

Akupunktur Kompakt Korperakupunktur Ohrakupunktur

The updated Second Edition of this outstanding reference guide and textbook provides a comprehensive review of both the French (after Nogier) and Chinese schools of acupuncture. The book offers a detailed description of the anatomy and morphology of the ear, acupoints on the ear and their localizations, as well as specific points for ear acupuncture. Dr. Rubach, with many years' experience as a practitioner and teacher, provides valuable information in an easy-to-read, helpful format. You will learn how to use ear acupuncture safely and effectively. Large-format, graphic images are used to clearly show the location of points and the methods of auriculotherapy. The book includes answers to important everyday questions and is a treasury of practical information. Special features of Principles of Ear Acupuncture, Second Edition: A critical review of different methods of stimulation A practical compendium of the therapeutic point combinations Quick reference section on acupoints and localization A question and answer section for instant review Now includes over 30 interesting indications The book includes special sections on the use of acupuncture in pregnancy, obstetrics, gynecology, and dentistry. Filled with tips for daily practice and an excellent reference guide, this book is a must for students and ear acupuncturists.

A Precise Pocket Atlas Based on the Works of Nogier/Bahr

Praise for the First Edition:This book is an excellent reference for acupuncturists...The illustrations are clear and anatomically precise.--acupuncture.comWritten by one of the world's leading experts on Western auriculotherapy, Ear Acupuncture -- now in a fully updated Second Edition -- provides readers with succinct descriptions of acupuncture points and practical advice on how to incorporate ear acupuncture treatment strategies and techniques into daily practice.Based on the work of auriculotherapy masters Nogier and Bahr, each practical two-page unit is comprised of concise text on the left-hand side supplemented by clearly labeled line drawings on the right. Localization points indicated in color depict each specific reflex zone. In cases where localization is particularly difficult, helpful enlargements of the region in question allow for easy identification.Features 360 high-quality drawings demonstrate key points and treatment options Detailed coverage of nine new points, including the anger point, shen men point, super omega point, and more Numerous cross-referenced indications tables allow quick access to needed information This user-friendly guide is the ideal choice for students or teachers of acupuncture and pain management or for anyone involved in the practice of complementary medicine.

Microsystem of the Auricle

The use of complementary therapies is exploding, increasing the pressure to establish a rigorous science to support its practice. Clinical Research in Complementary Therapies: Principles, Problems and Solutions provides students with the tools they need to research complementary and integrative medicine (CIM) and so fill this gap. Essential for both undergraduate and postgraduate students, this second edition is significantly updated and enhanced. Part 1 deals with research strategies and methods, explaining the major types of clinical research in CIM and how these inter-relate. New chapters are included on whole systems research, qualitative research and questionnaire development. Not all therapies can be treated the same way nor channeled through the signal process of randomized controlled trials. Therefore, detailed description of mixed methods approaches including observational, qualitative, cost-benefit and comparative effectiveness research are described. Part 2 deals with specific complementary therapies and how they are invested by experts in each field. The book analyses the key questions asked and the controversies debated in complementary medicine research and offers clear and innovative guidance for answering these questions. FEATURES • Provides an overarching synthesis of methods in CIM and how they are to be used collectively including the role of comparative effectiveness research • Suggests both general and specific factors which need to be considered in assessing or planning complementary therapy research • Pinpoints aspects of research which are different in orthodox research and complementary therapy research • Reviews the types of research carried out in specific complementary therapies and analyses issues which arise • Includes information on measuring the economic cost and benefits of complementary medicine, clinical audit and the role of placebos use • Builds upon recent research results, looks at the lessons these provide for all complementary therapies and suggests key issues to address in future research. • Provides an overarching synthesis of methods in CIM and how they are to be used collectively including the role of comparative effectiveness research • Suggests both general and specific factors which need to be considered in assessing or planning complementary therapy research • Pinpoints aspects of research which are different in orthodox research and complementary therapy research • Reviews the types of research carried out in specific complementary therapies and analyses issues which arise • Includes information on measuring the economic cost and benefits of complementary medicine, clinical audit and the role of placebos use • Builds upon recent research results, looks at the lessons these provide for all complementary therapies and suggests key issues to address in future research.

Principles of Ear Acupuncture