

## Bruce Lee

***An illustrated collection of inspirational and thought-provoking quotations by martial artist and actor Bruce Lee.***

***The widow of the late martial arts star traces his life from his childhood in Hong Kong, to his education in the United States, his career as an actor, and his untimely death***

***A poet, the daughter of a Chinese-American mother and a Norwegian father, chronicles her soul-searching journey throughout Asia where she meditates upon mixed race politics, identity, and interracial desire. Reprint.***

***This enduring bestseller, written over six months when Lee was bedridden with back problems, compiles philosophical aphorisms, technique explanations, and sketches by the master himself.***

**Bruce Lee's Jeet Kune Do**

**The Legendary Bruce Lee**

**The Biography**

**The Incomparable Fighter**

**Bruce Lee The Tao of Gung Fu**

"The first noteworthy treatment of his subject—and a definitive one at that...Fascinating narrative threads proliferate" (The New York Times Book Review). The most authoritative biography—featuring dozens of rarely seen photographs—of film legend Bruce Lee, who made martial arts a global phenomenon, bridged the divide between Eastern and Western cultures, and smashed long-held stereotypes of Asians and Asian-Americans. Forty-five years after Bruce Lee's sudden death at age thirty-two, journalist and bestselling author Matthew Polly has written the definitive account of Lee's life. It's also one of the only accounts; incredibly, there has never been an authoritative biography of Lee. Following a decade of research that included conducting more than one hundred interviews with Lee's family, friends, business associates, and even the actress in whose bed Lee died, Polly has constructed a complex, humane portrait of the icon. Polly explores Lee's early years as a child star in Hong Kong cinema; his actor father's struggles with opium addiction and how that turned Bruce into a troublemaking teenager who was kicked out of high school and eventually sent to America to shape up; his beginnings as a martial arts teacher, eventually becoming personal instructor to movie stars like James Coburn and Steve McQueen; his struggles as an Asian-American actor in Hollywood and frustration seeing role after role he auditioned for go to a white actors in eye makeup; his eventual triumph as a leading man; his challenges juggling a sky-rocketing career with his duties as a father and husband; and his shocking end that to this day is still shrouded in mystery. Polly breaks down the myths surrounding Bruce Lee and argues that, contrary to popular belief, he was an ambitious actor who was obsessed with the martial arts—not a kung-fu guru who just so happened to make a couple of movies. This is an honest, revealing look at an impressive yet imperfect man whose personal story was even more entertaining and inspiring than any fictional role he played onscreen.

During his lifetime, legendary martial artist Bruce Lee formulated a complex personal philosophy--a synthesis of Eastern and Western ideals--that extolled the virtues of knowledge and total mastery of one's self. However, most of his philosophical writings could be found only within the personal library of the Bruce Lee estate--until now. The Warrior Within is the most comprehensive volume of these teachings, meant to help you apply Lee's philosophies to your own life. This unique guide reveals such life-affirming secrets as: Seeing the totality of life and putting things into perspective Understanding the concept of Yin and Yang Defeating adversity by adapting to circumstances Tapping into inner spiritual forces to help shape the future With a foreword by Linda Lee Cadwell and photographs and other memorabilia from Bruce Lee's short but celebrated life, The Warrior Within is an engrossing and easy-to-understand guide to the little-explored world of Bruce Lee. John Little has been identified as "one of the foremost authorities on Bruce Lee in the world" by Black Belt magazine. He edited a three-volume series for the Bruce Lee estate and has written articles for several publications, including Men's Fitness, Official Karate, and Inside Kung Fu.

Chronicles the career and early death of the kung fu instructor who became a world-wide legend as the star of the some of the greatest martial arts movies ever made.

Some critics believe every possible story has been told about the late great martial arts movie star, Bruce Lee. But this fully illustrated special edition, containing exclusive and unpublished photographs from the Lee family album, proves the skeptics wrong. This book traces Bruce's life story as told by his mother, Grace Lee, his family and his close personal friends.

Striking Distance

The Bruce Lee Story

Advanced Techniques

The Complete Edition

Be Water, My Friend

*In the months leading up to his death, Bruce Lee was working on this definitive study of the Chinese martial arts—collectively known as Kung Fu or Gung Fu. This book has now been edited and is published here for the first time in its entirety. Bruce Lee totally revolutionized the practice of martial arts and brought them into the modern world—by promoting the idea that students have the right to pick and choose those techniques and training regimens which suit their own personal needs and fighting styles. He developed a new style of his own called Jeet Kune Do—combining many elements from different masters and different traditions. This was considered heretical at the time within martial arts circles, where one was expected to study with only a single master—and Lee was the first martial artist to attempt this. Today he is revered as the "father" of martial arts practice around the world—including Mixed Martial Arts. In addition to presenting the fundamental techniques, mindset and training methods of traditional Chinese martial arts, this marial art treatise explores such esoteric topics as Taoism and Zen as applied to Gung Fu, Eastern and Western fitness regimens and self-defense techniques. Also included is a Gung Fu "scrapbook" of Bruce Lee's own personal anecdotes regarding the history and traditions of the martial arts of China. After Lee's death, his manuscript was completed and edited by martial arts expert John Little in cooperation with the Bruce Lee Estate. This book features an introduction by his wife, Linda Lee Cadwell and a foreword from his close friend and student, Taky Kimura. This Bruce Lee Book is part of the Bruce Lee Library which also features: Bruce Lee: Striking Thoughts Bruce Lee: The Celebrated Life of the Golden Dragon Bruce Lee: Artist of Life Bruce Lee: Letters of the Dragon Bruce Lee: The Art of Expressing the Human Body Bruce Lee: Jeet Kune Do*

*"Bruce Lee was known as an amazing martial artist, but he was also a profound thinker. He left behind seven volumes of writing on everything from quantum physics to philosophy." — John Blake, CNN Named one of TIME magazine's "100 Greatest Men of the Century," Bruce Lee's impact and influence has only grown since his untimely death in 1973. Part of the seven-volume Bruce Lee Library, this installment of the famed martial artist's private notebooks allows his legions of fans to learn more about the man whose groundbreaking action films and martial arts training methods sparked a worldwide interest in the Asian martial arts. Bruce Lee Artist of Life explores the development of Lee's thoughts about Gung Fu (Kung Fu), philosophy, psychology, poetry, Jeet Kune Do, acting, and self-knowledge. Edited by John Little, a leading authority on Lee's life and work, the book includes a selection of letters that eloquently demonstrate how Lee incorporated his thought into actions and provided advice to others. Although Lee rose to stardom through his physical prowess and practice of jeet kune do—the system of fighting he founded—Lee was also a voracious and engaged reader who wrote extensively, synthesizing Eastern and Western thought into a unique personal philosophy of self-discovery. Martial arts practitioners and fans alike eagerly anticipate each new volume of the Library and its trove of rare letters, essays, and poems for the light it sheds on this legendary figure. This book is part of the Bruce Lee Library, which also features: Bruce Lee: Striking Thoughts Bruce Lee: The Celebrated Life of the Golden Dragon Bruce Lee: The Tao of Gung Fu Bruce Lee: Letters of the Dragon Bruce Lee: The Art of Expressing the Human Body Bruce Lee: Jeet Kune Do*

*Drawing from conversations with his childhood classmates, former students, and friends, chronicles the life and teachings of the martial artist and provides a breakdown of his technique.*

*Part of the critically acclaimed Little People, BIG DREAMS series, discover the life of Bruce Lee, the martial artist and Hollywood film star. Born in San Francisco but raised in Hong Kong, Bruce Lee was the child star of Hong Kong cinema. But, after getting into trouble as a teenager, his father sent him to live in America. Starring roles were hard to come by for Asian-American actors in Hollywood, but Bruce went on to act in blockbuster hits, featuring his skill as a martial artist. This inspiring book features stylish and quirky illustrations and extra facts at the back, including a biographical timeline with historical photos and a detailed profile of the great actor's life. Little People, BIG DREAMS is a best-selling series of books and educational games that explore the lives of outstanding people, from designers and artists to scientists and activists. All of them achieved incredible things, yet each began life as a child with a dream. This empowering series offers inspiring messages to children of all ages, in a range of formats. The board books are told in simple sentences, perfect for reading aloud to babies and toddlers. The hardcover versions present expanded stories for beginning readers. Boxed gift sets allow you to collect a selection of the books by theme. Paper dolls, learning cards, matching games, and other fun learning tools provide even more ways to make the lives of these role models accessible to children. Inspire the next generation of outstanding people who will change the world with Little People, BIG DREAMS!*

*The Philosophies of Bruce Lee*

*Bruce Lee Artist of Life*

*Dragon and the Tiger*

*Who Was Bruce Lee?*

*Bruce Lee: The Man Only I Knew*

Part of the Bruce Lee's Fighting Method series, this book teaches how to perform jeet kune do's devastating strikes and exploit an opponent's weaknesses with crafty counterattacks like finger jabs and spin kicks.

A biography of the well-known actor and martial arts master, Bruce Lee, from his childhood in Hong Kong to his untimely death at the age of thirty-two.

Examines the life of martial artist and actor Bruce Lee, following him from his formative years in Hong Kong to his controversial death; discusses his training methods and philosophy of martial arts; looks at his movie work; and includes reminiscences by friends and colleagues.

The present book is a biography of Hong Kong and American martial artist; actor; philosopher and film maker Bruce Lee. Bruce Lee is credited for the foundation of an entire form of martial arts - Jeet Kune Do. To know more about this iconic and most influential figure of the 20th century who inspired the pop culture of the time; read Abhishek Kumar's book 'The Life And Times of Bruce Lee'.

The Early Years of Bruce Lee

The Night My Mother Met Bruce Lee

The Birth of Bruce Lee's Jeet Kune Do - The Oakland Years

The Life and Times of Bruce Lee

Observations on Not Fitting in

*Bruce Lee's daughter illuminates her father's most powerful life philosophies—demonstrating how martial arts are a perfect metaphor for personal growth, and how we can practice those teachings every day. "Empty your mind; be formless, shapeless like water." Bruce Lee is a cultural icon, renowned the world over for his martial arts and film legacy. But Lee was also a deeply philosophical thinker, learning at an early age that martial arts are more than just an exercise in physical discipline—they are an apt metaphor for living a fully realized life. Now, in Be Water, My Friend, Lee's daughter Shannon shares the concepts at the core of his philosophies, showing how they can serve as tools of personal growth and self-actualization. Each chapter brings a lesson from Bruce Lee's teachings, expanding on the foundation of his iconic “be water” philosophy. Over the course of the book, we discover how being like water allows us to embody fluidity and naturalness in life, bringing us closer to our essential flowing nature and our ability to be powerful, self-expressed, and free. Through previously untold stories from her father's life and from her own journey in embodying these lessons, Shannon presents these philosophies in tangible, accessible ways. With Bruce Lee's words as a guide, she encourages readers to pursue their essential selves and apply these ideas and practices to their everyday lives—whether in learning new things, overcoming obstacles, or ultimately finding their true path. Be Water, My Friend is an inspirational invitation to us all, a gentle call to action to consider our lives with new eyes. It is also a testament to how one man's exploration and determination transcended time and place to ignite our imaginations—and to inspire many around the world to transform their lives.*

*Only now can the full story be told 15 years after the untimely death of Bruce Lee. The director of his greatest hit, Enter the Dragon, brings you this explosive biography. Over 150 rare photos of the Little Dragon's life and career. Interviews with his family and friends. Includes over 200 pages of facts, quotes, and photos, many published for the first time.*

*"A biography of Bruce Lee focusing on his early years in Hong Kong, where he discovered martial arts and began developing the physical and mental skills that led to his career as a legendary martial artist and film star"--Provided by publisher.*

*"A teacher is never a giver of truth—he is a guide, a pointer to the truth that each student must find for himself. A good teacher is merely a catalyst."—Bruce Lee Within the pages of Striking Thoughts, you will find the secrets of Bruce Lee's incredible success– as an actor, martial artist, and inspiration to the world. Consisting of eight sections, Striking Thoughts covers 72 topics and 825 aphorisms—from spirituality to personal liberation and from family life to filmmaking—all of which Bruce lived by. His ideas helped energize his life and career and made it possible for him to live a happy and assured life, overcoming challenging obstacles with seeming ease. They also inspired his family, friends, students, and colleagues to achieve success in their own lives and this personal collection will help you in your journey too. Sections include: On First Principles—including life, existence, time, and death On Being Human—including the mind, happiness, fear, and dreams On Matters of Existence—health, love, marriage, raising children, ethics, racism, and adversity On Achievement—work, goals, faith, success, money, and fame On Art and Artists—art, filmmaking, and acting On Personal Liberation—conditioning, Zen Buddhism, meditation, and freedom On the Process of Becoming—self-actualization, self-help, self-expression, and growth On Ultimate (Final) Principles—yin-yang, totality, Tao, and the truth This Bruce Lee Book is part of the Bruce Lee Library which also features: Bruce Lee: The Celebrated Life of the Golden Dragon Bruce Lee: The Tao of Gung Fu Bruce Lee: Artist of Life Bruce Lee: Letters of the Dragon Bruce Lee: The Art of Expressing the Human Body Bruce Lee: Jeet Kune Do*

*The Untold Story*

*Bruce Lee: Fighting Spirit*

*Dear Bruce Lee*

*Skill in Techniques*

*A Study in the Way of Chinese Martial Art*

*Inspire and educate yourself with this comprehensive guide to the tactful and legendary ways of renowned martial arts master, Bruce Lee! During his lifetime, legendary martial artist Bruce Lee formulated a complex personal philosophy--a synthesis of Eastern and Western ideals--that extolled the virtues of knowledge and total mastery of one's self. However, most of his philosophical writings could be found only within the personal library of the Bruce Lee estate--until now. The Warrior Within is the most comprehensive volume of these teachings, meant to help you apply Lee's philosophies to your own life. This unique guide reveals such life-affirming secrets as: Seeing the totality of life and putting things into perspective Understanding the concept of Yin and Yang Defeating adversity by adapting to circumstances Tapping into inner spiritual forces to help shape the future With a foreword by his wife, Linda Lee Cadwell and photographs and other memorabilia from Bruce Lee's short but celebrated life, The Warrior Within is an engrossing and easy-to-understand guide to the little-explored world of Bruce Lee.*

*This is the only independent biography of Bruce Lee, and it is complete in terms of both the martial arts and the movies.*

*The legendary martial artist and film star Bruce Lee had many students, but few teachers. Grandmaster Jhoon Rhee, who brought Tae Kwon Do from Korea to the United States in 1956 and has taught over 250 members of the U.S.*

*Congress, is one of those teachers. Bruce Lee and I is Rhee's intimate, non-fiction, biographical account of the 10-year friendship between these two martial arts legends. The book includes 19 private letters from Bruce Lee to Jhoon Rhee, and Bruce Lee photos from the private Jhoon Rhee Collection, and behind-the-scenes stories about the making of The Green Hornet, The Big Boss, Enter the Dragon, Fist of Fury, and other Bruce Lee television shows and films. In this beautifully-designed, mainstream book with mass market appeal, Rhee explains how he taught his friend's secret punching technique to Muhammad Ali, who then credited "Mr. Jhoon Rhee's Accupunch" with his knock out of British champ Richard Dunn. "Jhoon Rhee and Bruce had a teacher-teacher relationship, one built on mutual respect." writes Linda Lee Cadwell, wife of the late Bruce Lee, in her foreword. The book has 15 chapters, 22 photos, 19 reproductions of private letters that include Bruce Lee's poetry, an index, and footnotes.*

*Teach Yourself Jeet Kune Do! Discover one of the most street-effective martial arts ever invented, because this is Bruce Lee's Jeet Kune Do. Get it now.*

*Bruce Lee's Wisdom for Daily Living*

*Wisdom for the Way*

*A Life*

*Bruce Lee: Artist of Life*

*Jeet Kune Do Training and Fighting Strategies*

Part of the Bruce Lee's Fighting Method series, this book demonstrates simple, effective methods for dodging and deflecting incoming blows. It offers advice for improving the speed, power, and accuracy of your kicks and punches.

Born in San Francisco, Bruce Lee grew up learning how to survive on the rough-and-tumble streets of Kowloon, Hong Kong, where he became a mischievous punk and member of a street gang. When he came back to the United States, however, he was ready to become someone. Through hours of philosophical pondering and rigorous physical training, Lee built himself up to an unstoppable fighting machine. Defying traditional methods, he created a whole new system of kung fu, one that had no limitations. Lee caused a sensation when he introduced the world to his brand of martial arts, and he became a famous martial-arts actor before suddenly dying from a brain swelling at age 32. In this biography, readers will learn why, even today, more than 30 years after his untimely death, Bruce Lee remains an influential pop-culture icon, remembered as the greatest martial-arts fighter the world has ever known.

A behind-the-scenes look at the life of the most extraordinary martial artist of all time—Bruce Lee. Bruce Lee: The Celebrated Life of the Golden Dragon is a photographic catalog of all facets of this fascinating man, from the start of his career to his untimely and tragic death in 1973. This book reveals a quiet family man behind the charismatic public persona. It shows the real Bruce Lee—the man who was so much more than an international film and martial arts celebrity. This brilliant photo essay—compiled and edited by Bruce Lee expert John Little with the assistance of Lee's widow, Linda Lee Cadwell—reveals never-before-published family photos, including rare photos of Bruce's childhood in Hong Kong. Tender moments with his children are caught on camera and action shots from his martial arts films are shown. With a preface by his daughter Shannon Lee and a foreword by wife Linda, the text is drawn directly from Bruce Lee's own diaries and journals. Based on the award-winning Warner Bros. documentary, Bruce Lee: In His Own Words, sections include: Chronology of the Life of Bruce Lee Early Years—why he began studying gung fu (kung fu) and took up wing chun, his first starring role, and his return to the US Hollywood—why he got the part in The Green Hornet, teaching Steve McQueen, James Coburn and Stirling Silliphant, filming Enter the Dragon, The Way of the Dragon, Fist of Fury and more, training and acting with Chuck Norris, Kareem Abdul-Jabbar, Dean Martin and Sharon Tate, and the creation of Jeet Kune Do (JKD) Family—meeting Linda, having children, daily life This Bruce Lee Book is part of Tuttle Publishing's Bruce Lee Library which also features: Bruce Lee's Striking Thoughts Bruce Lee's The Tao of Gung Fu Bruce Lee Artist of Life Bruce Lee: Letters of the Dragon Bruce Lee: The Art of Expressing the Human Body Bruce Lee Jeet Kune Do

Shows how Bruce Lee's life, his art, and his untimely death affected and influenced his worldwide legion of fans. This book helps in learning about his art, jeet kune do, through his personal replies to letters he received in 1967.

Inspiration and Insights from the World's Greatest Martial Artist  
Fighting Spirit

Bruce Lee  
The Bruce Lee Way

Bruce Lee and the Dawn of Martial Arts in America

Get to know the true Bruce Lee through the eyes of his friend, M. Uyehara. Pound for pound, he may have been the greatest fighter who ever lived. Read about his good and bad times, his dreams and destiny shattered by his early death.

A guide for self-defense or martial arts training demonstrates how to perform jeet kune do techniques using step-by-step instructions and photographs.

A complete and balanced account, not just of Lee's life but of the philosophy and fighting skills that made him the highest paid movie star of his day and the greatest martial artist of the modern age.

This fascinating collection showcases how Bruce Lee lived and how we can all live better, fuller lives by following his example. Bruce Lee was more than a movie star or a martial artist. For many people, he was a living example of the incredible things a person can accomplish through dedication, perseverance and sheer force of will. In just 33 years before his untimely death, Bruce Lee created new styles of fighting, and became an international film star, television personality, philosopher and cultural icon in the process. This inspirational new book presents a carefully curated selection of photos, stories, anecdotes and ephymera, plus favorite film notes, lines and commentary from friends, family, peers and rivals. It distills the iconic fighter's approach to making the most out of life into a beautifully bound book that would be treasured by any Bruce Lee fan, as well as those readers looking for an inspired approach to living a richer, more fulfilling existence.

Bruce Lee Striking Thoughts

Bruce Lee Jeet Kune Do

Bruce Lee: The Celebrated Life of the Golden Dragon

A Comprehensive Guide to Bruce Lee's Martial Way

Bruce Lee and I

"While much has been written about Bruce Lee as a martial arts instructor and as an actor, very little has ever appeared about the years he spent training with James Yimm Lee, a talented kung fu stylist. This training period left a lasting impression on the "Dragon's" ideology and shaped his outlook on the martial arts for years to come. This title offers an in-depth account of the emergence of Bruce Lee's Jeet Kune Do."--Publisher description.

Bruce Lee Jeet Kune Do is the iconic book presenting the martial art created by Bruce Lee as explained in the master's own words. In 1970, Bruce Lee suffered a back injury that confined him to bed. Rather than allowing this to slow his growth as a martial artist, he read feverishly on Eastern philosophy and Western psychology and self help books, constructing his own views on the totality of combat and life. It was during this time that Lee wrote 7 volumes containing his thoughts, ideas, opinions, and research into the art of unarmed combat, and how it applies to the everyday life. Some of this material was posthumously published in 1975, but much more existed. This landmark book serves as a more complete presentation of Bruce Lee's notes on his art of Jeet Kune Do. The development of his unique martial art form, its principles, core techniques, and lesson plans are presented here in Lee's own words. It also features Lee's illustrative sketches and his remarkable treatise on the nature of combat, success through martial arts, and the importance of a positive mental attitude in training. In addition, there are a series of "Questions Every Martial Artist Must Ask Himself," that Lee posed to himself and intended to explore as part of his own development, but never lived to complete. Jeet Kune Do: A Comprehensive Guide to Bruce Lee's Martial Way is a book every Bruce Lee fan must have.

"Don ' t think – Feel!" This is the wisdom that Bruce Lee impelled his students to follow. Even 30 years after his death, Bruce Lee remains a legend the world over. His writings and biographies continue to sell and his millions of fans worldwide are always eager for new and interesting information on him. This collection picks up where the popular Bruce Lee: Fighting Spirit left off. Comprised of a series of short, pithy selections including anecdotes, interviews, and short essays, the book reflects the many facets of a complex man with two distinctly different sides that were often in conflict. Bruce Lee, superstar and icon, the most exciting screen presence of his day, the most innovative martial artist of the modern era . . . and Bruce Lee, the flawed human and unfulfilled philosopher. In words and pictures, the book offers a reappraisal of Lee's tragic early death and insights into the underlying philosophy that made him a unique talent. Features 16 black and white photos.

In the spring of 1959, eighteen-year-old Bruce Lee returned to San Francisco, the city of his birth. Although the martial arts were widely unknown in America, Bruce encountered a robust fight culture in the Bay Area, populated with talented and trailblazing practitioners such as Lau Bun, Chinatown ' s aging kung fu patriarch; Wally Jay, the innovative Hawaiian jujitsu master; and James Lee, the Oakland street fighter. Regarded by some as a brash loudmouth and by others as a dynamic visionary, Bruce spent his first few years back in America advocating for a modern approach to the martial arts, and showing little regard for the damaged egos left in his wake. The year of 1964 would be an eventful one for Bruce, in which he would broadcast his dissenting worldview before the first great international martial arts gathering, and then defend it by facing down Wong Jack Man—Chinatown ' s young kung fu ace—in a legendary behind-closed-doors showdown. These events were a catalyst to the dawn of martial arts in America and a prelude to an icon. Based on over one hundred original interviews, Striking Distance chronicles Bruce Lee ' s formative days amid the heated martial arts proving ground that thrived on San Francisco Bay in the early 1960s.

The Warrior Within

The Evolution of a Martial Artist

Bruce Lee's Fighting Method

Tao of Jeet Kune Do

Bruce Lee: Fighting Words

**The present book is a biography of Hong Kong and American martial artist, actor, philosopher and film maker Bruce Lee. Bruce Lee is credited for the foundation of an entire form of martial arts – Jeet Kune Do. To know more about this iconic and most influential figure of the 20th century who inspired the pop culture of the time, read Abhishek Kumar's book 'The Life And Times of Bruce Lee'.**

**A rare, never-before-seen collection of Bruce Lee's private letters and writing! Bruce Lee was an intense man with such sheer concentration of energy that no one who encountered him, on screen or in person, could help but be drawn to him and his enthusiasm for life and knowledge. A voracious and engaged reader, Lee wrote extensively, synthesizing the thought of East and West into a unique personal philosophy of self-discovery. Bruce Lee: Artist of Life explores the development and fruition of Bruce Lee's thoughts about gung fu (kung fu), philosophy, psychology, poetry, jeet kune do, acting, and self-knowledge. This volume from Bruce Lee's private notebooks is capped by a selection of Lee's letters that eloquently demonstrate how he incorporated his thought into actions and advice to others. Also included are multiple drafts of select compositions, showing how Lee's ideas evolved and was refined over the years and how the ideas he was reading and writing about were reflected in his work and everyday life. Sections include: Gung Fu—reflections on gung fu, psychology in defense and attack, how to choose a martial arts instructor, and Bruce's view on the martial art Philosophy—regarding human understanding, Taoism, Plato, Socrates, and Descartes Psychology—three types of philosophy, the top dog and the underdog, the four basic philosophical approaches, and learning Poetry—'The Dying Sun,' 'Love is a Friendship Caught on Fire,' 'Once More I Hold You in My Arms,' and 'Parting' Jeet Kune Do—The Liberation—toward personal liberation, notes on JKD, true mastery, and an objective evaluation of the combative skill of Bruce Lee, by those who know what it is Acting—what exactly is an actor, the art of acting Self-knowledge—in search of someone real, self-actualization, and the passionate state of mind Letters—'The True Meaning of Life—Peace of Mind,' 'Use Your Own Experience and Imagination,' and 'It's All in the State of Mind' This Bruce Lee Book is part of the Bruce Lee Library which also features: Bruce Lee: Striking Thoughts Bruce Lee: The Celebrated Life of the Golden Dragon Bruce Lee: The Tao of Gung Fu Bruce Lee: Letters of the Dragon Bruce Lee: The Art of Expressing the Human Body Bruce Lee: Jeet Kune Do**

**Presents the career and early death of the kung fu instructor who became a world-wide legend as the star of the some of the greatest martial arts movies ever made.**

**Motivation, Wisdom and Life-Lessons from the Legend**

**Biography of Bruce Lee**

**The Teachings of Bruce Lee**