place around  
psychedelic  
drugs--and the  
spellbinding story of  
his own life-  
changing  
psychedelic  
experiences When

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Michael Pollan set out to research how LSD and psilocybin (the active ingredient in magic mushrooms) are being used to provide relief to people suffering from difficult-to-treat conditions such as depression,

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addiction and anxiety, he did not intend to write what is undoubtedly his most personal book. But upon discovering how these remarkable substances are improving the lives not only of the mentally ill but also

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of healthy people coming to grips with the challenges of everyday life, he decided to explore the landscape of the mind in the first person as well as the third. Thus began a singular adventure into various altered states of

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consciousness, along with a dive deep into both the latest brain science and the thriving underground community of psychedelic therapists. Pollan sifts the historical record to separate the truth about these

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mysterious drugs  
from the myths that  
have surrounded  
them since the  
1960s, when a  
handful of  
psychedelic  
evangelists  
inadvertently  
catalyzed a powerful  
backlash against  
what was then a

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promising field of  
research. A unique  
and elegant blend of  
science, memoir,  
travel writing,  
history, and  
medicine, *How to  
Change Your Mind*  
is a triumph of  
participatory  
journalism. By turns  
dazzling and

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edifying, it is the gripping account of a journey to an exciting and unexpected new frontier in our understanding of the mind, the self, and our place in the world. The true subject of Pollan's "mental travelogue"

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is not just  
psychedelic drugs  
but also the eternal  
puzzle of human  
consciousness and  
how, in a world that  
offers us both  
suffering and joy, we  
can do our best to be  
fully present and  
find meaning in our  
lives.

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"Since 1999, The Road Back Program, How to Get Off Psychiatric Drugs Safely, has helped tens of thousands of people successfully taper off their psychoactive medications. The Road Back Program is simple, effective,

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and extremely  
powerful: when  
applied correctly.

You, too, can have  
resounding success  
in getting off your  
medication and  
getting your life  
back."--Back cover.

Harm Reduction  
Guide to Coming  
Off Psychiatric

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Drugs  
Ancient  
Drugs Safely

Psychoactive  
Substances

This Is Your Mind  
on Plants

Practice Guideline  
for the Treatment of  
Patients with  
Schizophrenia

Institutional  
Corruption, Social

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Psychoactive  
Drugs Safely  
Injury, and  
Prescriptions for  
Reform

Successful  
withdrawal from  
neuroleptics,  
antidepressants,  
mood stabilizers,  
Ritalin and  
tranquilizers

808 True Words to  
Get off Psychoactive

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To Get Off  
Psychoactive  
Drugs Safely

This manual  
attempts to  
provide  
simple,  
adequate and  
evidence-based  
information to  
health care  
professionals  
in primary  
health care

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Drugs Safely  
especially in  
low- and

middle-income  
countries to  
be able to  
provide pharma  
cological  
treatment to  
persons with  
mental  
disorders. The  
manual

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Drugs, Safely

contains basic principles of prescribing followed by chapters on medicines used in psychotic disorders; depressive disorders; bipolar disorders;

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generalized  
anxiety and  
sleep  
disorders;  
obsessive  
compulsive  
disorders and  
panic attacks;  
and alcohol  
and opioid  
dependence.  
The annexes

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provide  
information on

evidence  
retrieval,  
assessment and  
synthesis and  
the peer view  
process.

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art

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summary of  
current

knowledge of  
the biological  
basis of  
substance use  
behaviours,  
including  
their  
relationship  
with  
environmental

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factors.

The definitive  
textbook on  
the use of  
lithium in the  
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mental  
disorders,  
this  
comprehensive  
work provides  
an up-to-date

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analysis of  
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including:

History

Clinical

applications,

including its

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bipolar and

schizophrenic

disorders Use

in special

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populations,  
for example in  
children, the  
elderly and  
people with  
medical  
conditions The  
effect on the  
body and  
behavior,  
including  
neurological,

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gastrointestinal,  
al,

cardiovascular  
and

dermatological  
effects, as

well as those  
relating to

the kidneys  
and thyroid

Basic findings  
in

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pharmacology,  
chemistry,  
transport in  
the body, phar  
macokinetics,  
signal  
transduction  
pathways,  
immune  
function, gene  
regulation.  
Practical

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issues, such as guidelines for safe use, discontinuation issues, compliance, intoxication, and economics. Edited by top experts from the International

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Group for the  
Study of

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(IGSLi),

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ropsychiatry:

A

Comprehensive

Guide is a

unique and

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vital resource  
for

psychiatrists,  
psychopharmacolo-  
gists, psych  
otherapists  
and neuroscien-  
tists.

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Science of  
Psychedelics  
Teaches Us

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Dying,  
Addiction,  
Depression,  
and  
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Doctor Won't  
Tell You About  
Adhd And  
Stimulant

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Treatments for  
Major Mental  
Illness  
The Science  
and Culture  
Behind  
Psychotropic  
Drugs  
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I Treatment of

Mental

Disorders in

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Debunks many myths about how psychiatric drugs work and how useful they are.

Informative,  
practical and at times,  
uncomfortable reading.

The Icarus Project  
and Freedom  
Center's expanded

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52-page guide gathers the best information we've come across and the most valuable lessons we've learned about reducing and coming off psychiatric medication. Includes info on mood stabilizers, anti-

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psychotics, anti-depressants, anti-anxiety drugs, risks, benefits, wellness tools, withdrawal, detailed Resource section, information for people staying on their medications, and much more. Written by Will Hall, with a 14-member health

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professional  
Advisory board  
providing research  
assistance and 24  
other collaborators  
involved in  
developing and  
editing. The guide  
has photographs  
and art throughout,  
and a beautiful  
original cover  
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results will appear  
very quickly! So it  
was in my case.

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fulfillment and  
happiness until YOU  
become the  
architect of your  
own reality. Imagine  
that with a few  
moments each day,  
you could begin the  
powerful

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transformation  
toward complete  
control of your own  
life and well being  
through this unique,  
subliminal method  
combined with  
positive affirmations.  
The order of words  
is extremely  
important for every  
book written by  
Nicholas. These are

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arranged to be traversed in a certain way so as to eliminate certain blockages in the human being, blockages that are bringing disease or failure on various plans. You don't need a big chunk of your time or expensive

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abundance, safety,  
stability, sociability,  
charisma, sexual  
vitality, erotic  
attraction, will,  
optimism,  
perseverance, self-  
confidence, tenacity,

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courage, love,  
loving relationships,  
self-control, self-  
esteem, enthusiasm  
, refinement,  
intuition,  
detachment,  
intelligence, mental  
calm, power of  
concentration,  
exceptional  
memory, aspiration,  
transcendence,

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wisdom,  
compassion. You  
have the ability to  
unlock your full  
inner-potential and  
achieve your  
ultimate goals. This  
is the age-old secret  
of the financial elite,  
world class  
scholars, and  
Olympic champions.  
For example, when

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you watch the Olympics, you'll find one consistency in all of the champions. Each one closes their eyes for a moment and clearly affirms & visualizes themselves completing the event flawlessly just before starting.

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Then they win gold medals and become champions. That's merely one example of how the real power of mind can elevate you above any of life's challenges. By reading this book, you will feel totally that life deserves to be lived and

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thing. You will feel  
the difference. Yes.

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written an honest,  
balanced  
presentation of the  
ways in which  
psychiatric drugs  
are evaluated and  
prescribed. He

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highlights the complexity of the task, the limits of what is known and the mixed picture that research often produces. His conclusions are refreshing because they are built from an even-handed, pragmatic assessment of the

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empirical evidence.

The result is a stimulating look at the world of treatments for emotional disorders that acknowledges the usefulness of both biological and psychosocial explanations where appropriate. His recommendations

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provide helpful  
roadmaps for

patients,  
practitioners and  
researchers alike.  
The book is sure to  
serve as a welcome  
catalyst for the  
continuing debates  
about which  
treatments are likely  
to produce the best  
outcomes." –Roger

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P. Greenberg, Ph.D.

Distinguished  
Professor and  
Head, Psychology  
Division Dept. of  
Psychiatry &  
Behavioral Science  
SUNY Upstate  
Medical University,  
NY, USA The  
message of this  
book is that  
psychiatrists have

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some very good drugs, but can expect bad results when they are over-used, prescribed outside of evidence-based indications, or given to the wrong patients.

While acknowledging that many current agents are highly effective

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and have revolutionized the treatment of certain disorders, Joel Paris criticizes their use outside of an evidence base. Too many patients are either over-medicated or are misdiagnosed to justify aggressive treatment. Dr. Paris

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calls for more government funding of clinical trials to establish, without bias, the effectiveness of these agents. He has written this book for practitioners and trainees to show that scientific evidence supports a more cautious and

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conservative approach to drug therapy. After describing the history of psychopharmacology, including its early successes, Dr. Paris reviews the relationship between psychiatry and the pharmaceutical

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industry. This problem has received considerable popular attention in recent years and Dr. Paris documents initiatives to increase transparency and decrease the influence of pharmaceutical

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marketing on diagnosis and prescribing habits. Dr Paris then examines some major controversies. One is the fact that newer drugs have not been shown to be superior to older agents. Another is that while the number of

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prescriptions for antidepressants has increased dramatically, meta-analyses show that their value is more limited than previously believed. Still another is the widespread prescription of mood stabilizers and antipsychotic drugs

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for patients,  
including children  
and adolescents,  
who do not have  
bipolar illness.

Polypharmacy is an  
especially  
contentious area:  
very few drug  
combinations have  
been tested in  
clinical trials, yet  
many patients end

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up on a cocktail of powerful drugs, each with its own side effects. Dr Paris briefly considers alternatives to pharmacology and again calls for more clinical trials of these approaches. He also discusses the current trend to

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medicalizing what  
many would

describe as normal  
distress and states  
succinctly: Some  
things in life are  
worth being upset  
about.

Unhinged  
Psychiatric and  
Mental Health  
Nursing  
Marijuana and

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Mental Health  
How to Get Off &  
Stay Off Psychiatric  
Drugs  
Brain-Disabling  
Treatments in  
Psychiatry  
Psychiatric Drugs  
Explained E-Book  
Magic Bullets,  
Psychiatric Drugs,  
and the Astonishing  
Rise of Mental

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Illness in America  
Updated with bonus material, including a new foreword and afterword with new research, this New York Times bestseller is essential reading for a time when mental health is constantly in the news. In this astonishing and startling book, award-

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winning science and  
history writer Robert  
Whitaker investigates a  
medical mystery: Why  
has the number of  
disabled mentally ill in  
the United States  
tripled over the past  
two decades?  
Interwoven with  
Whitaker ' s  
groundbreaking  
analysis of the merits of

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psychiatric medications are the personal stories of children and adults swept up in this epidemic. As Anatomy of an Epidemic reveals, other societies have begun to alter their use of psychiatric medications and are now reporting much improved outcomes . . . so why can ' t such

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change happen here in the United States? Why have the results from these long-term studies—all of which point to the same startling conclusion—been kept from the public? Our nation has been hit by an epidemic of disabling mental illness, and yet, as *Anatomy of*

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an Epidemic reveals,  
the medical blueprints  
for curbing that  
epidemic have already  
been drawn up. Praise  
for Anatomy of an  
Epidemic “ The  
timing of Robert  
Whitaker ’ s Anatomy  
of an Epidemic, a  
comprehensive and  
highly readable history  
of psychiatry in the

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United States,  
Drugs 't be

better. ” —Salon

“ Anatomy of an  
Epidemic offers some  
answers, charting  
controversial ground  
with mystery-novel  
pacing. ” —TIME

“ Lucid, pointed and  
important, Anatomy of  
an Epidemic should be  
required reading for

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anyone considering  
extended use of  
psychiatric medicine.

Whitaker is at the  
height of his powers. ”

—Greg Critser, author  
of Generation Rx

Miller takes readers on  
an eye-opening tour of  
psychotropic drugs,  
describing the various  
kinds, how they were  
discovered and

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developed, and how they have played multiple roles in virtually every culture. Drugs, Electroshock, and the Psychopharmaceutical Complex, Second Edition  
The craft of caring