

Baby Child Emergency First Aid Simple Step By Ste

The student workbook for the credentialed Heartsaver Pediatric First Aid course. Provides information on how to manage illness and injuries in a child during the first few minutes of an emergency until professional help arrives. Includes four core modules: First Aid Basics, Injuries and Illnesses, Life-Threatening Emergencies and the Chain of Survival, and CPR and AED. Also includes optional modules, such as Use of a Nebulizer, to meet regulations for day-care centers in certain states. Workbook comes shrink-wrapped with the Heartsaver Pediatric First Aid Quick Reference Guide (#80-1002), the Adult CPR And AED Reminder Card, the Child And Infant CPR And AED Reminder Card, and a CD containing supplemental information and video clips on CPR and AED skills. An ideal resource for first responders, child-care workers, teachers, foster-care workers, camp counselors, youth organizations, coaches/Little League organizations, as well as parents, grandparents, and baby sitters.

The Royal Children's Hospital, Melbourne is a leading clinical and training centre in paediatrics. This Handbook is a highly popular, succinct guide to managing common and serious disorders in childhood. It is used far beyond the hospital by medical, nursing, and allied health professionals caring for children. It emphasizes the community-based approach to the management of children's problems along with clinical management by the doctor of first contact. This new 8th edition has been updated in line with the Hospital's Clinical Practice Guidelines and features clear illustrations and diagnostic and management algorithms. The must have management guide for all paediatric clinicians and students With today's busy clinician requiring an reliable, 'one-stop-shop' to questions on important paediatric conditions, who better to present the latest edition of a popular paediatric handbook than the team at The Royal Children's Hospital, Melbourne, long-regarded as the leading clinical and training centre for Paediatric Medicine in Australia? Some of the exciting new features of the 8th edition include: • New chapters on sleep, continence, slow weight gain (failure to thrive) and obesity • Extensively revised chapters on renal conditions, pain management and immigrant health • New topics on continuous subcutaneous insulin infusion (pumps), cystic fibrosis, stroke and management of illicit drug poisoning • Links to useful internet websites are now included, indicated by a www symbol in the text margins • A new supplementary website at www.rchhandbook.org • Resuscitation guide and Australian Immunisation schedule on inside covers Besides being a clinical management guide to paediatrics, this is also an excellent supplemental handbook for students, junior medical staff and any medical practitioners needing a tool to enable fast decisions at point of care. Review of the previous edition " This is an excellent handbook, which is most comprehensive and easy to use. It is highly recommended for all resident and registrar staff in paediatric hospitals and paediatric units. " - Journal of Paediatric Child Health

The First Aid Manual is the UK's only fully authorised first aid guide, endorsed by St John Ambulance, St Andrew's First Aid and the British Red Cross and packed with step-by-step first aid advice. Used as the official training manual for the UK's leading first aid organisations' courses, the bestselling First Aid Manual covers all aspects of first aid, from emergency first aid and first aid for babies and children, to the latest

guidelines on resuscitation, helping a drowning casualty, and snake bites. Find out how to treat over 100 different conditions from splinters and sprained ankles to strokes and unresponsiveness and how to use essential equipment including a defibrillator. Step-by-step photography, all shot in-situ to reflect real-life issues, shows you what to do in any situation. The ideal first aid book for you and your family, keep the First Aid Manual handy; it could be a life-saver. (Previous edition ISBN 9781409342007)

An empowering book for all new and expecting parents, covering emergency first aid in the first year of life. It gives easy-to-follow tips to remember for most accidents, as well as illnesses, so parents can be prepared for the most common emergencies that occur within the home. This book is an essential tool for every responsible parent! Knowing what to do in an emergency is a frightening topic, but this book is not scary. It will dispel myths and enlighten. This book is designed with parents in mind, written by a parent who has a background in extensive first aid training and first-hand experience as a mother. The anecdotes, quotes and practical advice, written in a light manner, will make this book a pleasure to read - and the perfect gift! Michelle Fiddian has 13 years of industry experience: 6 years as a call-taker at the Triple Zero (000) Ambulance Service, 2 years as a first aid trainer for major organisations such as St John Ambulance, and 5 years running Little Aid since she started it in 2008. Michelle's previous experiences highlighted two problems: 1) even when first aid trained, people often don't know how to deal with a paediatric situation. The most hysterical calls she received through Triple Zero were from parents of little ones. They were losing control and feeling helpless at a time that their child needed them most; 2) The first aid training available wasn't relevant to babies and children. Michelle started Little Aid first aid courses to address these problems, and the training focus has three key elements: empowerment, flexibility and fun! First Year First Aid has been written to accompany quality first aid training and has exactly the same focus.

Step-by-step Instructions for the Most Common Childhood Emergencies

Pediatric First Aid for Caregivers and Teachers (PedFACTS)

A Life. A Finger. A Pea Up a Nose

A Practical Guide to Baby and Child First Aid

First Aid Emergency Handbook

CPR KIDS essential First Aid Guide for Babies and Children

An indispensable guide for all parents and caretakers that covers a wide range of childhood emergencies. From anaphylaxis to burns to severe bleeding and bruising, First Aid Fast for Babies and Children offers clear advice, and step-by-step photographs show you what to do. This revised and updated sixth edition abides by all the latest health guidelines and makes first aid less daunting by giving more prominence to essential actions. Quick reference symbols at the end of every sequence indicate whether to seek medical advice, take your child to the hospital, or call an ambulance, and question-and-answer sections provide additional easy-to-access information. It even includes helpful advice on child safety in and around the home. First Aid Fast for Babies and Children gives you all the direction you need to deal with an injury or first aid emergency and keep your baby or child safe.

The bestselling indispensable resource for parents and caregivers, covering more than 175 common symptoms and health care problems, to raise a healthy, happy child For more than forty years, Taking Care of Your Child has been the go-to resource for parents and caregivers.

It offers the most recent information on critical childcare issues, from what to do in the event of a minor injury to everyday issues such as common allergies and ailments. Covering everything from birth to infancy and toddlerhood, to first concerns, growth and development, and the most common injuries and concerns through adolescence, *Taking Care of Your Child* is easy to use, even in a crisis: you can simply look up a symptom to find a complete explanation of probable causes, how to treat the problem at home, and when to see a doctor. With the very latest on ADHD, autism, breast-feeding, childhood depression and obesity, discipline, immunizations, and more, the book also features sections on youth sports and head trauma, genetic screening, and minimizing risks of medical procedures.

Do you know what to do if your baby or child falls and cuts their arm? Are you confident to identify when an illness is serious? *First Aid Fast for Babies and Children* is a step-by-step guide that helps you treat babies and children for more than 100 conditions and injuries. This book guides you through essential initial care that can prove tremendously important to preserve life and improve the recovery process. The detailed guidelines are accompanied by step-by-step images for clear, easy-to-follow instructions. From first aid for cuts and bruises to treating a child who is unresponsive, this book covers all emergency situations that you may face. Clear symbols highlight key areas and draw your attention to areas of concern. The cross-reference boxes on a page take you to associated information regarding the injuries. This clear and informative guide is ideal for parents, teachers, and primary caregivers to help deal with emergencies. Look after your little people - keep *First Aid Fast for Babies and Children* handy. Essential first aid information for every parent or caregiver from the American Academy of Pediatrics, the international authority on child health and well-being. The ability to provide basic care for an injured or ill child is a fundamental skill set that every parent or guardian should have. In most cases, situations that require first aid are not life threatening and can be managed with simple, commonsense procedures; the key for parents and other family members is have access to this information when they need it. Developed by experts at the American Academy of Pediatrics, *First Aid for Families: A Parent's Guide to Safe and Healthy Kids* provides immediate access to vital first aid information on a range of common childhood illnesses and emergencies. This essential home resource gives parents the confidence they need to provide timely and appropriate care. Important Notice: The digital edition of this book is missing some of the images or content found in the physical edition.

The Baby and Child Emergency First Aid Handbook

First Aid Manual

New Parents' Survival Guide

Emergency

ACEP First Aid Manual 5th Edition

Taking Care of Your Child, Ninth Edition

The "Complete Book of Baby and Child Care" is an up-to-date, comprehensive reference book every parent will repeatedly use as their children grow through the teen years. The approach is to deal with the complete person, in the physical, mental, emotional and spiritual spheres of life. The contributors are members of the Focus on the Family "Physicians Resource Council". Many are leading Christian physicians, psychiatrists, pediatricians, psychologists and professors in their respective medical professions.

Table of Contents Introduction Chapter 1 – First Aid for Choking First Aid for Choking in Babies or Infants (less than 1 year of age) First Aid for Choking in Children (above the age of 1 year) Chapter 2 – Cardiopulmonary Resuscitation (CPR) Chapter 3 - First Aid for Fractures and Sprains First Aid for Fractures First Aid for Sprains and Strains: Chapter 4 - First Aid for Nosebleeds How to avoid nose bleeding in children? Chapter 5 - First Aid for Electric Shock How can you prevent electric shock in children? Chapter 6 - First Aid for Accidental Poisoning Chapter 7 - First Aid for Vomiting and Diarrhea Chapter 8 – First Aid for Fever Chapter 9 - First

Aid for Bleeding or Wounds Chapter 10 - First Aid for Burns Chapter 11 - First aid for allergy Conclusion Author Bio Publisher Introduction Raising or bringing up children is a very tough job for the parents. Every parent would do anything to keep their children away from all harms and injuries. You might try to be like a protective shield for your child all the time, but sometimes it becomes impossible for you to guard your kids against the odds. Your little champions cannot afford to stay in one place. Children are naturally intrigued by every object they come across. It's their intrinsic ability to explore everything. The curiosity that dwells inside them makes them kind of restless (we've all been kids so it's understandable). No matter how many times you forbid your kids from doing dangerous activities or touching harmful things, they simply won't stop doing it. You can't keep an eye on your kids all day, can you? Once they're out of your sight, they might up end up in some danger. What would you do if your baby (God forbid) or someone else's baby starts choking after having ingested a coin? What would you do to save that baby? Do you think you're prepared to cope with that emergency? If not, then you need not worry. This book is all you need to keep your baby safe in any emergency. This book is a complete guide for you that can help you manage any emergency situation that you and your baby might face. Calling for emergency help is certainly the first thing to do, but you can't wait for help and stand there and do nothing. After reading this book, you'll be equipped with different techniques and maneuvers that are simple, yet effective, and can prove to be the difference between your baby's safety and danger. We don't mean to startle you, but being prepared is always better than being sorry. So take a deep breath here and start with us on your journey to become an even better mother/father to your children.

From minor cuts and burns, to heart attacks and strokes, this handy, take-anywhere guide gives you the knowledge and advice you need to recognize and respond to any medical emergency. Be prepared for any medical emergency and handle it safely and efficiently with The Complete First Aid Pocket Guide. Quickly identify signs and symptoms of a wide range of medical conditions and learn how to recognize the difference between a minor injury or illness, and those that are more serious with this essential handbook. Each section of The Complete First Aid Pocket Guide includes a quick list of signs and symptoms to look for and step-by-step first aid instructions for dealing with each situation, all in user-friendly, simple language that's easy to understand. Medical issues covered include: —First aid basics, including roles and responsibilities of a first aider, managing an incident, activating emergency services, and infection control —Lifesaving skills including the recovery position, cardiopulmonary resuscitation (CPR), and use of an automated external defibrillator (AED) —Minor injuries and conditions, including soft tissue injuries, splinters, blisters, eye injuries, nosebleed, diarrhea, and vomiting —Traumatic injuries including severe bleeding, amputation, shock, fractures, crush injuries, burns, and head and neck injuries —Medical emergencies including heart attack, stroke, asthma, anaphylaxis, hypoglycemia, meningitis, seizures, poisoning, and emergency childbirth —Environmental conditions including hypothermia, frostbite, heat stroke, sunburn, and lightning strike —Pediatric emergencies and illnesses, including assessing an unresponsive child or baby, pediatric cardiopulmonary resuscitation (CPR), choking, croup, and febrile seizures —First aid kit lists for home, vehicles, and outdoor use With an appendix featuring an A-to-Z list of every condition covered, it's easy for you to quickly find the exact information you need in any situation you may face. With its small trim and portable size, The Complete First Aid Pocket Guide is the perfect addition to a home first aid kit, car first aid kit, disaster-survival bag, as well as a pocket companion for EMTs and other first responders in the field.

This first-aid handbook is the first thing you should reach for when your child has an emergency. It is designed to help people with limited training in emergency medical procedures--parents, babysitters, grandparents, and childcare providers--deal quickly and easily with 34 of the most common childhood emergencies. It features numbered step-by-step instructions with easy-to-read type. The illustrations are clear and make the instructions immediately understandable. It tells

you what you need to know about each emergency, what to check, when to get professional help, and what not to do. This first-aid handbook is the first thing you should reach for when your child has an emergency--when every second counts. It is designed to help people with limited training in emergency medical procedures--parents, babysitters, grandparents, and childcare providers--deal quickly and easily with 34 of the most common childhood emergencies. It features numbered step-by-step instructions with easy-to-read type. The illustrations are clear and make the instructions immediately understandable. It tells you what you need to know about each emergency, what to check, when to get professional help, and what not to do.

Baby and Child Emergency First Aid Handbook

Kids to the Rescue!

Heartsaver Pediatric First Aid

First Aid Techniques for Kids

The Complete First Aid Pocket Guide

Step-by-Step Treatment for All of Your Medical Emergencies Including • Heart Attack • Stroke • Food Poisoning • Choking • Head Injuries • Shock • Anaphylaxis • Minor Wounds • Burns

The indispensable parents' guide to dealing quickly and confidently with any childhood emergency, from cuts and grazes to choking and poisoning. - Outstandingly clear step-by-step photographs show you every stage of treatment. - Carefully structured for quick reference in an emergency. - Packed with practical advice on preventing accidents in and around the home. - Written especially for Australian parents and designed for Australian conditions.

Provides basic instruction in first aid for a variety of accidents and injuries, including nose bleeds, snake bites, and choking, plus information on when and how to call for help.

The Pocket Book is for use by doctors nurses and other health workers who are responsible for the care of young children at the first level referral hospitals. This second edition is based on evidence from several WHO updated and published clinical guidelines. It is for use in both inpatient and outpatient care in small hospitals with basic laboratory facilities and essential medicines. In some settings these guidelines can be used in any facilities where sick children are admitted for inpatient care. The Pocket Book is one of a series of documents and tools that support the Integrated Managem.

This is an instant reference book providing parents and childminders with the quickest way to find up-to-date emergency first aid information when they need it fast - in an emergency

A Parent's Illustrated Guide to Complete Medical Care

Guidelines for the Management of Common Childhood Illnesses

First Aid Fast for Babies and Children

The Step-by-Step Guide for Everyone

Emergency Procedures for All Parents and Carers

Paediatric Handbook

Provides information for saving a child's life, including CPR information, emergency phone numbers, advice on a child-safe environment, and administering first aid

A burn, a cut, a head bump? Join Nurse Bear to find out what nurses do, learn how to call an ambulance, and discover basic first aid skills so you can help too!

Look after your little people - expert first aid for your home From first aid essentials to life-saving procedures, it's worth having someone who knows what they are doing to cope with life's little (and big) emergencies. The new edition of First Aid for Babies and Children Fast gives you the knowledge you need instantly if a baby or child falls ill or gets hurt. User-friendly step-by-steps tell you how to treat babies and children for more than 100 medical conditions and injuries from minor cuts and burns to

meningitis and asthma attacks. First aid procedures are illustrated photographically to give clear, detailed guidance, all colour-coded for quick reference for when you are in a hurry. Keep First Aid for Babies and Children Fast handy - for home, and for leisure.

Describes emergency treatment for childhood injuries and illnesses, and offers advice on accident prevention.

Baby & Child Emergency First-Aid

The Focus on the Family Complete Book of Baby & Child Care

Simple Step-By-Step Instructions for the Most Common Childhood Emergencies

This Book Will Save Your Child's Life

Simple Step-by-step Instructions for the Most Common Childhood Emergencies

First Aid for Kids - Know What To Do To Help Your Child

Emergency Care

Emergency nursing requires rapid assessment and decision-making. Often nurses are required to make sense of considerable amounts of information and act on it. The Oxford Handbook of Emergency Nursing provides an essential resource when time is short and the need for practical clinical guidance is paramount. This second edition has been fully updated to reflect new guidelines and approaches which have impacted emergency nursing in recent years. This handbook provides clear, focussed information that will aid all areas of patient assessment and management in emergency care. The concise format will enable the reader to quickly locate the information needed and provides alerts regarding critical 'must-dos' for ill adults and children. The skills section provides a quick summary of the many clinical skills needed in emergency care, ideal as an introduction for the uninitiated and as a refresher for skills performed infrequently. Additionally, this second edition has been expanded to cover nursing in major trauma and emergencies in the elderly. This handbook will empower nurses to deliver excellence in emergency care. Written by practising nurses and subject experts, the Oxford Handbook of Emergency Nursing is a unique and invaluable companion for qualified and student nurses, and to all health care professionals working in the emergency care setting.

"Primary Audience: Students of First Aid and/or Trainers This book is a summary of first aid for a range of everyday work, sport & recreational emergencies"--Provided by publisher.

Caregivers and teachers need to know what to do when a child is injured or becomes suddenly ill. Most injuries that require first aid care are not life-threatening. However, first aid can sometimes mean the difference between life and death. This course is designed to give caregivers and teachers the education they need to effectively care for children.

Understanding SSI (Supplemental Security Income)

Baby + Life

**A Life. a Finger. a Pea Up a Nose. 2nd Edition
What to Expect the First Year
First Aid for Children Fast
Comprehensive First Aid/CPR/AED**

No matter how much you long for and plan for a baby, no one is quite prepared for the impact their new arrival has on their life. Babies have a habit of not behaving the way the textbooks say they should. The New Parents' Survival Guide is packed with practical advice and bite-sized tips on how to deal with common problems you are likely to encounter, including how to care for your newborn, solve the breast versus bottle dilemma, overcome breastfeeding woes, calm your crying baby, solve sleep issues, manage minor ailments, and take good care of yourself.

"The Reader's Digest Quintessential Guides do what the Reader's Digest does better than anyone: the best advice, straight to the point. Keep your family safe. Prepare the best you can, and handle the accidents that do arise"--

Every year in the United States, approximately 8,000 families lose a child. That's nearly one child per hour, and this isn't due to war, disease, or famine. Mothers and fathers are losing their children to accidental injuries-most of which can be prevented. Knowing this fact now puts the responsibility squarely back on us, the parents. This is a problem only we can fix, and that's the purpose of this book: to empower parents with knowledge and a fundamental set of life-saving skills we all should have. Author Mark Wilhelmsson lived every parent's worst nightmare when he found his toddler-son choking and unable to breathe. Panicked and with no training, Mark could only watch helplessly as his son tried to clear the blockage on his own. Amazingly, young Marcus was able to cough it up on his own, but thousands of parents every year do not get so lucky. Now a certified CPR instructor by the American Red Cross, Mark shares exactly what every parent needs to do and learn to keep their kids safe, from developing and practicing a fire escape plan, to using a portable defibrillator and, of course, rescuing a choking child. More than just an emergency first aid manual, Wilhelmsson presents detailed steps on performing CPR and AED use. Each chapter covers a specific skill and preparedness lesson, including the prevention of that mysterious silent killer, SIDS (Sudden Infant Death Syndrome). These are not fringe skills to be left to first responders and medical personnel; these are the foundational parenting skills that every child should be guarded by, including:

- How to significantly lower the risk of SIDS*
- How to save a baby and child from choking*
- Pediatric first aid - the basics*
- How to prevent an accidental drowning*
- How to prevent an accidental suffocation*
- How to perform newborn, baby and child CPR*
- Parent awareness and "the million little things"*
- Home and apartment fire safety and escape plans*

This book was written primarily for expecting and new parents with children under the age of five, however, what you'll learn in this book can help protect and keep your entire family safe. Emergency: This Book Will Save Your Child's Life is an essential part of any parent's library or baby home safety kit. Visit www.OurChildsKeeper.com for additional resources, including an unlimited, all-access family pass to our life-saving skills training program and online community.

Based on the enormously popular CPR Kids First Aid program, which has empowered thousands of families around Australia. From resuscitation, broken bones, choking and drowning to allergies, breathing problems and everything in between, this essential guide equips parents with skills to help your precious little ones safely and effectively in the event of a medical emergency. Easy-to-follow step-by-step advice, nurse- and parent-tested methods and clear illustrations will show you how to: assess a situation and stay

calm, treat an injury in a child-friendly way, recognise warning signs that show your child has a serious illness, know when to get help, and make your home child-safe. The information in this book is a trusted compilation of best practices from Australia's peak clinical bodies-including the Australian Resuscitation Council, ASICA, Australian Venom Research Unit -and valuable case studies from Australian parents. 'Every home must have this book' Maggie Dent, parenting author, educator, speaker
American Red Cross First Aid/CPR/AED Participant's Manual
Reader's Digest Quintessential Guide to Handling Emergencies
Baby & Child Emergency First Aid Handbook
Oxford Handbook of Emergency Nursing
Responding to Emergencies
Baby & Child Emergency First Aid

A possible life-saving reference to keep around the house or in the car, DK's First Aid Manual looks at more than 100 different conditions, from splinters and sprained ankles to strokes and unconsciousness, and shows exactly what to do with step-by-step photographic sequences. Every condition is clearly explained, outlining causes, symptoms, and signs, and action plans. The updated design makes the instructions easier to follow, whether you need information on emergency first aid, first aid for babies and children, or tips on resuscitation. This ACEP First Aid Manual is an invaluable resource to keep you and your loved ones safe and healthy.

A first aid book which provides simple step-by-step instructions for the most common major childhood emergencies. Topics covered include allergic reactions, asthma attacks, bites, bleeding, choking, poisoning, broken bones, artificial respiration and sunburn.

Rev. ed. of: First aid/CPR/AED for schools and the community. 3rd ed. c2006.

The basis of adequate prepping is being prepared for both common and dire events that may occur under the worst of all possible circumstances. These circumstances might include the breakdown in normal emergency support services (such as calling 911), the lack of an ability to obtain additional supplies, and the probability that you will not be able to rely on anyone but members of your immediate group or yourself. Prepping requires forethought with regard to food, water supplies, power, and protection – all areas of significant technical preparation. Self-reliant medical care is no exception. This book provides the basis of prevention, identification, and long-term management of survivable medical conditions and can be performed with

minimal training. It helps you identify sources of materials you will need and should stock-pile, it discusses storage issues, and directs you to sources for more complex procedures that require advanced concepts of field-expedient techniques used by trained medical persons such as surgeons, anesthesiologists, dentists, or midwives and obstetricians.

The First Three Months

Emergency Procedures for all Parents and Carers

Baby & Child Emergency First-aid Handbook

Help Your Child in a Life-threatening Emergency : Learn what You Can Do to Prevent One from Happening

First Year First Aid

Pediatric First Aid and CPR

Some things about babies, happily, will never change. They still arrive warm, cuddly, soft, and smelling impossibly sweet. But how moms and dads care for their brand-new bundles of baby joy has changed—and now, so has the new-baby bible. Announcing the completely revised third edition of *What to Expect the First Year*. With over 10.5 million copies in print, *First Year* is the world's best-selling, best-loved guide to the instructions that babies don't come with, but should. And now, it's better than ever. Every parent's must-have/go-to is completely updated. Keeping the trademark month-by-month format that allows parents to take the potentially overwhelming first year one step at a time, *First Year* is easier-to-read, faster-to-flip-through, and new-family-friendlier than ever—packed with even more practical tips, realistic advice, and relatable, accessible information than before. Illustrations are new, too. Among the changes: Baby care fundamentals—crib and sleep safety, feeding, vitamin supplements—are revised to reflect the most recent guidelines. Breastfeeding gets more coverage, too, from getting started to keeping it going. Hot-button topics and trends are tackled: attachment parenting, sleep training, early potty learning (elimination communication), baby-led weaning, and green parenting (from cloth diapers to non-toxic furniture). An all-new chapter on buying for baby helps parents navigate through today's dizzying gamut of baby products, nursery items, and gear. Also new: tips on preparing homemade baby food, the latest recommendations on starting solids, research on the impact of screen time (TVs, tablets, apps, computers), and "For Parents" boxes that focus on mom's and dad's needs. Throughout, topics are organized more intuitively than ever, for the best user experience possible.

This publication informs advocates & others in interested agencies & organizations about supplemental security income (SSI) eligibility requirements & processes. It will assist you in helping people apply for, establish eligibility for, & continue to receive SSI benefits for as long as they remain eligible. This publication can also be used as a training manual & as a reference tool. Discusses those who are blind or disabled, living arrangements, overpayments, the appeals process, application process, eligibility requirements, SSI resources, documents you will need when you apply, work incentives, & much more.

Pocket Book of Hospital Care for Children

First Aid for Families

The Prepper's Medical Handbook

Nurse Bear Does First Aid