

Colour Therapy Postcards Colour Your Stress Away

Enjoy colouring in these 20 intricate postcards, or send them to budding artists, anyone who is passionate about colouring in or who simply loves the sea. There's a whole world to create here. After a few moments of colouring in you'll forget the stresses of everyday life.

These beautiful postcards are perfect for coloring in before you send them off to your friends and family This lovely, small-format book contains 25 beautifully intricate illustrated postcards to color in. Each postcard is easily detached and has space on the back for a message and address, so they can be easily removed, colored, and sent as a stunning and sophisticated gift. With an eye-catching foil cover and detailed black-and-white designs to color in, The Pretty Pattern Postcards Coloring Book would make a gorgeous gift for the artistically inclined.

Wander along a flowery, winding path with these beautifully rendered 15 postcards and 15 gift tags to color and cut out! Joyous Blooms to Color is perfect for sending sweet, personalized notes or creating unique gift tags for any occasion—from birthdays, to showers, to " I miss you. " This compact coloring book is full of detachable, gorgeous floral illustrations and is printed on heavy cardstock, optimal for mailing or displaying. From landscapes of weeping willows in the breeze to patterns of bees and blossoms, all are waiting for your creative touch. Each postcard has "To" and "From" lines on the back.

A coloring book that will relax and inspire—all the while transporting you to the wonderful world of New York City. Get your pens out, open this book, and discover a New York like you've never seen before. Gaze up in awe at the towering buildings and make your way through the bustling streets as you travel from Manhattan to Brooklyn and beyond. Feel the stress melt away as you bring the city—and your inner artist—to life. Appealing to all ages, this intricate coloring book will inspire and delight.

Under the Sea Postcards

Secret New York

Art Nouveau

Color Yourself Happy Postcards

Christmas Patterns

A Reflective Journey

Color Your Own Greeting Cards - Coloring for Adults

Colour it in psychedelic colours, in tasteful tones, in all shades of orange! But just colour it! Recapture the purest sense of creativity by colouring in the most beautiful figurative designs – flowers, birds, butterflies – provided by a leading textile designer. By adding the key ingredient of colour you add your own spark of creativity to great designs. The design team, who work closely with Tate Modern in London, provide 24 postcards with six different designs to choose from. You can experiment with the colour combinations, using crayons, pencils, felt/fibre tip pens, and even paint on these uncoated postcards. A brief introduction gives some tips on using colours and suggests colour combinations to use on the specific designs, but you are encouraged to let your own creativity get to work! Great fun for all those looking for a burst of creative expression and useful for designers of all types who want to experiment with colour. The cards can be kept together in the book or detached, framed or posted to a friend.

Coloring is a great way to relax and spark your inner creativity. From esteemed 21st-century artist Laurel Burch comes collection of perforated postcards featuring her most renowned artwork to color and send to friends and family or keep for yourself. Printed on high-quality, heavyweight paper for use with colored pencils, markers, gel pens, watercolors, and more, this small-format book invites you to step into Laurel's vivid world of decorative cats, mythical creatures, and human figures!

Voices of Color: First Person Accounts of Ethnic Minority Therapists/strong> is the first book to address the training, academic, and professional experiences of ethnic minority therapists. Using real cases, narratives, and biographical material, each chapter motivates the reader to ponder and challenge how issues related to mental health intersect with race/ethnicity within a broader diversity framework. The contributors represent various mental health disciplines, and they all write from a systemic perspective on therapy cases, theory, new models, and research. The authors present powerful narratives of how their personal and professional experiences inform each other.

Designs from Nature

Turkish Designs

Anti-Stress Art Therapy for Busy People

Daydreams 20 Postcards

Postcards from Paradise

First-Person Accounts of Ethnic Minority Therapists

Create beautiful art with this classic, stress-free Color by Number activity! Each image is filled with numbers. A color key swatch palette is under each image. Use the color key swatch palette to fill in the numbers and form a beautiful picture to keep, share, or display! A wide variety of 27 images Perforated pages A full-color answer key is found at the back of the book Spiral bound 64 pages Each image includes some color pre-filled in, for faster completion \$8.99 \$7.79 for a limited time only Sugar Skulls Shits: A Swear Word Adult Coloring Book Colour yourself calm, a mindfulness colouring book with sugar skull art. There are Skull beautiful designs of different dimension of Day of Sugar Skulls Shits Coloring Book : Day of The Dead Skull Inspired for adults In this 30 page coloring book . All patterns are cute and creative and their graphics are beautiful.Detailed Rock Skull Adult Coloring Books Animal skull and human Pattern for You Balance, Relax and Creativity. Graphic Design With Illustration And You Can Pencil Color Drawing To

Enjoy This Paisley Mandalas Coloring Book or Sugar Skulls Coloring Pages. High Quality, So You Have Plenty Of Space To Work In Detail And Creativity. After You're Done, You'll have A Lovely, Modern and Abstract Works of Art That Are Worthy of Hanging on Walls. "Sugar Skulls Shits: A Swear Word Adult Coloring Book" Designs Pattern Coloring Books For Grownups and Adults Is A Creative, Novel Way For Busy Everyone To Relax And Unwind From The Hectic Pace Of Modern Life. Kids Or Adults And Teen Can All Enjoy This Book Paints A Unique And Special. Features: Over 30 illustrated Sugar Skulls Shits 8 x 10", Single sided pages Printed on white paper List of Words –Fuck Off–Pin Off–I Don't Give A Damn–Piece of Shit–what an Asshole–Douche Bag–Lameass–Shit–Damn–Bitch Piss–Now Fuck Off–Bullshit etc.Bonus : The book includes also the download of a PDF file for COMPIATION 1, which is a printable book containing a various selection of coloring pages taken from the Day of the Dead and Sugar Skull Coloring Book for adults Download Bonus Now!! http://www.allcoloringbook.com/get-free-bonus/
Fragrant woods, a mysterious ocean, and mythical creatures await you in this breathtaking coloring book. Leading art therapist Kim Sun Hyun understands the deep philosophy of using art to heal, focus, or simply escape from the stress and pressures of everyday life. In The Land of Dreams, beautiful flowers and lush forests, simple and complex animals, and luxurious landscapes sprawl across the pages for you to bring to life with your colored pencils, felt-tip pens, paints, or any other tool you choose. It's a delicate, whimsical journey through a fairy-tale world that will leave you relaxed, comfortable, and convinced of the power of coloring.

From the same ink artist and original publisher who brought you SECRET GARDEN and ENCHANTED FOREST (both international bestsellers), comes an exciting new coloring format: the poster book. Over-sized, printed on a single side on extremely thick card stock of 400 gsm, and easy to pull out for framing, SECRET GARDEN: THE ARTIST'S EDITION provides larger spaces for an easier coloring experience. This poster book features 20 enlarged designs from Johanna Basford's first book, SECRET GARDEN, currently a #1 New York Times Bestseller.

The Art of Laurel Burch(tm) Coloring Postcard Book

Postcard Colouring Book

50 Positive Passages to Color and Share

Pretty Pattern Postcards

Creative Colouring for Grown-ups

Lost Ocean: 36 Postcards to Color and Send

The Calm Coloring Book is filled with peaceful and uplifting vibes - every nature & mandala inspired illustration has a positive theme. The twenty-eight detailed, hand-drawn illustrations are waiting for you to bring them to life with color!When inspiration strikes, you can add in your own doodles and drawings wherever you'd like. This book is for colorists of all ages to enjoy - including adults. After all, coloring shouldn't just be for kids - grownups need to have fun too!

A book of tear-off postcards to color and send to family and friends. It features 25 different designs, from bees, beach huts, boats, butterflies and balloons, to kites, campsites, cityscapes, sandcastles, flowers and funfairs. Each fun picture to colour has a coloured background making the cards easy for young children to complete.

PEPINPostcard Coloring Books contain 40 postcards (format 15 x 10 cm, 6 x 4 in) of superior 250gsm acid-free and age resistant drawing paper, printed with 40 exceptional designs in very light lines. The printing is done in such a way that, depending on the techniques used, the original outline will be hardly visible after colouring. The first-rate paper is made to our specifications by one of the best paper mills in Europe and is suitable for a wide range of colouring applications, including pencil, crayon, pastel, felt marker, gouache, etc. Also water colours and liquid inks can be used.

From the internationally bestselling artist that brought you the Morphia series, this incredible coloring book includes 96 double-sided pages of pure imagination in an all-new Kerby Rosanes universe. A new fantastic and super-detailed adult coloring book, in an entirely new world, from the prodigious bestselling illustrator. Colorists will find Kerby Rosanes's new creations to be hypnotic, with spread after dizzying spread featuring creatures, people, animals, and landscapes that blur the line between familiar and magical, between reality and imagination. Fans will be thrilled to see Kerby return with this 96-page book, providing an apparently endless coloring challenge for even his most dedicated and enthusiastic fans.

Art Therapy Coloring Kit

Secret Garden Artist's Edition

The Mindfulness Colouring Book

Colouring Singapore Postcards

Color Your Own Postcards and Adult Coloring Book

Voices of Color

From Johanna Basford, 36 postcards for coloring and sending to friends (or keeping for yourself!) These clever postcards feature beautiful drawings from Lost Ocean, illustrator and ink evangelist Johanna Basford's magical journey beneath the waves. Color in the cards to bring to life shoals of exotic fish, curious octopi, and delicately penned seahorses, and then share the magic with your friends - that is, if you can bear to part with them! Each postcard is an invitation to an inky new world hidden in the depths of the sea. For pirates, mermaids, and undersea explorers of all ages.

Going on vacation? Take me, take me!Postcards From Paradise is not your average coloring book for adults. The blitz of blinding dots and squiggles seen in traditional adult coloring books are monotonous and never-ending. Those pages take way too long to complete or see the fruits of one's artistic labor. One fellow we know took well over a year to complete one coloring page! Of course, he did not color every day but each time he did he felt he made little progress. He did, however, reap the meditative and relaxing benefits of coloring.Postcards From Paradise presents you with beautiful tropical scenes to color that are ready to be completed and admired in a sitting or two, and at your own pace. It includes other activities such as a variety of fun puzzles and journal pages for your enjoyment and reflection. The Journal pages are called SUNBEAMS. They can shed light on your thoughts, dreams, doodles, lists, or memories. It's your world!As you step inside these pages and begin to transcend into the tropical scenes, you will mimic nature's own display of color and light while sensing and feeling its energy. Nature is our inspiration. It is the ultimate master artist that endows us with breathtaking vistas and perfect palettes of spectral light that surrounds every aspect of our lives. In a word: COLOR!As a BONUS: Included in Postcards From Paradise is a brief "how-to" for using Chroma (color) Therapy to practice meditation. You will learn how to associate specific color frequencies with your seven physical energy centers called chakras. There are quick explanations and affirmations for each color as it resonates to a particular energy center in your body.(Or just color beautiful tropical scenes and solve the puzzles!If you are not on holiday, Postcards From Paradise is waiting to take you far away to tropical islands where the trade winds blow gently through your hair, the sunshine embraces you, and lush, swaying palm trees beckon you to come. Take a big slurp of a fruity tropical drink. Sit. Relax. Enjoy. Breathe.

The coloring craze remains strong among adults seeking a creative outlet. "Color-Your-Own Greeting Cards" adds a practical element to this hot trend, with 30 ready-to-color cards plus envelopes for special occasions and everyday celebrations including birthdays, congratulations, weddings, new babies, and more."

Be the bluebird, and send a message of happiness! Deltiology is the study and collecting of postcards: the study of happiness is a fast-growing field in psychology. Combine the two with these 50 postcards of optimism, joy, and gratitude, and see how much happiness you can spread! Personalize each card by coloring in the quote and surrounding design, then mail them off to friends and family. Get in touch with your inner artist, and send some smiles!

20 Drawings to Color and Frame

A Swear Word Adult Coloring Book - Adult Swear Word Coloring Book for Stress Relief and Funny Phrases

20 Iconic Designs

Art Therapy. Calming. Colouring Book

Joyous Blooms to Color: 15 Postcards, 15 Gift Tags

The Creative Therapy Colouring Book

Enjoy colouring in these 20 intricate postcards, or send them to budding artists, anyone who is passionate about colouring in or who simply loves Japan. There's a whole world to create here. After a few moments of colouring in you'll forget the stresses of everyday life.

From Johanna Basford, 36 postcards for coloring in and sending to friends (or keeping for yourself!) These clever postcards feature beautiful drawings from Magical Jungle, illustrator and ink evangelist Johanna Basford's wondrous expedition through the jungle. Color in the cards to bring to life speckled tree frogs and dainty hummingbirds, prowling tigers and playful monkeys, and then share the magic with your friends—that is, if you can bear to part with them! Each postcard is an invitation to an exotic rainforest teeming with creatures large and small. For explorers of all ages.

Two acclaimed illustrators have created this collection of intricately designed animal headshots for keen colorists the world over. From mighty bears to awe-inspiring tigers, each illustration is printed on perforated paper, so it's easily pulled out and available for display.

Color-Your-Own Greeting Cards
Pattern and Design Coloring Book
Anxiety Coloring Book
Magical Jungle: 36 Postcards to Color and Send
Pretty Flower Postcards
Color Your Way to Calm

SPECIAL PACKAGING is a completely revised and expanded edition of the Pepin Press bestseller, **Special Packaging, and contains hundreds of great folding ideas and ready-to-use designs. All designs are 100% structurally accurate, scalable packaging templates that have been tested using state-of-the-art 3D packaging software. This book is an essential tool for anyone involved in the fields of graphic and industrial design, advertising, and printing. The enclosed CD contains the templates in various formats including EPS and PDF.**
"Daydreams" postcards are meant to be colored and shared: send them in the mail or frame them on your wall. Illustrator Hanna Karlzon is stirred by the nature that surrounds her in her native northern Sweden; she finds inspiration from her mother's garden and childhood memories, playing in the forest or in fields of flowers. Her dreamlike elements of a Swedish summer will hull anyone into a coloring daydream. "Winter Dreams 20 Postcards" also available. Complete your collection of Hanna Karlzon coloring books with "Daydreams," the hardbound, 96-page edition, and Hanna Karlzon's newest 96-page hardbound coloring book, "Summer Nights Coloring Book." Also available is the "Daydreams Artist's Edition" containing 20 illustrations oversized art card paper, perfect for expert and budding artists alike. Hanna Karlzon is an Umea, Sweden-based illustrator and creator of the best-selling coloring books, "Dagdrömmar" and "Sommarnat," previously published in Sweden. She creates elaborately detailed images using India ink to detail pictures from her own imagination and loves to draw flowers, forests, houses, and animals. She draws her inspiration from the natural world that surrounds her studio in northern Sweden and adds in some art nouveau, punk rock, and often a hint of '70s design to the mix.
A special artist's edition of the international bestseller Enchanted Forest with 20 illustrations from the original book, ready to color and frame."The colorists have a queen, and her name is Johanna Basford." - New York Magazine"Consider trading in your yoga mat for a set of markers and peruse the gorgeous gardens of Basford's imagination." - The Huffington Post"The best coloring book for anxiety." - Teen Vogue"This book celebrates the glory of all things green and nature-y in the best way possible: coloring book form! Even if you don't want to add color, the illustrations themselves are frame-worthy loveliness." - Brit + CoFrom the publisher that brought you the hugely successful #1 New York Times bestsellers Secret garden and Enchanted Forest, this special artist's edition features 20 beautiful, removable art prints for coloring in. Coloring fans of all ages will enjoy immersing themselves in a selection of the most popular artworks from the original book featuring owls, unicorns, hot air balloons, birdhouses, floral skulls, a magic castle, and more. The stunning illustrations make for beautiful and affordable wall décor whether they are customized in color or left as simple, black and white line drawings.Special features of the artist's edition include: - Presented in a new, large-scale format for maximum coloring enjoyment- Printed on thicker, high-quality card stock- Can be used with a variety of mediums including both colored pencils and markers- Poster book-style prints can be removed easily for framing, display, or craft projects- Only one image is printed on each pull-out poster so coloring artists don't have to make an impossible choice between favoritesFans of Leila Duly, Millie Marotta, and Daisy Fletcher will devour Johanna Basford's intricate scenes of flora and fauna. Search #JohannaBasford on social media for hundreds of thousands of examples of shading and coloring techniques. Get inspired and get started.

The bestselling adult colouring book!Working with your hands is one of the best ways to soothe anxiety and eliminate stress. This stunning, pocket-sized colouring book offers a practical exercise in mindfulness that draws on your creativity and hones your focus.Beautifully illustrated, The Mindfulness Colouring Book is filled with templates for exquisite scenes and intricate, sophisticated patterns, prompting you to meditate on your artwork as you mindfully and creatively fill these pages with colour. Take a few minutes out of your day, wherever you are, and colour your way to peace and calm.

Worlds Within Worlds

Anxiety and Stress Relief Coloring Book Featuring 40 Paisley and Henna Pattern Coloring Pages

25 Holiday Postcards to Colour

The Land of Dreams

Brain Games - Color by Number: Stress-Free Coloring (Orange)

Artists' Colouring Book

Unleash your creative spirit with this sophisticated anti-stress colouring, doodling and drawing book. The flowing lines, sweeping swirls and highly-detailed patterns on every illustration have been created so that anyone and everyone can enjoy making something beautiful and calming. Increasing focus through creativity can benefit those who find it difficult to unwind or struggle to find their inner artist when faced with a blank page. There are no instructions, no rights or wrongs, and no need for expensive art supplies - readers can simply doodle and colour in any way they wish to create unique and exquisite pieces.

The New York Times bestselling coloring book from Millie Marotta—whose books have sold more than five million copies worldwide! Millie Marotta's adult coloring books, always filled with intricate patterning and detail, invite adults and older children to add their personal touch to each stunning drawing. Enter her captivating animal kingdom, featuring everything from beautiful birds to fantastic fish, delicate dragonflies to elaborately decorated elephants. Give a rooster plumage, adorn a tortoise's shell, create a backdrop for a ram, and more inspiring creative fun. The high-quality paper makes it perfect for color pencils.

BALTICA is ethnographic cahier of textile designs from the Baltics. Knitting and needlepoint traditions are cherished and passed on for generations. Designs rich with ancient symbolism and blessings. In the old days - old ways, these would be passed on by watch and learn or the maker would have notebooks filled with them. Nowadays this beautiful ancestral knowledge and craftsmanship fades away. With that, it was just common sense to archive and preserve cultural heritage. There are six BALTICA's in folk art series. It is my hope that these cahiers or "notebooks" will serve their initial purpose for us as it did for our ancestors. BALTICA - Practical, beautiful and spiritual. Tune out from everyday noise and tune into more creative and peaceful you! Enjoy Baltic heritage through detail and color while relaxing. It's known that creative activities like coloring and crafting reduce stress, boost mental clarity and helps center oneself. Color & Make it!BALTICA VI (Latvian edition: Sulti) | Latvia is renowned for its beautiful folk art in textiles, weaving, crochet, and knitwear. Cherished handicraft traditions are honored and passed on for generations and now exclusively displayed in Baltica coloring book. Here's a little glimpse into the beauty of the Latvian folk art: 34 unique designs and patterns on single-sided pages for your coloring pleasure! You can release your imagination and play with the colors making your own pieces of art. Every pattern is made from several geometrical shapes of different sizes making it fun to achieve the perfection on your own terms.By choosing BALTICA you are not only embracing the art, but you are also helping to preserve a part of World's Cultural history, and the legacy of our ancestors can go on. Enjoy! Join our community on Facebook and IG @balticaincolor

Feeling Anxious and stressed? Why not sit down and unwind with this Anxiety Coloring Book for adults? Containing 40 paisley and henna coloring pages designed to help relieve anxiety and stress. The designs within this coloring book for grownups range in complexity, from simple designs for beginners to more complex detailed designs for more experience coloring book enthusiasts. The coloring pages within this book are printed single sided to prevent bleed through from marker pens and felt tips. And are also suitable for a variety of other mediums, such as gel pens, coloring pencils and crayons. The pages can also be removed for hanging or framing purposes. As well as being good value for money for personal use or as a gift, this book contains hours of fun, refreshing, stress relieving designs that promote Creative expression and calmness. While designed with stress and anxiety relief for adults in mind, this book is suitable for all ages.

Sugar Skulls Shits

Animal Portraits to Color

Creative Art Therapy for Adults

The Menagerie

An Inky Quest and Coloring Book (Activity Books, Mindfulness and Meditation, Illustrated Floral Prints)

Baltica

* Each book features 20 original illustrations depicting popular sights and scenes of Singapore* Includes a short write-up on the back of the postcard* The interactive colouring component allows buyers to personalise the postcard* A nice souvenir of a visit to the Lion City* A handy gift for both friends and travellers

These gorgeous postcards are perfect for coloring in before sending them off to family and friends This lovely, small-format book contains 25 beautifully intricate illustrated postcards to color in, each with a floral theme or pattern. Each postcard is easily detached and has space on the back for a message and address, so they can be easily removed, colored, and sent as a stunning and sophisticated gift. With an eye-catching foil cover and detailed black-and-white designs to color in, The Pretty Flower Postcards Coloring Book would make a gorgeous gift for the artistically inclined.

Coloring fans can now share their creative talents by completing the greeting cards in this wonderfully designed set. There are 20 blank cards and envelopes to scroll messages inside, each with an elegant and original, partially-colored illustration on the front for senders to customize and color in. There are 10 different designs, each with two different complementary color pallets. Each card is securely glued into the beautifully bound hard case, forming a well-designed pad.

16 designs printed on high quality drawing paper for pencil, marker, ink, crayon watercolor

Secret Japan Postcards

Colour in Peace Postcards

Enchanted Forest Coloring Book

Creative Haven Steampunk Fashions Coloring Book

Color Me, Draw Me

An Activity and Coloring Book for Adults on Holiday

Based on fashions from steampunk literature, 31 original designs combine Victorian-era clothing with goggles, clocks, and other technological accessories. The intricacy and post-apocalyptic air of the illustrations offer creatively challenging, unique coloring experiences.

The Calm Coloring Book

Desenhos Para Embalagens

Colour Therapy Notecards

Animal Kingdom

An Animal Fantasy Coloring Book